## **After Care Instructions**

- 1. Day 1 (Day of the procedure). Clean brows with a wipe using gentle, sweeping motions every 15 minutes for the first 2 hours. Apply a very thin layer of ointment each time immediately after cleaning the brows if needed (If your brows feel very dry, tight, and itchy). Use a cotton swab to apply the ointment, again very gently.
- 2. After the first 2 hours, clean brows and apply ointment every 2 hours until bedtime.
- 3. Days 2-10 clean brows and apply ointment once a day, either morning or night.

## FOR ALL 10 DAYS

- DO NOT WET BROWS in any way.
- NO EXCESSIVE SWEATING DURING THE 10 DAYS
- NO RUBBING, SCRATCHING, PICKING at the area. Try not to sleep on your face or side of your face. Rubbing the brows on the pillow/sheets can lead to premature fallout of the scabs and cause poor retention.
- NO SUN EXPOSURE
- NO OTHER PRODUCTS ON THE BROWS for 10 days. This includes makeup, oils, soaps, or any other products.

## AFTER THE 10 DAYS

Congratulations, you made it past your first ten days! You are now able to resume your normal cleansing/makeup routine.

On day 11, wash the brows very gently with mild soap. You may continue to use the ointment if the brows feel dry or itchy. You may also apply makeup if needed. Remember, your brows will appear very, very light and patchy immediately after the scabs fall off. The color will continue to darken over the next few weeks (see below).

NOTE: Sometimes skin takes a bit longer to heal. If you are on day 11 and you feel your skin has not fully healed continue aftercare instructions for a few more days until you feel you can safely wash your brows. Remember, every skin is different.

## WHAT TO EXPECT IN THE NEXT 30 DAYS

Days 1-2 Brows will darken as the scabs form over the newly created strokes. They will appear very dark and large, don't panic.

Days 3-10 The scabs will harden and fall off in chunks. The front and tails of the brows usually fall off first. Let the scabs fall off on their own. Do not pick or pull off the scabs!

Days 11-14 The brow strokes will look very very light. This is normal, the strokes will darken over time.

Days 15-30 The brows will continue to darken each week and will appear patchy at times. Again, this is normal. It takes about a month for the brows to fully heal. Any adjustments to the brows will be done at your follow-up. Please do not forget to book.

\*\*This timeline line is typical but not definite. If your brows take a little longer to heal, do not worry. Everyone's skin is different.

<u>MAINTENANCE</u>: Clean and Exfoliate the brows area once a week to maintain the brows looking fresh. Remember, the strokes are underneath the skin, and if you let the dead skin cells build up over the area, the strokes will appear dull and light. Keeping the skin moisturized will also help the tattoo appear more vibrant.