



Presented by the Leadership Development Committee of the Central Florida Presbytery

Saturday, August 24th

8:30 a.m. – 12:15 p.m.

Optional: Lunch & Learn 12:15 – 1:30 p.m.

Wekiva Presbyterian Church

211 Wekiva Springs Lane, Longwood, FL

REGISTRATION PACKET

FISH will feature 16 workshops offered by outstanding educators, pastors, elders, and layleaders from churches within the Central Florida Presbytery. There is a special emphasis on intergenerational ministry, technology, personal devotions, worship, and age-level-specific workshops for those in ministry with children, youth, or adults.

You will find the following items in this packet:

- ❖ Schedule for the Day
- ❖ Workshop Descriptions for Sessions I & II
- ❖ Registration Form

You can find the registration packet and the on-line registration form on the Presbytery's Equip website: <http://www.cfpresbytery.org/equip.html>

You can now register and pay on-line!

Please share this information with:

- ❖ Church Educators—Professional and Volunteer
- ❖ Christian Education Committee Members
- ❖ Children & Family Ministries Leaders
- ❖ Youth & Collegiate Aged Ministries Leaders
- ❖ Administrative Professionals
- ❖ Pastors
- ❖ Older Adult Ministries Leaders
- ❖ Adult Ministries Leaders



Presented by the Leadership Development Committee of the Central Florida Presbytery

Saturday, August 24th

Wekiva Presbyterian Church

211 Wekiva Springs Lane, Longwood, FL

SCHEDULE FOR THE DAY

8:30 – 9:00 a.m.

Registration

Please note that we will not begin Registration before 8:30. If you arrive early, we request you gather in the Fellowship Hall until that time.

9:00 – 9:15 a.m.

Welcome, Announcements, & Morning Devotional

9:15 – 10:30 a.m.

Workshop Session I

10:30 – 11:00 a.m.

Break & Snacks

11:00 a.m. – 12:15 p.m.

Workshop Session II

12:15 – 1:30 p.m.

Optional Lunch & Learn with Stephanie Fritz

Cost (without lunch): \$7 (with Olive Garden soup & salad lunch): \$14

Please Register By Friday, August 16, 2019.

Workshops with fewer than 5 registrants following the deadline will be cancelled.

Questions?

Contact Cheryl Carson at ccarson@cfpresbytery.org or (407) 422-7125 x. 204

Register and Pay On-line at: <http://www.cfpresbytery.org/equip.html>

FISH WORKSHOPS

SESSION I: 9:15 a.m. - 10:30 a.m.

I-A GRANDPARENTING FOR FAITH: MINE, YOURS, AND OURS

This presentation speaks directly to God's ordained spiritual activity which has been prepared for the third season of our lives. Cultural trends in the U.S. sideline adults while God's word encourages, equips and engages us to prepare future generations. God blesses us through grandchildren, and we can bless them with our time, talents, and spiritual faith.

Leader: Rev. Michael Smith, Associate Pastor, Northlake Presbyterian, Lady Lake

I-B WHEN 'CONSIDER THE LILIES' ISN'T WORKING: ANXIETY AND THE LIFE OF FAITH

Jesus tells us not to worry about our life, our daily needs, or about tomorrow (Matthew 6). Yet, worry we do. Anxiety is the most common mental health concern in the U.S., affecting young people and older adults (ADAA.com). We will explore what may be contributing to so much anxiety, and how our faith is a powerful tool to help tame our worries. Appropriate for pastors, educators, officers, youth leaders, parents, and older adult ministry leaders.

Leader: Rev. Dr. Linda Wright Simmons, Board Certified Chaplain, MA Candidate in Clinical Mental Health Counseling

I-C TEACH ME THAT I MAY TEACH

The decision to say "Yes" to God's call to serve in the church's educational ministry is exciting! But it might also bring some nervousness about whether or not you "know enough" to teach. This workshop will focus on the foundational things you will need to know as you do your work as a church educator—lay or professional-- including: what makes us unique as Presbyterians, and what are the Book of Order and Book of Confessions and why are they important to me as I serve in the educational ministry of my church.

Leader: Rev. Jody Noble, Pastor, St. Luke's Presbyterian Church, Titusville

I-D SPECIAL TIME WITH CHILDREN IN WORSHIP

In this workshop we will think together about what makes for good experiences for children in worship whether on Sunday morning or at chapel time. We will consider learning styles, attention spans, child development stages and other factors that help children focus and experience God's love in worship. Participants will have a chance to practice in class the ideas we discuss.

