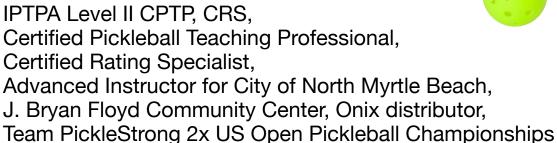
## **Pickleball**

Lessons

-Beginner to Advancedwith

## TC Coughlin





Instructor @ Pickle N Par, NY
Head Pro @ Head of the Bay Club, NY
Certified NYSPHSAA Coach & Official
International Law Enforcement Olympics (Racquetball)

Beginner lessons: Grip, stance, movement, paddle position, dink, serve, return of serve, scoring, game play and more.

Advanced lessons: Serves, Returns, Drop Shots, Drives, Lobs, Blocks, Punch Volley, Stacking, Partner/Opponent strategies, ADVANCED drills for Quick/Soft hands, communication, Implementation of critical shots into your game play.

Private, Semi,, 3+ players and 5 weeks group programs available.

Email- coachtccoughlin@gmail.com or call/text 631-495-4200



