

Provider Name:

Week of:

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST						
	Milk					
	Juice/Fruit/Vegetable					
	Meat/Meat Alternative Bread/Bread Alternative					
<hr/>						
MS(SNACK)	Select 2 from different groups					
	Milk					
	Meat/Meat Alternative					
	Juice/Fruit/Vegetable					
	Bread/Bread Alternative					
<hr/>						
LUNCH	Milk					
	Meat/Meat Alternative					
	Vegetable of Fruit					
	Vegetable of Fruit					
	Bread/Bread Alternative					
<hr/>						
AS (SNACK)	Select 2 from different groups					
	Milk					
	Meat/Meat Alternative					
	Vegetable of Fruit					
	Bread/Bread Alternative					
<hr/>						
SUPPER	Milk					
	Meat/Meat Alternative					
	Vegetable of Fruit					
	Vegetable of Fruit					
	Bread/Bread Alternative					

Unflavored whole milk is served to ages 1 thru 2 ***Unflavored 1% or non-fat milk is served to ages 2 thru 5***

Unflavored or flavored 1% or non-fat milk is served to ages 6 thru 12

Refer to Meal Pattern for Children for serving sizes when planning menus.

MENUS MUST BE POSTED AND MAINTAINED ON FILE!

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