

Leadership Martial Arts - Class Schedule

Red: Main Mat 1
Blue: Mat 2

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---------------------------|----------------------|---------------------------|---------------------------|----------------------------|---|
| Little Ninjas | | | | | | |
| Beginner Little Ninjas White Belt – Hi Yellow | 5:30p-6:00p | | 5:30p-6:00p | 5:45p-6:15p | | 10:00a-10:30a |
| Advanced Little Ninjas Orange Belt & Above | | | 5:30p-6:00p | | | 10:00a-10:30a Bring Sparring Gear |
| Youth & Adult Martial Arts | | | | | | |
| White Belt & Beginner White Belt – Yellow | 6:15p-7:00p | | 6:15p-7:00p | | | 10:45a-11:30a |
| Intermediate Hi Yellow – Green | | 5:30p-6:15p | 7:15p-8:00p | | | 10:45a-11:30a |
| Advanced Hi Green – Purple | | 5:30p-6:15p | | 6:15p-7:00p | 6:45p-7:30p | |
| Black Belt Prep & Black Belt Hi Purple – Black | 7:15p-8:00p | 6:30p-7:15p | | | 6:45p-7:30p | |
| Black Belt Held the last Friday of the month | | | | | 7:30p-8:30p | |
| Brazilian JiuJitsu | 7:15p-8:15p Gi/Uniform | 6:30a-7:30a No-Gi | 7:15p-8:15p Gi/Uniform | 6:30a-7:30a Gi/Uniform | 5:30p-6:30p Gi or No-Gi | 10:30a-11:30a Tech Drill & Roll Gi or No-Gi |
| | | 6:30p-7:30p No-Gi | | 7:15p-8:15p No-Gi | | |
| Youth JiuJitsu | 6:15p-7:00p Gi/Uniform | | 6:15p-7:00p Gi/Uniform | | | |
| Fighting Fitness | | | | 6:45p-7:30p | | 9:45a-10:30a |
| Specialty Classes | | | | | | |
| Test Prep & Stripe Held the Friday before testing | | | | | 7:30p-8:15p | |
| Leadership Team Held the 1 st Friday of the month | | | | | 7:30p-8:15p | |
| Open Mat Open when available | 8:15p-8:45p | 7:30p-8:00p | 8:15p-8:45p | | 7:30p-8:00p | |

Web: LeadershipMA.com



Phone: (704)LEADER1