COMFORT Box 1035 Amherst, N.S.

CUMBERLAND HOSPICE

We hope this newsletter finds you well. As a valued member/donor of Cumberland County Hospice Palliative Care Society we are so grateful for your on-going support and commitment to our mission of providing compassionate care to those in need and to the building of a hospice residence for the people of Cumberland County. This newsletter is to keep you informed about the Grief can be an overwhelming experience, and it is latest happenings within our Society.

Volunteer Visitation Program

With the very generous support of the **Christie-Smith Community Fund and the River Philip Foundation our program** continues to thrive. This program was established in 2022 to provide friendly support to individuals and their families coping with life-limiting illness. Trained volunteers of all ages and walks of life generously give of their time to extend a hand of support on behalf of Hospice.Our volunteers will sit with you, cry with you, help you, make you smile and respect you. For more information about becoming a volunteer or if you know someone who could benefit from having a volunteer visit them please contact Tanya Bennett at 902-660-2310 or email cchpcsvs@outlook.com



Mending Hearts Grief **Support Program**

essential that those who are mourning the loss of a loved one to receive the support they need. Cumberland Hospice was fortunate to receive grant funding from the Healing Pathways Community Fund for Grief, Loss and Emotional Wellness. In consultation with Nova Scotia Health Northern Zone Grief Co-ordinators, our Grief Support Lead, Chrissy Merrigan, is working hard behind the scenes to plan our Peer Support Grief Programming, launching in the spring of 2025. We are seeking dedicated volunteers with professional qualifications to facilitate our in-person grief and bereavement support groups in **Cumberland County. We may also consider** volunteers with significant experience if they have the skills needed to effectively facilitate the groups. If you're interested in volunteering or would like to be added to our mailing list for updates on the program's launch, please reach out to Chrissy at cchgrieflead@gmail.com.





Toonies For Hospice continues to be a great fundraiser for our Society. Our weekly 50/50 draw has given over \$400,000 back to our ticket holders. Don't have a ticket - no problem - we have lots. Tickets are available at all drop boxes and at our office in the Amherst Centre Mall.

Thank you so much
Coldwell Banker Performance
Realty. We greatly appreciate
your support!



On-line Auction

Another great fundraiser for us has been our online auctions. Every 2 to 3 weeks 2 albums of new and gently used items are auctioned off on Facebook. Jim Scopie is our auctioneer. He and Heather do a marvelous job. If you are on Facebook check it out Cumberland Hospice Online Auction - you won't be sorry you did.

Thank you so much to the Staff of the Municipality of Cumberland County. We greatly appreciate your support!



Hospice Shop

Our shop in the Amherst Centre Mall is full of beautiful donated items. Our prices are great. From ornaments, crystal, dishes, china, and artwork to hand knit items and LPs and you just never know what you may find. We appreciate donations and are able to provide income tax receipts once items are sold.

Thank you for your support - we couldn't do what we do without your help and support!



