

Modules Required for National Bowenwork Certification

Certification as a Level-I Professional Bowenwork Practitioner occurs when all of the following requirements are met.

Every module in the core curriculum includes demonstrations of each procedure, extensive supervised hands-on practice, and a review of previously taught procedures, along with the following:

- Detailed explanation of anatomical landmarks and location of moves
- Explanation of client and practitioner positioning for comfort and safety
- Discussion of indications and contraindications, appropriate draping, pre-session intake questions, and post-session self-care advice
- Manuals with detailed notes, photographs, and anatomical diagrams
- Written assessments and group discussions

Prerequisites: The modules must be taken in sequence, following these timing guidelines: To provide enough time for practice, take single modules no closer together than one per month. Or, if taking pairs of modules (e.g., 1&2, 3&4, 5&6), wait at least two months between each pair and the next.

A \$95 administrative fee is collected on the first day of the Module 1 class. This fee covers the cost of adding and maintaining the student's profile on our website; then providing access to videos of the moves learned, digital copies of all training materials and handouts, monthly newsletters; and support from American Bowen Academy's administrator. After completing Module 6 a \$50 annual fee is due on the anniversary of the student's Module 1 class.

Overview of the Additional Required Classes Additional training needed to earn a certificate can consist of classes taken through the American Bowen Academy, credits transferred from previous learning-with transcript proof, or a combination of both. These additional requirements are:

120 hours of Anatomy and Physiology
6 hours of Workplace Hygiene, Health and Safety
20 hours of Business Skills
8 hours of Ethics
CPR Certification- current

- Students who need an anatomy and physiology class to become a Professional Bowenwork Practitioner can attend an online class facilitated by Nancy Pierson. To enroll, click on ([Find a Class](#)), and use the pull-down menu to select Anatomy and Physiology for Bowenworkers. ([Click here](#)) for a class description.
- In addition, the Academy recommends that students who do not have a bodywork license also take the 60-hour Pathology class. Click on ([Find a Class](#)) and use the pull-down menu to select Pathology. ([Click here](#)) for a class description.

(Reproduced from the ABA Website) The (Find a Class) places are found/accessible on the American Bowen Academy website

Level I Certification Costs

Certification as a Level-I Professional Bowenwork Practitioner occurs when all of the following requirements are met.

Class Name	Hours	Tuition or Fee	Comments
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Administration fee	n/a	\$95	Paid at Module 1, in addition to administrative support, this fee includes a one-year subscription to soft-copy issues of Bowen Hands and the Keeping in Touch monthly newsletter.
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(Optional)

Bowenwork: Introduction to Wellness in Your Hands	4	\$95	Optional, but highly recommended, introductory class
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HANDS-ON CLASSES	Paid early *	Not paid early *	
Bowenwork Module 1	16	\$450	\$480

Early means at least 22 days before the first day of class.
Modules 1–7 must be taken in sequence, with at least one month between modules taken one at a time, or at least two months between pairs of modules. All module classes are hands-on.

Bowenwork Module 2	16	\$450	\$480
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Bowenwork Module 3	16	\$450	\$480
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Bowenwork Module 4	16	\$450	\$480
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Bowenwork Module 5	16	\$450	\$480
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Bowenwork Module 6	16	\$450	\$480
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(Optional) Review Day	8	\$172	Optional, but recommended, especially after a long break from training
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Bowenwork Module 7	16	\$500	\$530
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Prerequisites for this assessment class are: completion of Modules 1–6; 50 logbook hours; 10 case studies

(Optional) repeat of any module class 20% discount 20% discount Optional, but recommended after a long break from training

OTHER REQUIRED TRAINING The tuitions and hours shown are for ABA's home-study classes. Subjects earned elsewhere require written proof (**transcripts**) or (transcript) of completion, whether recent or in the past.

Anatomy & Physiology	120	\$450	
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Business Skills	30	\$385	
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CPR certification	n/a	location based	
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Ethics	8	\$95	Any current approved hands-on CPR certification Must have been completed within the last 10 years
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Workplace Hygiene,			
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Health & Safety	6	\$150	
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Estimated totals — of required classes only, including all of the “other required trainings” through ABA’s home-study classes

Prior learning AND early tuition	\$3,200
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Prior learning and NO early tuition	\$3,410
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NO prior learning; paying early tuition	\$4,280
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No prior learning OR early tuition	\$4,490
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CLASS NAME, HOURS, TUITION OR FEE COMMENTS Estimated totals — of required classes only, including all of the “other required trainings” through ABA’s home-study classes

PARTNER CREDITS Bowenwork classes satisfy some of these organizations' continuing education requirements:

American Occupational Therapy Association

California Board of Registered Nursing

National Certification Board of Therapeutic Massage and Bodywork

Oregon Board of Naturopathic Medicine