



# The Parish Newsletter

*"Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit". Mt. 28:19*

**Sunday June 28 – Sunday July 5 2020**

**Public celebration of Mass** Fr Luke writes: "From next weekend, the government will allow for public worship (albeit heavily restricted) to resume in our churches. This is a joyous moment but one that will demand a lot of work, care, and attention for it to happen safely. The Bishops of England and Wales have issued strict guidelines as to how public Mass, Weddings and Funerals can now take place in our churches. Although many of us will be looking forward to returning to Mass we should remember **that this is far from a return to normal**. Significant steps and restrictions will be in place which will mean that we will still have to think very differently about how we attend Mass in the coming weeks and months:

- Social distancing allows for "1m Plus" meaning that individuals and households will need to be a minimum of 1m away from other people and households at all times.
- The number of people who can attend Mass at any one time is restricted by our buildings and the need for social distancing. This means that currently up to 29 people can attend St Thomas' at any one time. St John's is larger building and at time of writing I have not measured and re-arranged the seating but it will be around 30-40 who safely attend St John's (Please see booking system on page 3)
- To ensure that there is adequate space people will need to book a seat for Mass, if you just turn up you will only be allowed to enter if there is space.
- **Face Masks will need to be worn by the congregation at all times** (removed at the moment of Communion) Please bring your own if possible (a small number will be available on the door)
- Holy Communion will only be given under one kind and in the hand
- No singing, no bidding prayers, no offertory, and only a brief homily will take place to enable the time that people are gathered to be as reverent but as brief as possible.
- For Mildenhall: Apart from Fr Luke, all people, without exception, are to use the front door of the Church (not the sacristy door)
- The churches are to be disinfected after and every celebration of Mass (Volunteers needed please; PPE provided)
- People will need to arrive for Mass just before it starts and leave immediately afterwards, no teas and coffee or social gatherings

These are compulsory national guidelines, I know they are not easy (believe me I have spent along time trying to get my head around them!) so please be patient, and help each other stay safe as we strive to move forward together as a worshipping community."

## PARISH CONTACTS

**Parish Priest:** Rev Luke Goymour

**Presbytery:** 18 Stuart Close, Brandon  
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**Newsletter** [facaple@gmail.com](mailto:facaple@gmail.com)

**Parish Website:** [www.stthomas-stjohnparish.com](http://www.stthomas-stjohnparish.com)

**Our Churches**

**St Thomas',** Brandon Road, Weeting,  
Brandon. IP27 OPT

**St John's,** St John's Close, Mildenhall IP28 7NX



# Notices

If you have information you want to appear in the Newsletter, please send to [facaple@gmail.com](mailto:facaple@gmail.com) by 12 noon on Wednesday.

**Fr Luke needs your help!** With the return of public Masses next weekend, both churches need to be cleaned after every Mass. Stewards are also needed for both churches to help with seating and moving around the church for Holy Communion. Please do volunteer (we cannot do this without you) to help by cleaning or stewarding. Special disinfectant spray has been ordered so cleaning between Masses will only really entail spraying seats and surfaces and wiping door handles. (PPE can be provided)

**Altar Servers:** whilst restrictions are in place no Altar servers are allowed at this time.

**Can't find Mass on Facebook? Don't worry you can now just visit our website!**

The Facebook live-stream is now integrated with our parish website, **this means you can simply go to the parish website and see the live stream.**

The video will appear in a screen below the main logo. (on some devices it can take up to a minute to connect) If it doesn't appear after a few minutes refresh the page. For those of you who are using Facebook and commenting please continue to do so as you can only interact with the page through Facebook.

## Remember the Food Bank

Food banks across the country have reported a significant drop in food contributions at a time when the number of people using them has grown significantly. Please remember **our Food Bank** when you shop!

## Our Virtual Parish: Faith for Our Times

**Wednesdays at 7:30 pm**

Each Wednesday Fr Luke will be giving talks on aspects of our faith. These talks will be streamed live via Facebook **and** our website: [www.facebook.com/bmrcparish/live](http://www.facebook.com/bmrcparish/live) [stthomas-stjohnparish.com/](http://stthomas-stjohnparish.com/)

There will also be a time of Q & A where Questions can be submitted during the live feed via the comment sections and phone via the Presbytery. Missed a talk? The full series is available to 'watch again' via both our parish website and Facebook. Simply go to <https://stthomas-stjohnparish.com/> and click on the 'faith talks' tab at the top menu.

