

Pre-Care Instructions

Pre care instructions are designed to limit bleeding and sensitivities during the procedure. Excessive bleeding can result in dilution of pigment or poor retention.

- Thoroughly read the FAQ, Policies, and Pre & Post Care Instructions.
- Read and review CONSENT FORM & HEALTH HISTORY FORM prior to booking your appointment.
- We strongly advise that you do not make any social plans for the day of your procedure.
- 24 hours prior to your appointment, DO NOT DRINK ALCOHOL or CAFFEINE.
- 72 hours prior to your appointment, DO NOT TAKE ADVIL or other blood thinners such as Ibuprofen, Aspirin, Niacin or Vitamin E unless medically necessary.
- Do not work out 24 hours before procedure.
- If you take fish oil, discontinue use 7 days prior to the procedure. You can resume after procedure.
- Avoid Fish Oil, Prenatal Vitamins, Nutritional Shakes (Shakeology, etc), "Hair, Skin, Nail" supplements 48 hours prior to procedure.
- Discontinue Retin-A at least 4 weeks prior.
- Avoid Chemical Peels, Microdermabrasion or facials for 4-weeks prior to procedure.
- Botox should be done 4 weeks before or 4 weeks after the procedure.
- No brow waxing, tinting, or threading one week prior. It is not necessary to do your brows prior, the more hair the better.
- Avoid booking during your menstrual cycle as it can increase your pain.
- Wear your normal makeup to the procedure. This will help us determine the best shape/shade for you.
- Be prepared for your brows to look a little red and dark. – don't worry, they will fade in color 30% +
- **YOU MUST NOT BE SUN TANNED OR BURNED. WE CANNOT PROCEED WITH YOUR SERVICE.** A sun tan/burn is injury to the skin, as the skin is healing itself it will shed all the top layers. This means the pigment will not stay. Deposits are NON-REFUNDABLE, please plan accordingly.
- There is a 10 day healing period where we ask that you not be heavily exposed to sun, exercise, swim, or submerge your brows in water. Please keep this in mind when booking your appointment.
- We recommend allergy testing of pigment before the planned procedure. You will be asked to Receive or Waive the allergy test when you submit your forms. (PLEASE CALL TO ARRANGE ALLERGY TEST)
- All your questions regarding the design of your cosmetic tattoo (color, shape, placement etc.) will be addressed by your technician prior to commencing your procedure. We will not start the service until you have approved the design and are ready to begin. Please keep in mind, any body artist can refuse service to any individual, at any time, and for any reason. We want both our client and our Permanent Makeup Technician to be comfortable and willing participants in the service. **Our brow technician makes the final decision to microblade an individual at her own discretion.**
- **PLEASE BE READY FOR YOUR APPOINTMENT.** We work on a strict schedule and allow 2-2.5 hours per appointment. This includes answering questions you may have, mapping brow, numbing and microblading. It is important that you trust our artistry and work. Do not book your appointment if you are hesitant, unsure, or apprehensive about changing your natural brows. Book when you are 100% ready for your new brows. We understand everyone is a little bit nervous but this creates a safe space for both you and the artist, allowing us to do our best work in creating your new brows!