

2023 Girls Cross Country BCIAA All-Stars

Athlete of the Year (School):	Kaitlyn Highdich (Governor Mifflin)
(Co) Coach of the Year (School):	Jack Heim (Governor Mifflin) Russ Keith (Exeter Township)

Girls Cross Country All-Conference Team			
	Athlete	Grade	School
1	Gabby Keith	12	Exeter
2	Maddie Holbrook	11	Exeter
3	Carly Keith	10	Exeter
4	Kaitlyn Highdich	12	Governor Mifflin
5	Lydia Drago	11	Governor Mifflin
6	Riley Servis	10	Twin Valley
7	Ella Reidinger	10	Wilson
8	Addie Cohen	12	Wyomissing

Girls Cross Country All-Division 1 Team

	Athlete	Grade	School
1	Natalee Kryman	12	Daniel Boone
2	Julia Leady	9	Daniel Boone
3	Addie McKittrick	11	Exeter
4	Emily Gauker	12	Governor Mifflin
5	Grace Kerschner	11	Governor Mifflin
6	Melissa Sweigart	9	Governor Mifflin
7	Kenzianna Flores	10	Twin Valley
8	Abby Rest	10	Wilson

Girls Cross Country Division 1 Honorable Mention

	Athlete	Grade	School
1	Danielle Ferrara	12	Daniel Boone
2	Addison Matthews	11	Exeter
3	Kendall Carroll	9	Governor Mifflin
4	Molly Orndorf	9	Governor Mifflin
5	Olivia Miller	11	Twin Valley
6	Sami Eisenhofer	12	Wilson
7	Angela Rapp	12	Wilson
8	Cora Hardick	10	Wilson

Girls Cross Country All-Division 2 Team			
	Athlete	Grade	School
1	Mackenzie Langdon	12	Berks Catholic
2	Sara Holland	12	Berks Catholic
3	Madison Langdon	11	Berks Catholic
4	Lily Asplundh	12	Kutztown
5	Sydney Deeble	11	Oley Valley
6	Hannah Houpp	10	Oley Valley
7	Mabel Walborn	9	Schuylkill Valley
8	Scarlett Mathis	10	Wyomissing

Girls Cross Country Division 2 Honorable Mention			
	Athlete	Grade	School
1	Sarina Neiswender	11	Conrad Weiser
2	Emma Newton	12	Kutztown
3	Tayla Batchelder	10	Oley Valley
4	Shelby McClure	9	Tulpehocken
5	Evangeline Reyes	11	Wyomissing
6	Katie Scantzios	11	Wyomissing
7	Selah Wynen	9	Wyomissing
8	Rhea Patel	9	Wyomissing