Topics covered thus far:

- Faith and Reason (Science and Faith)
- Genesis, Evolution and the Big Bang!
- The Resurrection in scripture and Tradition
- The Eucharist: Real Presence
- The Eucharist: Source and Summit
- The Eucharist: Meal and Sacrifice

## Need a Gardener or a Cleaner?

Two Brandon parishioners are offering gardening and cleaning services, interested? Contact Fr Luke and he will put you in contact with them.

## Feeling Isolated? struggling with the coronavirus and social distancing measures? Scared? Need to talk? Struggling to get shopping or basic groceries?

Pick up the phone! your parish is your family and we are here for you, in the first instance feel free to call Fr Luke on 01842 812200 and he will do his best to help you, support you and put you in contact with others who may be able to help. If you don't get an answer leave a message and your number (Clearly) and he will get back to you.

***We may be socially isolating -but we are not on our own!***

## CORONAVIRUS PRAYER

### Your loving care

Lord Jesus,  
when you walked with us on earth  
you spread your healing power.  
We place in your loving care  
all who are affected by Coronavirus.  
Keep us strong in faith, hope and love.  
Bring relief to our sick,  
console our bereaved,  
protect those who care for us.  
We lift our prayer to you Lord,  
and trust in your infinite mercy,  
as we wait for the daybreak.

Amen

Source: CAFOD

For more CAFOD Prayers, go to

<https://cafod.org.uk/Pray/Prayer-resources>

## Booking for Mass:

To comply with social distancing guidelines only a restricted amount of people will be able to attend Mass at any one time. **Masses will continue to be streamed from our churches during this time to enable those who cannot come to still participate.** The obligation to attend Mass on a Sunday continues to be dispensed with so please consider making a Weekday Mass your 'weekly Mass instead. For the time being attending Mass will look like this:

**From 1pm on Wednesday afternoon** you will be able to reserve a seat for you and your household at any of the Masses for the upcoming weekend or week. Masses will be celebrated: Sun 9 am Mildenhall, Sun 11 am Brandon, and then 10 am Tuesday-Friday. Tues and Thurs at Mildenhall and Wed and Fri at Brandon. Masses at Mildenhall will take place in the main Church only so that a safe distance can be ensured, this will also enable more people to attend during the week.

To book for you and your household please phone **Fr Luke at the presbytery from 1pm on Wednesdays – (and no later than 7pm please)** or email the parish email. (Phone is best) **Please do not leave a message to book a Mass. You must either speak to me or have an email from me to confirm your seat at Mass.**

Up to two families of four can be accommodated to sit together at any one Mass. I will try and place couples together, but in some cases, you may need to sit separately. I will make myself available each Wednesday afternoon to take bookings, of course you can try and book after Wednesday but for now I will be allocating seats on a first come – first served basis. **Please note that I will not take bookings before 1pm on Wednesday each week.** You will be allowed to book attendance at one Sunday Mass (and possibly one weekday Mass, depending on numbers) If I cannot give you the Mass you would like you will be offered a space at the next available Mass.

I know this all sounds very draconian, but it's the fairest way I can think of doing this – I hate this as much as anyone, but at least, please God we can come together, pray, worship and receive the Eucharist.

Please continue to pray for each other and pray for me as we continue to navigate this strange time as parish – **Fr Luke.** (01842 812200 [bmrparishpriest@outlook.com](mailto:bmrparishpriest@outlook.com))

### *IN OUR THOUGHTS AND PRAYERS*

*Father of goodness and love, hear our prayers for the sick members of our community... and all those in our intercession books.*

*Marion Arkell, Frederick Clifford, Stephen Delahuntey, Mary Gillen, Darren Francis, Michael Murray, Sue Parsons, Michael Rooney, Bob Rider, Lou & Barb, and all suffering from the COVID-19 disease.*

*May the souls of all the departed, through the mercy of God, rest in peace, especially:*

