

Elite Sport & Spine Cross Country Grade School Challenge

Hosted by Wisconsin Lutheran College – 28th Annual

Wednesday, Oct 21, 2026 – Greenfield Park

Qualifying Standards:

- Individuals who have placed in the top 40% of a Varsity race in the **current** cross country season.
- Teams can have a **maximum of 10 runners** that have competed in a Varsity race and placed in the top 40% in the meet's final team standings.
- If your school has five individual qualifiers you may bring a team of 10 runners. The 10 can be of any grade combination, but five of the 10 **must** have qualified as individuals.
- 3rd, 4th and 5th-grade runners can qualify to compete if they have placed in the top 40% of a Varsity race, or run times that would have placed them in the top 40% of a Varsity race, or if they are part of a team that qualified.

Schedule:

- **Girls 3k Race – 4:30 p.m.**
- **Boys 3k Race – 5:00 p.m.**
- Awards following shortly after conclusion of races at Picnic Area 3A shelter

Location/Parking/Team Camps:

- Greenfield Park (Picnic Area 3A) – 2028 S. 124 St. West Allis, WI 53227
- Teams are encouraged to park at the north end of the course (near the Cool Waters water park) off of 124th St. or on Lincoln Ave. adjacent to the park.
- **Limited** parking near start/finish area at the south end of the park will be available in the parking lot
- Team camps can be set up adjacent to the shelter near the finish area. **No team camps in the shelter.**

Registration/Entries:

- Registration will be available through Athletic.net beginning on **Sunday, September 27**, and will be open through **October 11 at 11:59 p.m.**
- Registration link: <https://www.athletic.net/CrossCountry/meet/276058/info>
 - **Note:** Instructions for first-time account set-up and registration are posted at [Trackside Timing](#).
 - For new accounts, allow at least 48 hours to create your account and upload your roster.
 - Meet information, start lists, and results will be posted at [Trackside Timing](#).
 - **Please only register athletes that will be running**
- Fees are **\$16.00 per individual**
 - All entries come with an athlete T-shirt
 - Make all checks payable to Wisconsin Lutheran College
 - Entry fees may be mailed in advance or delivered to hosting personnel in Picnic Area 3A shelter

Start/Finish Line Procedures:

Start announcements will be made at:

- Start announcements will be made at 10 minutes and 5 minutes prior to race starts
- At the line, 1 minute, 30 seconds, 15 seconds, a count down from 10-5 seconds, then the gun once everyone on the line is motionless. If a recall were in order the gun and/or whistle would repeat continuous to call the runners back to the starting line.
- Remind all athletes to **keep moving** through the finish chute.

Team Packet Pickup/Athlete Bibs:

- Team packets will be available for pickup at **Shelter 3A**
 - Please only **1-2 coaches per team** approaching the check-in/T-shirt pickup tables.
- Chip timing – Athletes will have a bib # to be pinned to the **front** of their shirt/singlet.
 - Be sure the runners have their specific assigned bib numbers – athletes' names are on the back of the assigned bib
 - **Do not** fold or bend the bib numbers!

The Course/Course Markings

- 3k/1.8 miles – Mixture of flat surfaces and with frequent light uphill and downhill. Terrain is largely grass, but also includes wooded trails on dirt.
- [Course map](#) available on event website.
- Markings: **Red flag** = left turn **Yellow flag** = right turn; **blue flag** = straight. **Flags overrule any painted lines.**
 - Please remind/educate athletes to run on the proper side of the flags so that they are not cutting corners. (ex.: Running a Red flag(s) for a left hand turn - stay to the right of the flag(s) making the left turn).

Awards/Scoring:

- Medals to top 25 finishers in each race;
- Trophies to top 4 teams in each race.
- Scoring - top 4 from each team will make up the team scores – one displacer.

Results:

- Final results will be posted on <https://www.tracksidetiming.com/>
- Also posted on the outside wall of Shelter 3A and later available on the [XC Challenge Event Page](#)

Facilities:

- Port-o-johns will be available on-site.
- Please provide your own medical kit supplies.

Postrace Food Options:

- Big Deal Burgers & Custard - 1440 S 84th St, Milwaukee, WI 53214
- Fazoli's - 10833 West Greenfield Avenue, West Allis, WI 53214

Postseason Racing:

- [Warrior 5k & 8k... through the park](#) – Saturday, November 7
 - 5k/8k race options on the Greenfield Park cross country course **or** community 2.25 mile walk!

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