



2025 Verona CC Invitational (49th Annual-Sept 6, 2025)



Welcome to the Verona Invitational – a great way to start your CC season! Over the 49 year history of the Verona Invitational the meet has hosted over 20 state individual champions and numerous state championship teams at all three divisions. Our new Stewarts Woods course was designed to mirror The Ridges in difficulty. We feel it is a challenging and beautiful course to run with a nice mix of open flats and beautiful wooded vistas with some hills to challenge the runners. We hope you will enjoy the race and most of all have fun in this early season classic event in southern Wisconsin cross country.

RACE TIMES:	*Pick up PT Timing bibs, pins, and course maps at the concessions stand* ● 8:00 am- Coaches meeting at the concessions stand Note: Before the races kick off, we are excited to announce that the cross country course will be renamed in honor of Coach Marks. This is a celebration of his 60 years of dedication, leadership, and service to the Verona community. We invite everyone to join us in recognizing him! ● 8:30 am- Boys Varsity 5K ● 9:05 am - Girls Varsity- 5K ● 9:40 am - Boys JV- 5K ● 10:20 am- Girls JV- 5K ● 11:00 am – Middle school 2.6K (6th, 7th, and 8th grade girls and boys) ● 11:30am- Awards at the course (we will move into the VAHS fieldhouse if the weather isn't cooperating) Course Map Campus Map Course Drone Video																																				
LANE ASSIGNMENTS, PARTICIPATING SCHOOLS, & (DIVISION ASSIGNMENTS)	<table border="0"> <tr> <td>1 Monroe (D2)</td><td>18 Madison West (D1)</td></tr> <tr> <td>2 New Glarus-Monticello (D3)</td><td>19 Sun Prairie West (D1)</td></tr> <tr> <td>3 Arcadia (D3)</td><td>20 Mauston (D3)</td></tr> <tr> <td>4 Deforest (D1)</td><td>21 Middleton (D1)</td></tr> <tr> <td>5 Westby (D3)</td><td>22 Saint Ambrose (D3)</td></tr> <tr> <td>6 Dodgeville-Mineral Point (D2)</td><td>23 Madison East (D1)</td></tr> <tr> <td>7 Hartland Arrowhead (boys) (D1)</td><td>24 Oregon (D1)</td></tr> <tr> <td>8 Lincoln-Way Central (girls) (D1)</td><td>25 Beloit Memorial (D1)</td></tr> <tr> <td>9 Stoughton (D2)</td><td>26 Mount Horeb (D2)</td></tr> <tr> <td>10 Wisconsin Dells (D2)</td><td>27 West Salem (D2)</td></tr> <tr> <td>11 McFarland (D2)</td><td>28 Altoona (D3)</td></tr> <tr> <td>12 Sun Prairie East (D1)</td><td>29 Verona Area (D1)</td></tr> <tr> <td>13 Monona Grove (D1)</td><td>30 Watertown (D1)</td></tr> <tr> <td>14 Watertown Luther Prep (D3)</td><td>31 Aquinas (D3)</td></tr> <tr> <td>15 Baraboo (D2)</td><td>32 Madison Memorial (D1)</td></tr> <tr> <td>16 Madison LaFollette (D1)</td><td>33 Assumption (D3)</td></tr> <tr> <td>17 Fort Atkinson (D2)</td><td>34 Waukesha West (boys) (D1)</td></tr> <tr> <td></td><td>35 Onalaska (D2)</td></tr> </table> *note: divisions may vary slightly from WIAA divisional assignments	1 Monroe (D2)	18 Madison West (D1)	2 New Glarus-Monticello (D3)	19 Sun Prairie West (D1)	3 Arcadia (D3)	20 Mauston (D3)	4 Deforest (D1)	21 Middleton (D1)	5 Westby (D3)	22 Saint Ambrose (D3)	6 Dodgeville-Mineral Point (D2)	23 Madison East (D1)	7 Hartland Arrowhead (boys) (D1)	24 Oregon (D1)	8 Lincoln-Way Central (girls) (D1)	25 Beloit Memorial (D1)	9 Stoughton (D2)	26 Mount Horeb (D2)	10 Wisconsin Dells (D2)	27 West Salem (D2)	11 McFarland (D2)	28 Altoona (D3)	12 Sun Prairie East (D1)	29 Verona Area (D1)	13 Monona Grove (D1)	30 Watertown (D1)	14 Watertown Luther Prep (D3)	31 Aquinas (D3)	15 Baraboo (D2)	32 Madison Memorial (D1)	16 Madison LaFollette (D1)	33 Assumption (D3)	17 Fort Atkinson (D2)	34 Waukesha West (boys) (D1)		35 Onalaska (D2)
1 Monroe (D2)	18 Madison West (D1)																																				
2 New Glarus-Monticello (D3)	19 Sun Prairie West (D1)																																				
3 Arcadia (D3)	20 Mauston (D3)																																				
4 Deforest (D1)	21 Middleton (D1)																																				
5 Westby (D3)	22 Saint Ambrose (D3)																																				
6 Dodgeville-Mineral Point (D2)	23 Madison East (D1)																																				
7 Hartland Arrowhead (boys) (D1)	24 Oregon (D1)																																				
8 Lincoln-Way Central (girls) (D1)	25 Beloit Memorial (D1)																																				
9 Stoughton (D2)	26 Mount Horeb (D2)																																				
10 Wisconsin Dells (D2)	27 West Salem (D2)																																				
11 McFarland (D2)	28 Altoona (D3)																																				
12 Sun Prairie East (D1)	29 Verona Area (D1)																																				
13 Monona Grove (D1)	30 Watertown (D1)																																				
14 Watertown Luther Prep (D3)	31 Aquinas (D3)																																				
15 Baraboo (D2)	32 Madison Memorial (D1)																																				
16 Madison LaFollette (D1)	33 Assumption (D3)																																				
17 Fort Atkinson (D2)	34 Waukesha West (boys) (D1)																																				
	35 Onalaska (D2)																																				
BUS & SPECTATOR PARKING	Bus Parking Map - Game Staff will support the parking of buses! Spectator Parking Map																																				

