## **Leadership Martial Arts - Class Schedule**

Red: Main Mat 1 Blue: Mat 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ninjas						
<b>Beginner Little Ninjas</b> White Belt – Hi Yellow	5:30p-6:00p		5:30p-6:00p	5:45p-6:15p		10:00a-10:30a
<b>Advanced Little Ninjas</b> Orange Belt & Above			5:30p-6:00p Bring Sparring Gear			10:00a-10:30a
Youth & Adult Martial Arts						
<b>White Belt &amp; Beginner</b> White Belt – Yellow	6:15p-7:00p		6:15p-7:00p			10:45a-11:30a
<b>Intermediate</b> Hi Yellow – Green		5:30p-6:15p	7:15p-8:00p			10:45a-11:30a
<b>Advanced</b> Hi Green – Purple		5:30p-6:15p		6:15p-7:00p	6:45p-7:30p	
<b>Black Belt Prep &amp; Black Belt</b> Hi Purple – Black	7:15p-8:00p	6:30p-7:15p			6:45p-7:30p	
<b>Black Belt</b> Held the last Friday of the month					7:30p-8:30p	
Adult Brazilian JiuJitsu	7:15p-8:15p Gi/Uniform	6:30p-7:30p No-Gi	7:15p-8:15p Gi/Uniform	7:15p-8:15p No-Gi	5:30p-6:30p Gi or No-Gi	
Youth JiuJitsu	6:15p-7:00p Gi/Uniform		6:15p-7:00p Gi/Uniform			
Fighting Fitness				6:45p-7:30p		9:45a-10:30a
Specialty Classes						
<b>Test Prep &amp; Stripe</b> Held the Friday before testing					7:30p-8:15p	
<b>Leadership Team</b> Held the 1st Friday of the month					7:30p-8:15p	
<b>Open Mat</b> Open when available	8:15p-8:45p	7:30p-8:00p	8:15p-8:45p		7:30p-8:00p	10:30a-11:30a

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