



YOSEIKAN II DOJO NEWSLETTER



Volume 1, No. 2 (Quarterly Newsletter)

December 2001

HANSHI DOMETRICH CELEBRATES 50 YEARS IN KARATE

The October 27, 2001 Clinic was no ordinary clinic. It was the celebration of an American Karate Pioneer! Hanshi William J. Dometrich celebrated 50 years of karate study. Teachers, friends and students from all over the country gathered for the celebration at the Drawbridge Inn in Covington, KY. Events included the 4 hour clinic conducted by various lead instructors (including Hanshi, Kyoshi Davenport, and Shihan Akutugawa of Canada) and a banquet celebrating Hanshi's contributions to karate. He received numerous well wishes and very generous gifts from many... One gift to him was a gift to all — his book "The Endless Quest" was presented to him in published form and is now available for purchase through the Hombu. The evening culminated with Hanshi leading everyone in singing his presentation of the "Ballad of the Chito-Ryu".

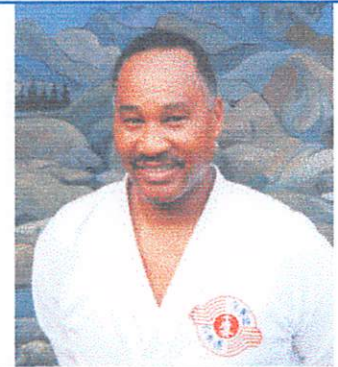
This event was a celebration for Yoseikan II students as well. Renshi Hawkins celebrates 40 years in karate! And this event also brought together Yoseikan II instructors and students — many from distant places. It was great to see Sensei Broadus, Sensei Scott, Sensei Dowdell, ... and Mr. Sonnhalter. Congratulations to Sensei Ludwig on her promotion to Yon Dan; Sensei Hawkins on his promotion to Ni Dan; Sensei Parks to Sho Dan; and Sensei Lingo to Sho Dan!



Hanshi Dometrich with Chair obi in attendance.



Yoseikan II in attendance.



A MESSAGE FROM RENSHI HAWKINS

Yoseikan II Organizational Development 2002

Yoseikan II continues to enjoy rapid growth in enrollment. This requires sophisticated strategies to manage administrative complexities, as well as to ensure improved future efficiency and effectiveness. Clearly, shared leadership is an essential philosophy for success, given the need for the application of multiple, diverse skills.

In early Autumn 2001, I identified seven organizational development priorities for our Dojo for calendar year 2002 and beyond. Next, I appointed a Leader and a Deputy for each of these critical areas. Each Leader agreed to create an action plan for her/his development area, including specific objectives, progress milestones and outcome measures. Of critical importance, Leader selection was based upon organizational effectiveness skills, not simply a matter of martial arts technical competence. Accordingly,

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HAPPY BIRTHDAY OKUSAN!!

HAPPY BIRTHDAY RENSHI HAWKINS AND CONGRATULATIONS ON 40 YEARS OF KARATE STUDY!!!!

**Congratulations on the following promotions:**

- Sensei Mina Ludwig to Yon Dan
- Sensei Lawrence Hawkins, III to Ni Dan
- Sensei Mark Lingo to Sho Dan
- Sensei Bryan Parks to Sho Dan
- Darrin McCarthy to 6th Kyu
- Lisa Woodbury to 7th Kyu
- Tom Schulman to 8th Kyu
- Jim Aubin to 8th Kyu II
- Jeff Aubin to 8th Kyu II

Condolences ...

The United States Chito-Ryu Karate-Do Federation mourns the loss of a member of our family. Shihan Art Rott passed away November 9 2001. Shihan Rott trained in Chito-ryu with Hanshi Dometrich since 1966. He has served as Vice Chairman of the Federation. If it were not for Shihan Rott there would not be a United States Hombu as we know it today — as he once owned the land were the Hombu Dojo now stands. Shihan Rott was loved by one and all who had the honor of meeting him and he was quick to return the affection. He touched thousands of lives in a positive way over his lifetime. He was an inspiration to us all and truly a "National Treasure". Our condolences to his family, he will be missed.

(Reprinted from U.S. Chito-Kai website.)

The Annual West Palm Beach Clinic will be held on the weekend of February 15, 2002. Yoseikan II students have enjoyed this trip and training in recent years. You should plan to attend. Inquire regarding details.

Welcome to the following new students:

- Pamela Viscione
- Frank Viscione
- Nabil Wadih
- Esper Wadih
- Anthony Wallace
- Camille Khalily
- Cyrus Khalily

**We need your input for future newsletters!**

Distant friends can contact us and let us know what you're doing...All members are encouraged to share news, accomplishments, stories, etc...

NEWS TO USE

Mark your calendars and plan to attend the:

Yoseikan II Open House

Saturday, January 5, 2002

Combined Adult/Children's Class

9:30 - 11:00 a.m.

reception following class

Bring friends ... prospective students

Contact Mrs. Hays if you'd like to use printed invitations.

Don't forget to complete the sign-up sheets on counter at Dojo.

Please note the following changes in our normal class schedule:

- ⇒ Monday, December 24, 2001 — 10am to noon
(informal workout)
- ⇒ Tuesday, December 25, 2001 — no class.
- ⇒ Monday, December 31, 2001 — 10am to noon
(informal workout)
- ⇒ Tuesday, January 1, 2002 — 10am to noon
(informal workout)

* And don't forget our monthly brunch on 2nd Saturdays at noon. All are encouraged to sign-up....

