



5431 Montgomery Road, Midlothian, Texas 76065 * 972-775-8966
pawsforreflectionranch@att.net

CLIENT INTAKE FORM

Name _____ Date of 1st Appointment _____ Therapist: _____
Date of Birth _____ Age _____ Gender: Male _____ Female _____

MEDICAL HISTORY

Name of Primary Care Physician: _____

Physician's Address: _____ Physician's Phone: _____

I may need to interact with your primary care physician to coordinate care. Do you give me consent to discuss your care with the above named doctor? (Circle One) **YES NO**

Please sign here for either answer: _____

Date of last medical evaluation: _____ Date of next appointment: _____

Current medications being taken:

1) _____	Dosage/Freq _____	Start Date _____	Purpose _____
2) _____	Dosage/Freq _____	Start Date _____	Purpose _____
3) _____	Dosage/Freq _____	Start Date _____	Purpose _____

Prescribed by: _____

Has the client ever been hospitalized for medical or psychiatric reasons? (Circle one) **YES NO**
Hospital _____ Mo/Yr _____ Reason _____

Does the client use recreational drugs? (Circle One) **YES NO** If no, has the client used in the past? (Circle One) **YES NO**

If yes, when did the client stop? _____

Type of Drug	How much	How often
_____	_____	_____
_____	_____	_____

Does the client drink alcohol? (Circle One) **YES NO** If no, did the client drink previously? (Circle one) **YES NO**

Type of Alcohol	How much	How often
_____	_____	_____
_____	_____	_____

Does the client smoke cigarettes? (Circle One) **YES NO**

Does the client use other forms of tobacco? (Circle One) **YES NO** If yes, what kind? _____

Describe any important medical history, chronic ailments, or other health problems the client experiences:

Describe any health problems or important medical history about the client's immediate family members and relatives, including chronic ailments: _____

Describe any mental health concerns of the client's close relatives: _____

SCHOOL / WORK HISTORY

Describe any current or past developmental, academic or behavioral problems _____

What was the last year of school the client completed? _____ If the client did not complete high school, please explain: _____

What school does the client currently attend? _____ Is the client homeschooled? (Circle One) **YES NO**

Please list schools: (1) currently attending, (2) last attended, (3) graduated:

(1) School(s) _____ Year(s) _____

(2) School(s) _____ Year(s) _____

(3) School(s) _____ Year(s) _____

Current occupation: _____

Describe occupation/work influence in client's life: _____

FAMILY HISTORY

Please check all information which applies to the client's biological parents:

MOTHER

____ living
____ deceased
____ married
____ divorced
____ remarried ____ # of times

FATHER

____ living
____ deceased
____ married
____ divorced
____ remarried ____ # of times

List all who live with client: _____

List any person that client consider to be a parent (step-parent, grandparent, etc.): _____

List any custody and/or visitation orders in place with the client: _____

Have current custody/guardianship/conservatorship paperwork been provided to your provider? **YES NO**

List where client's parents live: Mother _____ Father _____

Describe the relationship with the client's mother:

Currently: _____

In the past: _____

Describe the relationship with the client's father:

Currently: _____

In the past: _____

List first names and ages of brothers & sisters, and others living in the home, including the client:

Name	Age	Relationship (natural, step, half, etc.)
_____	_____	_____
_____	_____	_____
_____	_____	_____

Describe any alcohol/drug use in the home with which client was raised (include dates): _____

Describe any sexual/physical/emotional abuse in the home with which client was raised (include dates): _____

MARITAL HISTORY (of Client if an adult and of Parent of Client if a minor)

Marital status: ☐ Single/never married ☐ Married ☐ Separated ☐ Divorced ☐ Widowed ☐ Living w/someone

If currently married, when was the client married? _____ If living w/someone, how long? _____

Please list any children of Client:

Name	Age	Relationship (biological/step)	Lives with
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

MENTAL HEALTH HISTORY

Please check any of the following that describe all that apply to client:

☐ sad ☐ anxious ☐ depressed ☐ frightened ☐ guilty ☐ angry ☐ ashamed ☐ aggressive ☐ resentful
☐ worthless ☐ tearful ☐ irritable ☐ confused ☐ mood swings ☐ aggressive ☐ hopeless ☐ compulsive

Other: _____

Please check any of the following risk-taking behaviors that apply to client:

☐ speeding ☐ gang involvement ☐ skipping school ☐ dropping out ☐ dangerous dieting ☐ cutting
☐ stealing ☐ unprotected sex ☐ running away ☐ bullying ☐ fire starting ☐ hurting animals
☐ restricted food intake ☐ over-exercising ☐ over-spending ☐ pornography ☐ gambling ☐ selling drugs

Other: _____

Please check all currently or previously used: ☐ beer ☐ wine ☐ liquor ☐ pot ☐ cocaine ☐ other _____

List activities, hobbies, interests of the client: _____

Describe client's support network: _____

Describe client's spirituality influence: _____

Describe culture influence: _____

Describe the client's exercise routine: _____

Describe the client's sleep patterns: _____

Check all challenge areas: ☐ falling asleep ☐ staying asleep ☐ waking up ☐ bedwetting ☐ taking naps

Describe client's eating habits: _____

Client's sexual identification: _____ Client's preferred pronouns: _____

Has the client ever **considered suicide** in connection to their **current** problems? (Circle One) **YES NO**

Describe with dates: _____

Has the client **considered suicide** in the **past**? (Circle One) **YES NO**

Describe with dates: _____

Has the client **attempted suicide recently** or in the **past**? (Circle One) **YES NO**

Describe with dates: _____

Has the client had any **homicidal thoughts recently** or in regard to their **current** problem? (Circle One) **YES NO**

Describe with dates: _____

Has the client ever **considered homicide** in the **past**? (Circle One) **YES NO**

Describe with dates: _____

Include any other **safety** related information: _____

LEVEL OF FUNCTIONING

List or describe any current challenges or problems in daily psychological, social or occupational functioning (i.e. isolation from friends/family, significant difficulty getting to work or completing daily tasks, severe financial strain, recent divorce, and problems with supervisor, etc.): _____

THOUGHTS: Please check any of the following that apply.

The client...

- ____ sometimes hears voices even though no one nearby is talking
____ sometimes feels that there are external forces controlling them
____ sometimes feels that other people control their thoughts
____ sometimes has the same thought over and over and cannot control it
____ sometimes feels that someone is out to hurt them or do something against them
____ sometimes unable to control behavior

Please explain: _____

List any other information regarding the client or the client's family that you would like the therapist to know? You may also use this space to complete earlier responses. _____

List the reason seeking therapy services: _____

List the client's strengths:

- 1) _____

2) _____

3) _____

Other: _____

List the client's therapy goals:

- 1) _____

2) _____

3) _____

Other: _____

THANK YOU!