## **Bowenwork Modules 1&2**

### **Combined**

# Learn the Baseline Foundation Moves for all of Bowen

Bowenwork is a gentle, effective, noninvasive touch therapy that stimulates the body's ability to heal itself. It can be done through clothing.

In this four-day hands-on learning class, you will begin to apply the foundation moves of Bowenwork to core areas of the body. You will **study**, **practice** on and in turn, **receive**- these Bowen moves:

- Basic Relaxation Moves 1,2,3 (BRM's)
- Kidney, Head,
- Respiratory, Shoulder,
- Hamstring and Cramp
- You will also learn Bowen history

Bowenwork is safe and appropriate for all — from infants to the elderly, from elite athletes to people with chronic conditions.

Learn the Foundation Bowen moves for your business and/or Explore if you want to become a practitioner!

\$900 if paid 22 days before class; \$960 thereafter Includes manuals with photos & anatomical illustrations. CEU's may apply for RN's, Massage.



#### **Maggie Ralls**

Professional Bowenwork Practitioner
SP1 & SP2 Certified
National Instructor Trainee

#### **BowenWorksMagic-Phoenix**

www.BowenworksMagic-Phoenix.com Maggie #602-616-0536

### Class = 4 days, 9a-6p

See our Class Schedule

\* CEU's may apply for RN's & Massage Therapists. Ask for details.

These 2 Modules are the first of 7 required to become a <u>Certified Practitioner!</u>

