

## CHILD Client information

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Name of Child: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Parents: \_\_\_\_\_

The Child is Currently Living With: \_\_\_\_\_ School and Grade: \_\_\_\_\_

Extracurricular Activities/Interests: \_\_\_\_\_

How would you describe your child's personality? \_\_\_\_\_

What are some of his/her strengths & challenges? \_\_\_\_\_

Are both parents in agreement that this child needs counseling/support? \_\_\_\_\_ YES \_\_\_\_\_ NO

If parent/child and/or family therapy becomes necessary, are parents willing to participate? \_\_\_\_\_ YES \_\_\_\_\_ NO \_\_\_\_\_ UNSURE

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### Medical History

How would you rate the child's current physical health?  Excellent  Good  Fair  Poor

Is the child currently complaining of any physical problems? If Yes, Please Explain: \_\_\_\_\_

Please list any medical conditions/disabilities/learning disabilities: \_\_\_\_\_

| Daily Medication(s)<br>Over the Counter or Prescription | Prescribing Physician |
|---|-----------------------|
|   |                       |
|   |                       |

Pediatrician/Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

### Counseling and Psychiatric History

Has the child had previous counseling?  Yes  No If yes, for how long? \_\_\_\_\_ When? \_\_\_\_\_

For what reason? \_\_\_\_\_ Name of Counselor: \_\_\_\_\_

Has the child ever been diagnosed or treated for any type of mental illness? If yes, what type? \_\_\_\_\_

Has anyone in the family ever been diagnosed with or treated for any type of mental illness? If yes, what type? \_\_\_\_\_

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### ***Reasons for Seeking Help***

What concerns you most about your child? \_\_\_\_\_

Where are these concerns causing the most problems for the child?  Home  School  Social  Other

When did these concerns begin to be a problem for the child? \_\_\_\_\_

What concerns about the child have been identified by others? \_\_\_\_\_

Please indicate which of the following are currently problems for the child:

- |   |   |
|---|---|
| <input type="checkbox"/> Crying Spells                        | <input type="checkbox"/> Hyperactivity                                      |
| <input type="checkbox"/> Excessive Fear/Anxiety               | <input type="checkbox"/> Refusal to Respond to Authority                    |
| <input type="checkbox"/> Bullying/Picking Fights              | <input type="checkbox"/> Nightmares   |
| <input type="checkbox"/> Hearing Voices                       | <input type="checkbox"/> Difficulty Separating from Specific Family Members |
| <input type="checkbox"/> Lack of Motivation                   | <input type="checkbox"/> Tantrums   |
| <input type="checkbox"/> Decreased/Increased Appetite         | <input type="checkbox"/> Lack of Self-Confidence                            |
| <input type="checkbox"/> Difficulty Making or Keeping Friends | <input type="checkbox"/> Loss of Interest in Usual Activities               |
| <input type="checkbox"/> Obsessions/Compulsions               | <input type="checkbox"/> Insomnia/Hypersomnia                               |
| <input type="checkbox"/> Cutting                              |   |

Is there anything else that you would like for me to know today? \_\_\_\_\_

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Other information/Notes:

I give (counselor's name) \_\_\_\_\_ consent to work with my child  
\_\_\_\_\_ in a therapeutic setting.

Parent(s) signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Counselor's signature: \_\_\_\_\_ Date: \_\_\_\_\_