	Please tell fans and spectators that they are not able to park on school lawns, as they may be ticketed. School parking lots only. We have over 1200 parking spots on campus and if those fill spectators will need to park on the nearby Verona Streets. Foot entrance to the course is either down Wildcat Way to the parking lot, which is the safest, or one of the crossings of the Military Ridge bike trail. Entrance directly onto the course is prohibited.
NO PETS	<u>Only service dogs are allowed on the course. No other pets are allowed. Please inform your fans of this rule.</u>
MEET PROGRAM	Please send a photo file of your team roster to the link below <u>as soon as possible</u>. Note: This does not need to be a professional photo, any team photo of your roster will do. Thank you! https://eventprint.sharefile.com/share/getinfo/r6607a68ae3224cac8aa1c9ac23643398
ENTRIES	Each school is allowed an unlimited number of entries. Entries will be done through Athletic.net. Online registration opens 9 days prior to the meet (opening 12:00 a.m. on Thursday, August 28th). Entries must be completed by 11:59am Central Time, 2 days prior to the meet. <u>Middle schoolers also need to be registered ahead of time.</u> If a coach misses the deadline, they should inform the host school's Athletic Director AND info@pttiming.com. The violating team may incur a \$200 Late Entry Fee to have the entry deadline extended. This fee may be waived at PT Timing's discretion. <u>Please do not include athletes in your entries that you know will not be able to run.</u> If in doubt, register them. While changes can be made on race morning, we want to minimize these as PT Timing charges by the number of chips entered and it takes away from their set-up. Entry Fees \$350.00 - entering both boys and girls teams \$175.00 - entering just one gender \$30.00 extra for middle school teams or \$6 per runner (up to \$30). Please contact your AD's to get the entry fee in as soon as possible Make out entry fee checks to: VERONA AREA HIGH SCHOOL CROSS COUNTRY Mail entries to: Theresa Saley, Verona Area Highschool, 234 Wildcat Way, Verona, WI 53593
SCORING	Seven runners will count as finishers for team scoring purposes in both the Varsity and JV races. All runners will be eligible for individual awards. WE ASK THAT RUNNERS, PARENTS, AND MANAGERS DO NOT RE-ENTER THE FINISH AREA WITH BIB CHIPS AS THESE MAY BE ACCIDENTALLY RECORDED AGAIN.
T-SHIRTS/ VENDORS	T-shirts will be available for purchase near the concessions area. Prices vary. Outside of traditional concessions, we will also have vendors on site: Kona Ice, The Good Bowl, Travelin' Tom's Coffee Truck

AWARDS	Team Awards: Plaques for the top 2 teams in each Varsity Division Individual Awards: Medals for runners 8-40 in each varsity race. The top seven in each varsity race will be awarded statuettes. Junior varsity awards will be medals for the top 30 in each race. There will also be medals for the top freshman in the meet Middle School Awards: Top 3 in each gender & grade will earn a medal
RESULTS	Live results and official results will be available via PT Timing. https://pttiming.com/event.php?mid=2452&pt=schedule
QUESTIONS?	Boys Coach: Matt Cooper cooperm@verona.k12.wi.us Girls Coaches: Sofia Ruelas sofia.ruelas@verona.k12.wi.us Dave Nelson coachnelly@yahoo.com Athletic Director: Adam Stiner stinera@verona.k12.wi.us