



September 18 , 2025

Coaches,

The following is information for our 38th annual Arrowhead Cross Country Invitational on **Saturday, October 4th, 2025**

Arrowhead High School - Mike Mulrooney Cross Country Course
North West side of North Campus
800 North Avenue, Hartland 53029

[Campus and Course Map](#)

[Course Map](#)

Time Schedule:

9:30 AM JV Boys

10:05 AM JV Girls

10:35 AM Varsity Boys

11:05 AM Varsity Girls

11:45 AM Grade School Race - All boys and girls will run together - Race distance is 1.58 miles (1 lap of the 2 lap course)

The Grade School 1.58 mile - Course Map - [Here](#) - The course will be the same as the high school course but instead of doing two laps of the course, the runners will finish after the first loop.

Entries are on [PTTiming.com](#). and [Athletic.net](#)

Live Results: [PTTiming.com](#)

Registration closes at NOON on Thursday, Oct 2

Teams not completing their entries on time will be assessed a \$50 fine by PT-Timing, to re-open registration.

You may run 8 runners in the varsity race while the JV race allows unlimited entries.

Entries for the Grade School Race will be on pttiming.com as well.

No contracts will be sent for grade school participants. Entry fee for each grade school athlete is \$5 per timing chip, up to a team fee of \$80. Please make checks payable to Arrowhead High School. Payment for your athletes can be mailed to Arrowhead High School, Attn: Activities Office, 800 North Ave. Hartland, WI 53029, or paid at registration at the meet with cash, check or credit card / apple pay.

[Bus Drop Off Route](#)

[Campus and Course Map](#)

Location Entrance & Parking:

All: Entrance to the school is from North Ave on the east side of school. Use the campus entrance at Arrowhead Drive. The Hwy K entrance will be blocked off. Please see attached map link below. [Parking Map](#)

Buses: Teams should be dropped off by the practice soccer fields on the northwest side of north campus. Buses will be allowed to pull into that area, turn around and park in the designated areas. Please see maps attached. Buses will find plenty of room to park in the lots east or south of the north campus building. [Bus Drop Off Route](#)

Spectators should park in the lots east or south of the north campus building. No parking will be allowed in the lot north of north campus near the start / finish line area. [Parking Map](#)

Team Area

Camps should be set up on the small soccer field west of the parking lot near the portable restrooms or along the ditch north of the parking lot. [Team Tents Camp - Labeled in white on left side of map](#)

Upon arrival to the meet:

Race packets and bibs may be picked up at the concession stand tent in the team camp area when you arrive.

We will have a WIAA Sportsmanship Verification Form available for you to sign at the meet. It is [HERE](#) if you wish to download and sign it beforehand. It may be emailed back to AHS Activities at bradley@arrowheadschoools.org

Changes should be made with PTTiming at the finish line.

[Team Camp Area and Check In Map](#)

Officials: Tom Emmerich, Dennis Meyer & Pete Emmerich

For safety concerns, our trail cart will remain behind the last runner (not walker).

We will have marshalls on the course with yellow vests to assist with race needs.

Emergency Action Plan - [HERE](#)

Dogs are not allowed per WIAA rules.

Trainer: The trainer will be available near the finish line. Please provide your own tape, wraps, braces, etc.

Awards

Team trophies for 1st, 2nd, and 3rd place for Varsity and 1st and 2nd place for JV

Varsity Individual - medals for places 1-25

JV Individual - medals for places 1-10

Grade School Individual - medals for overall places 1-10 for each gender, all ages combined

T-shirts will be sold. Cash, credit and apple pay accepted

Full concessions will be sold. Cash, credit and apple pay accepted

Live Stream: None

2025 Teams

Girls

1. Arrowhead
2. Badger
3. Brookfield Academy
4. DSHA
5. Fort Atkinson
6. Germantown
7. Homestead
8. Janesville Craig
9. Kettle Moraine
10. Madison La Follette
11. Madison Memorial
12. Mukwonago
13. Muskego

14. Pewaukee
15. USM
16. Waukesha North
17. Wauwatosa East
18. West Bend West
19. Whitefish Bay

Boys

1. Arrowhead
2. Brookfield Academy
3. Brookfield Central
4. Brookfield East
5. Fort Atkinson
6. Germantown
7. Homestead
8. Janesville Craig
9. Kettle Moraine
10. Madison La Follette
11. Marquette
12. Mukwonago
13. Muskego
14. Neenah - has contract but not returned
15. Pewaukee
16. USM
17. Waukesha North - has contract but not returned
18. Waukesha West
19. Wauwatosa East
20. West Bend West
21. Whitefish Bay

2025 Teams and Box Numbers

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Arrowhead Invitational Meet Records

Girls: Ella Anschutz - Muskego - 18:02.3 (2024)

Boys: Owen Bosley - Homestead - 15:25.6 (2022)

Arrowhead Course Records

Girls: Sara Mlodik - D. C. Everest - 17:49.4 (2023)

Boys: Owen Bosley - Homestead - 15:25.6 (2022)

Arrowhead Invite Team Champions & Individual Champions since the change in course in 2022

2024 - Girls: University School of Milwaukee / Ella Anschutz - Muskego - 18:02.3

2024 - Boys: Brookfield East / Brendan Reardon - Marquette -15:37.9

2023 - Girls: Brookfield East / Lily Kriegel - Whitefish Bay - 18:06.7

2023 - Boys: Brookfield East / Thomas Menefee - Marquette -16:03.4

2022 - Girls: Whitefish Bay / Zaira Malloy-Salga - Middleton - 18:23.5

2022 - Boys: Middleton / Owen Bosley - Homestead - 15:25.6

Arrowhead Invite Grade School Division Team & Individual Champions

2024 - Girls: Longfellow Tosa / Samantha Zilm - Neenah - 9:19.2

2024 - Boys: Merton Area / Noah Caves - Merton - 9:41.2

If you have any questions, please contact:

AD - Ryan Mangan - 262-369-3612 ext. 4203 mangan@arrowheadschoools.org

Head Girls Coach - Curt Kaczor - 920-256-1152 warhawkscrosscountry@gmail.com

Head Boys Coach - Mike Ray - 262-442-1120 runrazor@gmail.com