



Hill Country Sober Living LLC

WE DO RECOVER

The Tivy House – 828 Tivy Street – Kerrville, Texas 78028

Sunday House Meeting

This meeting is for the purpose of seeking the truth about our current condition. Each individual will briefly share where they are based on the difficulties they experience on a spiritual path. We are here to help each other reduce the delusions we suffer from and see the truth. We are not here to judge, criticize, confront or demean. We are gentle spirits and only wish to be helpful in identifying our brokenness. We are here to learn how to stay sober and live a good purpose life.

Be prepared to talk about your current difficulties in a forthright and honest manner. We suffer from selfishness and self-centeredness. We must be rigorously honest in identifying our difficulties to be pulled out of delusion and allow the ego to be reduced. We must or we will pursue it to the gates of insanity or death.

1. What step am I on?
2. Who is my sponsor? How many times have I met with him?
3. How many meetings have I attended? For the new men in the house are you attending meetings daily?
4. Do I have a home group and what are my service commitments? (H&I's, chair meetings, group concise)
5. Do I sponsor? If yes, how many?
6. Am I being held accountable and am I holding others accountable? (examples)
7. How are my relationships with my family and friends?
8. Am I having issues with intimate relationships? (e.g., dating, significant other)
9. How am I taking care of my personal responsibilities? Do I keep my word?
10. Do I have any financial problems? Am I sticking to a budget?
11. Have I been taking care of my house chores? How many times have I been asked to do them?
12. Do I have any health problems? Am I taking any medications if so, am I taking as prescribed?
13. Where is there currently dishonesty in my life? (Omissions, exaggerations, breaking house rules)

When done we will go around the group and we will receive considerations and corrective measures. You will be given “corrective measures” notebook to jot down what is said. There will be no judgments or criticism, just an honest and sincere desire to help in a spirit of love and tolerance.

******REMEMBER ANONYMITY—WHAT IS SAID HERE STAYS HERE******