Leaders: Rev. Dr. Paige McRight and Rev. George Wilcox, Two Ministers Who Love Time with Children in Worship

I-E CHOOSING CURRICULUM THAT FITS!

What we teach in our churches matters!! Curriculum options abound, but only some are helpful options well suited for Reformed congregations like those in Central Florida Presbytery. How do we choose the best curriculum for our varied Christian Education opportunities? This workshop is designed to help you know what to look for as you evaluate materials used for teaching children, youth, and adults.

Leader: Laurie Farquharson, Retired Director of Christian Education, Wekiva Presbyterian Church, and CFP POINT(Presbyterians Organized in Nurture and Training) Representative

I-F REACHING BEYOND

With the world constantly changing around us, the transitional time between high school and adulthood is becoming more and more challenging. This transitional time is a whirlwind of growth, questioning, experimenting, and finding one's place in the world. With so much change, it is essential for the church to reach beyond and share the one constant we know to be true; God's unwavering love. This workshop will describe the importance of connecting with individuals in the young adult age range including recent high school graduates, those attending college, those entering the work force, and those beginning families. We will also provide ideas on where and how to connect with these individuals as well as suggestions for activities to keep everyone engaged.

Leaders: John Dalles and Emily Bratek, Youth Group Leaders and Previous "Beyond" Group Participants, Wekiva Presbyterian Church, Longwood

I-G MISSIONAL DISCIPLESHIP

At the heart of Christianity is incarnation, Word made flesh. How do we make our faith fleshy? How do we move it out of ourselves and in to the world, both transforming ourselves and inspiring others.

Leader: Rev. Katy Steinberg, Founding Pastor of the Missing Peace, Ormond Beach

I-H TURNING AN IDEA INTO A LEARNING EXPERIENCE

You've gotten a great idea for a lesson for a class or small group in your church, but now you have to figure out how to transform the idea into a learning experience. You'll receive a handout with a basic format to use in creating a lesson plan; ideas about utilizing resources available on-line; and thoughts on "re-vamping" existing curriculum lesson plans. Bring an idea and get ready to turn it into a lesson you can lead when you return to your church.

Leader: Dr. Cheryl Carson, Associate Executive Presbyter, Central Florida Presbytery

FISHWORKSHOPS

SESSION II: 11:00 a.m. – 12:15 p.m.

II-A ADVANCE DIRECTIVES: EDUCATING ON MAKING END-OF-LIFE DECISIONS

Making end-of-life choices isn't easy, but it is our right and responsibility to do so. It is your last gift to your family and loved ones so they don't have to second guess what those decisions would have been. This workshop will help equip you to start the conversation and make decisions about care and treatment you want if you reach the point where you can no longer speak for yourself. Those who would most benefit from this workshop are Ministers, Caregivers, Faith Community Nurses, those working in Stephen Ministry and Lay People who volunteer in Older Adult Ministries.

Leader: Anne Adams, Advance Directives Coordinator

II-B WORKING WITH CHILDREN WHO'VE SUFFERED TRAUMA

What if the kids in your ministry aren't just acting out? What if they are in survival mode? Children from "hard places" have difficulties trusting those adults around them and this often results in difficult behaviors. Understanding that a child could be acting out because of fear rather than willful disobedience can change your perception of the behavior. Knowing how to communicate and build trust with a child that has suffered trauma can give you the tools you need to create a healthy environment for all kids that are involved in your ministry.

Leader: Rebecca Gonzalez, Director of Children's Ministry, Lighthouse Christ Presbyterian Church, Ormond Beach

II-C ROCKIN' TODDLERS

Participants will learn to design and implement a music class at their church for Toddlers.

Leader: Cindy Teetzel, Director of Christian Education, Markham Woods Presbyterian Church, Lake Mary

II-D EDUCATION TECHNIQUES FOR FAITH FORMATION

As many congregations are planning for Christian faith formation, we are being led to address more than *what* and *when* to do programmatically. We must also determine how we will carry out Christian faith formation. At our church, our CE Committee and interested members of our congregation spent time identifying beginning behaviors, practices, values desired in the lives of community of faith members. We also investigated educational approaches – techniques – that were congruent with those outcomes. This panel will provide an overview of several approaches from *Planning for Christian Education Formation – A Community of Faith Approach* by Galindo and Canady followed by panelists sharing specific activities that have been used for Christian faith formation - intergenerational education and confirmation mentoring.

