



## Modified Health Safety Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Little Ninjas</b>						
<b>Little Ninjas</b> All Ranks	5:15p-5:45p		5:15p-5:45p	5:30p-6:00p		10:15a-10:45a
<b>Youth &amp; Adult Martial Arts</b>						
<b>White Belt &amp; Beginner</b> White Belt – Yellow	6:00p-6:45p		7:00p-7:45p			11:30a-12:15p
<b>Intermediate</b> Hi Yellow – Green		5:45p-6:30p	6:00p-6:45p			11:15a-12:00p
<b>Advanced</b> Hi Green – Purple		5:15p-6:00p		5:45p-6:30p	6:45p-7:30p	
<b>Black Belt &amp; Black Belt Prep</b> Hi Purple – Black	5:30p-6:15p			6:15p-7:00p	7:45p-8:30p	
<b>Renzo Gracie JiuJitsu</b>	7:30p-8:30p Gi/Uniform	6:15p-7:15p No-Gi	6:30p-7:30p Gi/Uniform	6:45p-7:45p No-Gi	5:30p-6:30p Gi/No-Gi	
<b>Youth JiuJitsu</b>	6:30p-7:15p		5:30p-6:15p		6:15p-7:00p	
<b>No-Gi MMA</b>	7:00p-7:45p					10:00a-11:00a

**Red: Main Mat – Blue: Secondary Mat**

**Reserve your class online at [www.LeadershipMA.com/lma](http://www.LeadershipMA.com/lma)**