



The Alphabet Method

Learn Music in a Way That Finally Makes Sense

By Paul McBride

The Music Mentor

**THE
MUSIC
MENTOR**



Introduction

If you've ever tried to learn music and thought,

“Why does this feel so confusing?”

...you're not alone.

**After 20 years of my own lessons with multiple teachers, teaching others and touring as a singer, guitarist and bassist:
I realised the problem is often the way music is taught.**

Many lessons begin with complex terms, memorisation and abstract ideas that feel disconnected from the joy of playing.

The result?

You feel lost, stuck and convinced music is harder than it really is.

The Alphabet Method flips that.

Instead of starting with confusing theory, we start with something you already know inside out: The Alphabet.

Suddenly, scales, chords and songs become logical, memorable and fun.

This PDF is your first step into the Alphabet Method.

By the time you finish, you'll have mapped the building blocks of music, unlocked your instrument more clearly and most importantly - felt that spark of clarity that keeps you coming back for more.



Why So Many People Give Up on Music

**If you've ever felt like music theory is "not for you,"
it's not because you're broken...**

It's because the method is.

Here's what usually happens:

- . You're told to memorise scales or terms that feel abstract and overwhelming.**
- . You're shown exercises that don't sound like music you recognise.**
- . You try to connect the dots but nothing seems logical or familiar.**

Instead of early wins, you get early frustration.

Instead of creativity, you get confusion.

Most people don't quit music because they lack talent.

They quit because the method sets them up to fail.



The Shift: The Alphabet Method

So how do we fix the problem?

We start with something you already know: the alphabet.

Think about it: you learned to read and write by starting with A-B-C, not by memorising random shapes or starting in the middle.

Music can work the same way.

The Alphabet Method takes advantage of what you already know:

- . Theory: Start at A - the same way you learned your ABCs.**
- . Notes, scales and progressions suddenly follow a logical order you already understand.**
- . No matter what instrument you play, there's always an A.**
- . Finding it gives you a clear starting point to map everything else.**

Teaching music any other way is like teaching a child to read by starting with the letter C.

Sure, they'd get it eventually, but why make it harder than it needs to be?

When you start at A, everything clicks faster.

Music stops feeling like a puzzle and starts feeling like common sense.



The Method: Your First Mini-Win

We're going to start with just three notes:

A, B and C.

That's it.

No complicated charts.

No endless memorisation.

Just three easy steps.

Step 1: Find A

- **On guitar or bass: Play the second thickest string without fretting a note.**
- **That note is A.**
- **On piano/keyboard: Notice the repeating pattern of 2 black keys then 3 black keys?**
- **Pick any set of three black notes in a row...**
- **Look for the middle black note of that group of 3...**
- **A is the white key to the right of it.**
- **Vocally: Make a siren sound (like “Nee-nor, nee-nor”).**
- **Keep sliding up and down until for a moment you hear your voice “lock-in” with the note on the keyboard/guitar/bass.**
- **You just sang A.**



Step 2: Move to B

- **(On guitar/bass: 2nd fret of the A string.**
- **On piano: The next white key to the right of A.)**
- **Vocally: Listen to the instrument BEFORE**
- **attempting to replicate.**

(If you have trouble matching it use the “siren” technique again.

Step 3: Add C

- **One more step forward and you’re at C.**
- **(On guitar/bass: 3rd fret of the A string.**
- **On piano: The next white key to the right of B.**

📌 Why this matters:

You’ve just played the first three notes of music in the same way you learned your first three letters of the alphabet.

Simple.

Logical.

Playable.



A Famous Riff You Might Know!!

 **Play “Hash Pipe” by Weezer - Using Just A, B, and C**

Weezer - Hash Pipe

Click the link to listen.

The riff from Weezer’s “Hash Pipe” is iconic and it’s built from the exact notes you just learned.

Here's the pattern:

A – A – B – C

(Play it with a bit of attitude 😎)

**This is the actual rhythm guitar hook that kicks off the song
- no extra notes, no complex theory.**

Just the musical alphabet in action.

 **Why this matters:**

You’re not playing an exercise.

You’re playing a song that went double platinum.

Try it now:

- **On guitar: A string (Second Thickest String)**
 - **Open x2 = A A**
 - **2nd fret = B**
 - **3rd fret = C**

On bass: Same string, same frets.

- **On piano: White keys - A → A → B → C**
- **Sound familiar??**
- **Vocally: Sing the letters out loud! - A → A → B → C**

The Proof: Why This Works Faster

Most people fail not because they can't understand music but because they never get an early win.

The Alphabet Method gives you that win immediately and suddenly everything else builds naturally.

I've seen it happen over and over:

The Alphabet Method works because it meets you where you are.

You already know the alphabet.

Music already speaks it.

All we do is connect the dots.



The Next Step: Learn Music With Me

You've just seen how simple music can feel when it's taught the right way.

With just three notes you've connected theory with sound and proved you can already do more than you thought.

Now imagine what happens when we keep going together.

In a 1:1 session, I will:

- . Show you how to use the Alphabet Method to build scales, chords, and songs.**
- . Give you personal feedback so you don't waste months guessing.**
- . Break music down into clear, logical steps that always make sense.**

Book your first session [here](#) and unlock your instrument in 30 minutes [\[LINK\]](#)

OR...

[Save £60](#) by booking a bundle of 12 weekly sessions that include PDF's and personal Whatsapp access to The Music Mentor so you never get stuck between lessons. [\[LINK\]](#)

Share this with a friend that thought music was too hard and you'll both get 10% off a bundle of 12 weekly sessions.