Leaders: Tiffany Goggans, Director of Christian Education; DeLena Koontz, Christian Educator and Parent of Recent Confirmand; and Panel Moderator Judith Ramsey, Christian Education Leadership Team Ruling Elder, Oakland Presbyterian Church

II-E POSITIVE LEADERSHIP WITH ADOLESCENTS

This workshop will apply recent principles of positive psychology and leadership to the important task of youth/adolescent ministry. Topics that will be covered include servant leadership, useful conversations, the PERMA model of well-being, adolescent happiness, explanatory styles, grit or perseverance, mindsets, motivation, and the three “ships” of youth ministry. The presenter will also include examples from teaching middle and high school Sunday school classes for twenty years and serving as an adult leader on eleven high school mission trips.

Leaders: Dr. Scott Wesley, Ruling Elder, Wekiva Presbyterian Church, Longwood

II-F CROSS-FIT WORSHIPING COMMUNITY

This workshop is going to include two components: (1) the story of how this CrossFit ministry started; how we are able to reach people we might not usually reach by being in a traditional church context; and the benefits and challenges from sharing the Good News in a non-traditional setting, and (2) more general information about how to start your own worshiping community.

Leader: Danny Demoraes, Director of Ministry, Presbyterian Church of the Lakes, Orlando, and Candidate Under Care of Central Florida Presbyter

II-G COMMUNITY PARTNERSHIP AND FAITH FORMATION

God calls us to take church beyond our walls. How can our faith communities become a place where we learn, practice together and then go out? Transformative faith formation occurs when the gospel message becomes who we are and how our community sees us. This workshop will explore ways that faith formation is strengthened when we serve together as a faith community and form strong community partnerships. There will be concrete examples of intergenerational faith formation experiences that churches of all sizes can engage in.

Leader: Stephanie Fritz, Associate Coordinator for Christian Formation, Presbyterian Mission Agency

II-H IMPROV: IT'S NOT JUST MAKING IT UP AS WE GO

We usually associate “improv” with funny people doing unexpected things on stages or screens. The funnier truth is that most of us are improvising regularly. Using MaryAnn McKibben Dana’s book *Art, Improv and the Act of Living* as the jumping off point, we’ll explore the intersections of faith, resilience and improvisation in our everyday lives. Expect an interactive session, including an **easy** improv game or two. Reading the book ahead of time will be helpful, but isn’t required (chances are you’ll want it after, though).

Leader: Rev. Laura Viau, Transitional Minister, First Presbyterian Church, Titusville

LUNCH AND LEARN

12:15 – 1:30 p.m.

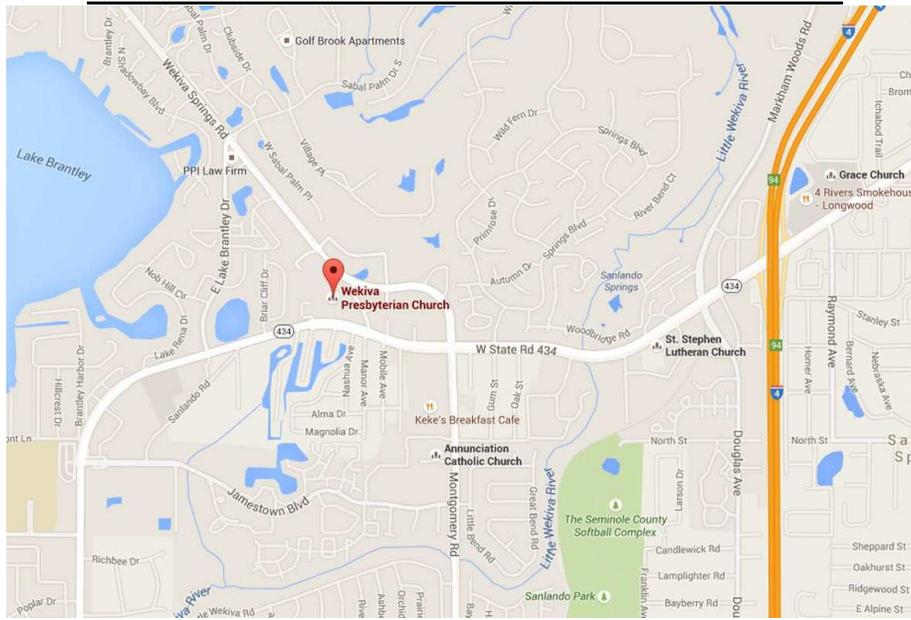


Special Guest: Stephanie Fritz
Associate Coordinator for Christian Formation,
Presbyterian Mission Agency

