

## **National Bowenwork Certification Requirements**

### **Level I Professional Bowenwork Practitioner Certification**

Certification as a Level I Professional Bowenwork Practitioner is awarded after all required coursework, hands-on training, and certification requirements have been successfully completed.

Each module within the core curriculum includes:

- Demonstrations of all procedures
- Extensive supervised hands-on practice
- Review of previously taught procedures
- Written assessments and group discussions

Students also receive instructions in:

- Anatomical landmarks and precise move locations
- Proper client and practitioner positioning for comfort and safety
- Indications and contraindications
- Appropriate draping procedures
- Pre-session intake questions
- Post-session self-care recommendations

Comprehensive training manuals are provided and include detailed notes, photographs, and anatomical diagrams to support learning and continued reference.

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### **Module Prerequisites & Scheduling Guidelines**

Modules must be completed in sequence and follow these recommended scheduling guidelines to allow adequate time for practice and skill development:

- Individual modules should be taken no closer together than one month apart.
- When taking paired modules (Modules 1 & 2, 3 & 4, or 5 & 6), students should wait at least two months before beginning the next pair.

All module classes are hands-on training courses designed to build practical confidence and professional competency.

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### **Administrative Fee**

A one-time \$95 administrative fee is collected on the first day of Module 1.

This fee includes:

- Student profile setup and maintenance on the Academy website
- Access to instructional videos covering learned procedures
- Digital copies of training manuals and handouts
- Monthly newsletters
- Ongoing support from the American Bowen Academy administration team

Following completion of Module 6, a \$50 annual renewal fee is due each year on the anniversary of the student's Module 1 class.

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### **Additional Required Training**

Additional coursework required for certification may be completed through the American Bowen Academy, transferred from previous education with transcript verification, or fulfilled through a combination of both.

#### **Required Additional Coursework**

- 120 hours — Anatomy & Physiology
  - 6 hours — Workplace Hygiene, Health & Safety
  - 20 hours — Business Skills
  - 8 hours — Ethics
  - Current CPR Certification
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### **Recommended Courses**

Students needing Anatomy & Physiology training may enroll in the online course facilitated by Nancy Pierson.

To enroll:

1. Visit the American Bowen Academy website
2. Select "Find a Class"
3. Choose "Anatomy & Physiology for Bowenworkers" from the pull-down menu

Students without a bodywork license are also encouraged to complete the recommended 60-hour Pathology course. This course may also be found under the "Find a Class" section on the American Bowen Academy website.

## Level I Certification Costs Optional Introductory Course Class

Bowenwork:

Introduction to Wellness in Your Hands	Hours	Cost	Comments
	4	\$95	Optional but highly recommended introductory course

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## Hands-On Bowenwork Modules

**Early registration pricing applies when tuition is paid at least 22 days before the first day of class.**

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Module	Hours	Early Tuition	Standard Tuition
Bowenwork Module 1	16	\$450	\$480
Bowenwork Module 2	16	\$450	\$480
Bowenwork Module 3	16	\$450	\$480
Bowenwork Module 4	16	\$450	\$480
Bowenwork Module 5	16	\$450	\$480
Bowenwork Module 6	16	\$450	\$480
Optional Review Day	8	\$180	Recommended after long breaks from training
Bowenwork Module 7	16	\$500	\$530

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## Module 7 Prerequisites

Prior to enrolling in Module 7, students must complete:

- Modules 1–6
- 50 documented logbook hours
- 10 completed case studies

Students returning after an extended break from training are encouraged to repeat a module at a 20% discounted tuition rate.

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## Other Required Training

Course	Hours	Tuition
Anatomy & Physiology	120	\$450
Business Skills	30	\$385
Ethics	8	\$ 95
Workplace Hygiene, Health & Safety	6	\$150
CPR Certification	Varies Location-based	

**Note:** CPR certification must be current and completed through an approved hands-on course.

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## Estimated Certification Totals

Estimated totals include all required classes and ABA home-study training.

Scenario	Estimated Total
Prior learning + early tuition	\$3,200
Prior learning + standard tuition	\$3,410
No prior learning + early tuition	\$4,280
No prior learning + standard tuition	\$4,490

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## Continuing Education Credits

Bowenwork classes may qualify for continuing education credits through:

- California Board of Registered Nursing
- National Certification Board for Therapeutic Massage and Bodywork