*Edward Adams, Charles Aldrich, Gill Aldrech, Ian Allen, Eileen Armour, Patryk Borzuta, Sonia Buonocore, Catherine Bruce, Veronica Clifford, Thomas Cobbett, David Dallimore, Philip Dean,, Connie Doyle, Bernard English, Howard Fears, Mary Philomena Fortune, Egilda Rosina Gooch, Patricia Hardy, Queenie Harwood, George House, Bridhe Heron, Irene Human, Chester (Czestaw) Jureko, Julian Jureko, Violet Jureko,, Greg Kane, Edna Lovell, Joyce Lyons, Margaret McCloud, Mary Molloy, Herbert Moore, Brendan Neville, Bridie O'Brien, Anna O'Grady, Natalia Patynska, George Pearson, Ian Pearson, Beverley Pierce, Kenneth Pullen, Patricia Townsend, Linda Richmond, Peter Seekings-Foster, Paulo Silva, Christopher Patrick Tuohy, Liam Wales , John (Jack) Wiswell, Philomena Wiswell and all victims of COVID-19.*

**AMEN**

## **LISTEN TO HOMILIES AS A PODCAST!**

Fr Luke's homilies are loaded up shortly after the Sunday they are preached:

- visit <https://anchorfm/fr-luke-goymour/> or search on Spotify, Google, Apple or other major platforms.

# Keeping the Parish Going

Thank you all for helping to keep the parish going, your generosity means we are surviving as a parish. Although we return to public Masses next weekend, **we will not be able to take a collection at Mass**, so we still rely on your giving:

Please consider how you can donate at least equal to your normal giving. Here's how you can do this:

1. By Standing Order or Direct Debit. Details of the parish's bank account are: -
  - a. Bank Name: Lloyds Bank plc
  - b. Bank Address: Thetford (309858) Branch
  - c. Sort Code: 30-98-58
  - d. Account Number: 00489176
2. By making a transfer from your bank account to the parish's, using the details above.
3. By sending a cheque to the parish made out to Brandon & Mildenhall RC Parish.

**Please do not send cash**

We suggest that you arrange these payments on a **monthly** basis, starting on the first Monday of each month.

THANK YOU for helping to keep the parish going.

Philip Kemp

Parish Treasurer

## PARISH DIARY – THIRTEENTH WEEK OF THE YEAR

13 <sup>th</sup> Week of YR A, Psalter 1	Feast	Time, Place, Service <a href="http://www.facebook.com/bmrcparish/live">www.facebook.com/bmrcparish/live</a> and <a href="https://stthomas-stjohnparish.com/">https://stthomas-stjohnparish.com/</a>	Mass Intention/Details
Sunday 28 <sup>th</sup> June	SAINTS PETER AND PAUL THIRTEENTH SUNDAY IN ORDINARY TIME	11 AM Mass via Internet	<i>People of the Parish</i>
Monday 29 <sup>nd</sup> June	FERIA	10: AM Mass via internet	<i>Fr Chris Brooks Int.</i>
Tuesday 30 <sup>rd</sup> June	FERIA	10 AM Mass via Internet	<i>COLW Int</i>
Wednesday 1 <sup>st</sup> July	FERIA	10 AM Mass via Internet 7:30 PM Faith Talk	<i>Philomena Wiswell RIP</i>
Thursday 2 <sup>nd</sup> July	FERIA	10 AM Mass via Internet	<i>Bob and Mary Rider and family Int.</i>
Friday 3 <sup>rd</sup> July	ST THOMAS, APOSTLE	10 AM Mass via internet	<i>Fr Chris Brooks Int.</i>
Saturday 4 <sup>th</sup> July	FERIA	10 AM Mass via Internet	<i>Gaynor Fisher Int.</i>
Sunday 5 <sup>th</sup> July	14 <sup>TH</sup> SUNDAY IN ORDINARY TIME	9:00 am Mildenhall 11:00 am Brandon (and Internet)	<i>People of the Parish</i>

**N.B.** Mass is celebrated in Fr Luke's Chapel and is available to view and follow online live at:

[www.facebook.com/bmrcparish/live](http://www.facebook.com/bmrcparish/live) and <https://stthomas-stjohnparish.com/>