Re-Imagining Sunday School

Faith formation across a lifetime happens in the classroom, on retreats and mission trips, in worship, in the community and in our homes. How can we begin to be intentional about all these opportunities to support faith formation? How can we enhance our Sunday school programs and still lift-up other programs and opportunities for faith formation? This lunch presentation will include different models for Sunday school and explore how we form faith in other areas of our church life.

DIRECTIONS TO WEKIVA PRESBYTERIAN CHURCH



Driving south on Wekiva Springs Road, turn right at Wekiva Springs Lane. This is a short side road cutting between Wekiva Springs Rd. and the Albertson's Shopping Center located on Route 434. Then turn right into the church parking lot.

Driving west on Route 434, continue past Wekiva Springs Road and the shopping center. You can turn right at the traffic light (marked by a 7-Eleven on the corner) at Wekiva Springs Lane. Just past the 7-Eleven, turn left into the church parking lot.

Driving east on Route 434, drive thru the traffic light at E. Lake Brantley Road and look for the Nation's Banks on the left. Turn left into the bank parking lot. A short driveway connects the bank with the church parking lot.

FISH REGISTRATION FORM

Complete Registration Packet is available online: <http://www.cfpresbytery.org/equip.html>

Saturday, August 24, 2019

8:30 a.m. – 12:15 p.m.

Wekiva Presbyterian Church

211 Wekiva Springs Lane, Longwood, FL

NAME _____

STREET _____

CITY/ZIP _____

EMAIL _____

PHONE _____

CHURCH _____

Special Needs:

_____ Handicapped Accessible

_____ Vegetarian

_____ Other _____

Childcare: _____ Yes _____ No
Infant-Kindergarten only.

Please pack a lunch for your child/children.

Child(ren)'s Name(s) & Age(s):

Childcare Requests

Must Be Received by August 16th

COST (w/o lunch): \$7

COST (with lunch): \$14

PLEASE REGISTER BY:

Friday, August 16, 2019

CHECKS PAYABLE TO:

Central Florida Presbytery

MAIL TO:

Central Florida Presbytery

Attn: Cheryl Carson

924 N. Magnolia Ave., Suite 100

Orlando, FL 32803

Please indicate below one workshop choice for Sessions I and II.

Session I: 9:15 - 10:30 a.m.

- _____ I-A Grandparenting for Faith: Mine, Yours, Ours
- _____ I-B When 'Consider the Lilies' Isn't Working: Anxiety and the Life of Faith
- _____ I-C Teach Me That I May Teach
- _____ I-D Special Time with Children in Worship
- _____ I-E Choosing Curriculum That Fits!
- _____ I-F Reaching Beyond
- _____ I-G Missional Discipleship
- _____ I-H Turning an Idea Into a Learning Experience

Session II: 11:00 a.m. – 12:15 p.m.

- _____ II-A Advance Directives: Educating on Making End of Life Decisions
- _____ II-B Working with Children Who've Suffered Trauma
- _____ II-C Rockin' Toddlers
- _____ II-D Education Techniques for Faith Formation
- _____ II-E Positive Leadership with Adolescents
- _____ II-F Cross-Fit Worshipping Community
- _____ II-G Community Partnership and Faith Formation
- _____ II-H Improv: It's NOT Just Making it Up As We Go

Lunch & Learn: 12:15 – 1:30 p.m.

With Stephanie Fritz

- _____ Yes, I plan to attend "Re-Imagining Sunday School" (\$7.00 extra cost for lunch)

Questions? Contact Cheryl Carson at:

ccarson@cfpresbytery.org

Register: on-line at <http://www.cfpresbytery.org/equip.html>; or fax form to (407) 422-7128; or mail the registration form and fee payable to Central Florida Presbytery, Attn: Cheryl Carson, 924 N. Magnolia Avenue, Ste. 100, Orlando, FL 32803