



Box 1035
Amherst, N.S.
B4H 4E2

CUMBERLAND HOSPICE

2023

"If you carry one thing throughout your entire life, let it be hope. Let it be hope that better things are always ahead, that you can get through the toughest times... Because during these times, hope will be the very thing that carries you through." - Nikki Banas

WINTER

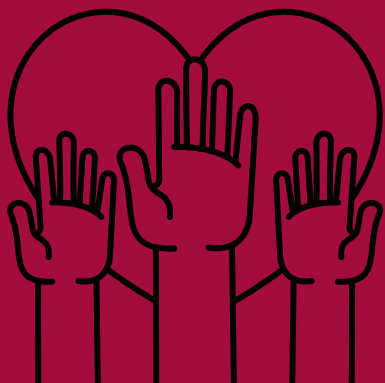


Membership Fees Are Due

A friendly reminder that membership fees are due in January of each year for that year.

Membership dues are \$5 per person per year or \$10 per family per year. Being a member gives you a right to attend and vote at our Annual Meeting (usually in April) and to receive our semi-annual newsletters either by e-mail or regular mail.

Being a member is a great way to show you support Cumberland Hospice and our activities.



Volunteer Visitation Service Update



We are very pleased and excited to tell you that training has begun for our first group of volunteers.

There are two components to the training:

- 1) online or paper-based and
- 2) in -person group training to be conducted by several palliative care health professionals (palliative care doctor, nurses and social worker).

If you would like more information about our program and how to get involved please contact Susan at 902-660-2310 or call Cumberland Hospice office at 902-669-0261.



Retail Shop

Cumberland Hospice has a retail shop inside the Amherst Centre mall. We sell generously donated gently used items. No clothing please!



Online Auctions

We run 2-3 auctions per month. These auctions are run through our Facebook page: Cumberland Hospice Online Auction.

Annual Yard Sale

Each Spring we have an indoor "yard sale" here at the Amherst Centre Mall. We will be having a yard sale again this year... stay tuned for more information in the coming weeks and months!



What do we accept as donations? Gently used items such as dishes and glass ware, new hand-knit items (mittens, hats, baby items), yarn and fabric, small appliances and furniture, books, puzzles - just about everything with the exception of clothing.

It is possible in some cases to receive a tax receipt for donations "in kind" (non-monetary donations). Please ask us for further details.

