

## **Order Form**

Please provide your order and details below. When complete, please confirm by sending to: <a href="mailto:ElsinoreMushrooms@gmail.com">ElsinoreMushrooms@gmail.com</a>. Please allow at least 4 weeks to prepare your order. Thank you for supporting your local farmers.

| Type of Mushroom |                           | Quantity (lbs) | Price     | Bulk Price   | Sub-Total |
|------------------|---------------------------|----------------|-----------|--------------|-----------|
| Pioppino         | Agrocybe aegerita         |                | x \$27/lb | x \$24.50/lb |           |
| Lion's Mane      | Hericium erinaceus        |                | x \$29/lb | x \$26.30/lb |           |
| Beech (Shimeji)  | Hypsizygus tessellatus    |                | x \$29/lb | x \$26.30/lb |           |
| Shiitake         | Lentinula edodes          |                | x \$29/lb | x \$26.30/lb |           |
| Chestnut         | Pholiota adiposa          |                | x \$27/lb | x \$24.50/lb |           |
| Golden Oyster    | Pleurotus citrinopileatus |                | x \$27/lb | x \$24.50/lb |           |
| Pink Oyster      | Pleurotus djamor          |                | x \$25/lb | x \$22.70/lb |           |
| King Oyster      | Pleurotus eryngii         |                | x \$29/lb | x \$26.30/lb |           |
| Italian Oyster   | Pleurotus pulmonarius     |                | x \$25/lb | x \$22.70/lb |           |
| Blue Oyster      | Pleurotus ostreatus       |                | x \$25/lb | x \$22.70/lb |           |
| Total due at Tim | e of Order                |                |           |              |           |

| Additional Comments or Requests: |                          |  |  |  |  |  |
|----------------------------------|--------------------------|--|--|--|--|--|
|                                  |                          |  |  |  |  |  |
| Customer Name:                   | Delivery / Pick-Up Date: |  |  |  |  |  |
| Phone:                           | Time:                    |  |  |  |  |  |
| Email:                           | Name:                    |  |  |  |  |  |
| Today's Date:                    | Signature:               |  |  |  |  |  |



# **Catalog**

Below is a list of mushrooms that we are currently growing, including some information about each species. The longer you cook the mushrooms, the better in flavor. The key is to keep cooking it until it has a golden to a deep brown color.

\*Note that **fruiting time** refers to the amount of time for a grow block to produce the mushrooms after colonization and incubation.

The **total production time** indicates the amount of time from sterilization, inoculation, incubation, colonization, fruiting, and harvest.

| Pioppino Agrocybe aegerita                     | Flavor: mild nutty flavor  Texture: crunchy stems, delicate caps  Preparation: cooked, baked, pickled, baked, battered & fried  Suggested Dishes: risotto (rice dishes), soups, other meat dishes  Fruiting Time: 1 week  Total Production Time: 3 to 4 weeks           |
|--|---|
| Lion's Mane Hericium erinaceus                 | Flavor: mild seafood or egg-white flavor Texture: soft, fatty Preparation: cooked, baked, pickled, baked, battered & fried Suggested Dishes: main, pasta, soups, sandwiches, etc. Fruiting Time: 2 weeks Total Production Time: 5 to 6 weeks                            |
| <b>Beech</b> (Shimeji)  Hypsizygus tessellatus | Flavor: nutty, buttery flavor Texture: fatty, chewy Preparation: cooked, baked, pickled, baked, battered & fried Suggested Dishes: soups, rice dishes, pasta, pizza, stir fry, etc. Fruiting Time: 4 to 6 weeks Total Production Time: 8 to 10 weeks                    |
| Chestnut<br>Pholiota adiposa                   | Flavor: nutty, earthy flavor, mild peppery finish Texture: fatty, chewy Preparation: cooked, baked, pickled, baked, battered & fried Suggested Dishes: soups, rice dishes, pasta, pizza, stir fry, etc. Fruiting Time: 2 to 3 weeks Total Production Time: 4 to 6 weeks |



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Lentinula edodes



Flavor: earthy, umami

Texture: fatty, chewy

**Preparation:** cooked, baked, pickled, baked, battered & fried **Suggested Dishes:** main, salad, soups, pasta, pizza, stir fry, etc.

Fruiting Time: 10 to 14 days

Total Production Time: 8 to 10 weeks

### **Golden Oyster**

Pleurotus citrinopileatus



Flavor: mild earthy, nutty, chicken

**Texture:** meaty, chewy

**Preparation:** cooked, baked, pickled, baked, battered & fried **Suggested Dishes:** main, salad, soups, pasta, pizza, stir fry, etc.

Fruiting Time: 5 to 7 days

Total Production Time: 3 to 4 weeks

### Pink Oyster

Pleurotus djamor



Flavor: smokey chicken
Texture: meaty, chewy

**Preparation:** cooked, baked, pickled, baked, battered & fried **Suggested Dishes:** main, salad, soups, pasta, pizza, stir fry, etc.

Fruiting Time: 5 to 7 days

Total Production Time: 3 to 4 weeks

#### **King Oyster**

Pleurotus eryngii



**Flavor:** pork, chicken (depending on how your cook them)

Texture: fatty, chewy

Preparation: cooked, baked, breaded and fried

Suggested Dishes: main, bbg'd, "scallops," "pulled pork"

Fruiting Time: 2 to 3 weeks

Total Production Time: 5 to 6 weeks

#### Italian Oyster

Pleurotus pulmonarius



Flavor: sweet, nutty, chicken

**Texture:** meaty, chewy

**Preparation:** cooked, baked, pickled, baked, battered & fried **Suggested Dishes:** main, salad, soups, pasta, pizza, stir fry, etc.

Fruiting Time: 5 to 7 days

Total Production Time: 3 to 4 weeks



**Blue Oyster**Pleurotus ostreatus



Flavor: mild chicken

Texture: meaty, chewy

**Preparation:** cooked, baked, pickled, baked, battered & fried **Suggested Dishes:** main, salad, soups, pasta, pizza, stir fry, etc.

Fruiting Time: 7 to 10 days

Total Production Time: 3 to 4 weeks

\* Oyster mushrooms, when undercooked, have a chewy texture. When sauteed longer, they can become crispy. Oyster mushrooms have a high protein content, B vitamins and essential amino acids. Its medicinal benefits include promoting anti-tumor activity and lowering high cholesterol.

\* Lion's Mane mushrooms can be prepared many different ways. They're famously known for their neurological benefits, not only helping with clarity, memory, focus, depression, and anxiety, but also helping to prevent Alzheimers, Parkinson's disease, and dementia.

All of our products are grown with a gluten-free substrate or growing medium to eliminate gluten cross-contamination in our final product.

For more information on their health benefits, please check out our brochure or website: ElsinoreMushrooms.com