Yoseikan II Holiday Party
(Adult Students Only)

Saturday, January 5, 2002

6:00 p.m.

Quality Hotel & Suites - Cincinnati
R.S.V.P. to Mrs. Shawna Lingo or the Dojo Office
Money to be collected the end of December

Contact: Evelyn M. Disher Hill, Editor

A MESSAGE FROM RENSHI HAWKINS

(Continued from page 1)

Leaders and their Deputies (and their staffs) include a wide range of belt grades and dojo tenure. We are more likely to succeed if we leverage the talent and energy of all students.

While most of the development priorities will involve multi-year efforts, each should realize substantial progress during late 2001 and throughout 2002. As a result of these interventions we expect to see:

- Expanded curriculum;
- Increased, more diverse enrollment;
- Improved physical facilities;
- Enhanced esprit de corps; and ultimately,
- More capable martial artists.

Our Leaders will report our general progress from time to time via this Newsletter. The future looks very bright indeed, given the focused energy and synergistic alignment we are achieving via our organization planning process.

L.C. Hawkins, Jr., Esq.
Roku Dan, Renshi
Head Instructor

GETTING TO KNOW YOU

Here's some interesting information about your fellow students ...

Often, when not in the Dojo, Carol Hays can be found "trap shooting". Although she has participated in this sport for the past twelve years, she credits her karate training over the last five years for her recent successes. Mrs. Hays says improved precision and focus have enabled her to capture local League winner titles and place 2nd in the International Grand American Tournament this past August. Congratulations Mrs. Hays!

Congratulations to Pam Viscione on her recent PELG promotion to Director, Product Supply-Commercial Products Group, Global Food & Beverage. Mrs. Viscione and her family recently moved to Cincinnati from New Jersey. She and her son, Frank, are new students at Yoseikan II.

Kid's Korner



From Sensei Deck:



KARATE VIRTUES

At the end of each Kids' Klass, we recite, "In our practice of karate may we develop patience, sincerity, courage, humility, brotherhood, loyalty and wisdom." As Karate students, we must strive to incorporate these virtues into not just our Karate life, but into our everyday life as well. Do you think about these in your interactions with your parents, teachers, siblings, and peers? Do you think about these virtues when you are around people you don't like or are angry with? Please take a moment to think of specific examples of how you practice each of these virtues. They are as important to practice as the physical moves we teach you in Karate.

TEST YOUR KNOWLEDGE:



- 1 What style of karate is practiced at Yoseikan II?
- 2 Who is the founder of our style of karate? What is his rank?
- 3 What is the translation of "eus"? When do you use it?
- 4 What is the translation of "Onegaimasu"? When is this used most often in the Dojo?
- 5 What is the translation of "migi no"? "hidari no"? "naha no"?

Answers will appear in next newsletter edition. Answers from 8/01 edition: 1) "empty-hand"; 2) dojo; 3) Yoseikan II; 4) "thank you very much" 5) "Sensei" is "teacher"; "Senpei" is "older sister/brother in karate study"; "Yudansha" is "Black belt group/row".

Kid's Recent Book Selections...

Suggested Reading for All ...

- * *The Tao of Pooh* by Benjamin Hoff
- * *Kempo Karate-do* by Tsuyoshi Chitose
- * *The Endless Quest: An Autobiography of an American Pioneer*, William J. Dometrich Hanshi



"IN OUR PRACTICE OF KARATE MAY WE DEVELOP PATIENCE, SINCERITY, COURAGE, HUMILITY, BROTHERHOOD, LOYALTY AND WISDOM."



ABOUT YOSEIKAN II DOJO...



Yoseikan II Dojo is a member of the:

**United States Chito-Ryu
Karate - Do Federation**

Normal Class Schedule:

Monday 6:00 - 8:00 p.m. (special instruction for ages 35 and over)
Tuesday 9:15 - 10:30 a.m.
Wednesday 7:30 - 9:00 p.m.
Thursday 9:15 - 10:30 a.m.
Saturday 9:00 - 10:00 a.m. Children's Class; 10:00 - noon Adult Class

**Head Instructor: Lawrence C. Hawkins, Jr., Esq., Roku Dan, Renshi
Chairman Emeritus, U.S. Chito-Ryu Karate-Do Federation**

Instructors:

Cyna Khalily, M.D., Yon Dan

William A. Jansak, R.N., Yon Dan

Mina K. Ludwig, Esq., Yon Dan

Carlton G. Broadus, San Dan

Matthew E. Scott, San Dan

Laura S. Deck, Ph.D., Ni Dan

Gregory A. Scott, Ni Dan

Lawrence C. Hawkins, III, J.D., Ni Dan

LaVida Dowdell, Sho Dan

Keith J. Morris, Sho Dan

Kevin R. E. Greenwood, M.A., Sho Dan

Gregory A. Morris, Sho Dan

Bryan A. Parks, Sho Dan

Mark R. Lingo, Sho Dan

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YOSEIKAN2.HTM](http://WWW.CHITO-RYU.COM/YOSEIKAN2.HTM)

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KARATE-DO
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ON-LINE AT:

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