



Breckland Parishes Faith Academy



**Catholic Education in  
Philosophy and Theology for Everybody**

*October 2021 to June 2022 Programme*

A series of monthly talks on human formation and the Catholic Faith

*Adoration at 7.00 pm, Talk at 7.30 pm*

St. Thomas of Canterbury Church

Brandon

and live-streamed

**October 21st 2021:** “Finding Happiness” *What is happiness, exactly? Does it have a divine dimension? Philosophy and the natural and social sciences are providing interesting answers.*

**November 18th 2021:** “Understanding Your Temperament” *How an Ancient Theory of Personality Can Foster Humble Self-awareness and Genuine Love of Others*

**December 16th 2021:** “Positive Psychology and the Science of Virtue” *A new domain in the field of psychology has discovered what the Church knew all along!*

**January 20th 2022:** “Theology of the Body” - a Six-part series on Education for Love. *What does it mean to be male and female? How does this shape our identity and destiny? This series will explore the meaning of love, sex and procreation from a philosophical, theological and scriptural perspective. Part I: What is a human person?*

**February 24th 2022:** Theology of the Body, Part II: Genesis, The Song of Songs, Adam and Eve, Lust, Shame and Modesty

**March 24th 2022:** Theology of the Body, Part III: The Effects of the Fall, the meaning of Femininity

**April 28th 2022:** Theology of the Body, Part IV: Courtship, Marriage, Love and Fruitfulness

**May 19th 2022:** Theology of the Body, Part V: Artificial Contraception and Fertility Regulation

**June 16th 2022:** Theology of the Body, Part VI: Special Topic - The Transgender Movement