

# 2023 PIAA DISTRICT 3 CROSS COUNTRY CHAMPIONSHIPS

Newville, PA

Weather: T=State Team Qualifier , Q=State Individual Qualifier

Host: Big Spring High School

Saturday, October 28, 2023

## MEET OFFICIALS

Meet Director:

Dave Roberts

Timing:

MAC-FAT, LLC



OFFICIAL MEET REPORT

printed: 10/28/2023 2:04 PM

**Race #5**  
**Girls AAA 5000 Meter Run**

# Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Manheim TownshipT	110	12-13-14-17-54(65)(142)	1:40:07	1:49.7
2 ChambersburgT	178	16-30-33-49-50(70)(74)	1:43:38	1:29.5
3 Exeter TownshipT	180	3-26-32-37-82(111)(143)	1:42:54	3:41.6
4 Lower DauphinT	189	15-38-40-43-53(60)(68)	1:44:10	1:42.3
5 Hershey	220	8-24-39-72-77(126)(154)	1:44:50	2:55.5
6 Dallastown	226	6-36-47-66-71(79)(114)	1:44:54	3:00.4
7 Governor Mifflin	246	2-4-34-101-105(112)(128)	1:43:34	4:15.2
8 Warwick	268*	22-41-58-62-85(97)(125)	1:46:34	2:04.7
9 JP McCaskey	268*	7-9-10-102-140(188)(196)	1:44:11	4:32.0
10 Mechanicsburg Area	336	42-51-55-90-98(99)(110)	1:48:53	1:29.2
11 Hempfield 03	382	1-52-95-107-127(138)(167)	1:47:58	5:12.8
12 Palmyra	388	45-64-76-83-120(133)(164)	1:50:22	1:54.2
13 Cedar Crest	395	21-61-86-91-136(152)(172)	1:49:57	3:17.1
14 Cumberland Valley	407	25-29-96-104-153(158)(170)	1:50:14	3:42.5
15 Twin Valley	450	20-48-103-123-156(173)(175)	1:51:23	4:06.2
16 Daniel Boone Area	466	59-67-87-94-159	1:52:24	2:46.8
17 Wilson (3)	470	11-109-113-115-122(174)(183)	1:51:32	3:35.6
18 Ephrata	502	19-69-80-155-179(189)(195)	1:53:42	5:22.6
19 Carlisle	509	5-100-116-141-147(193)(194)	1:52:09	4:56.2
20 Elizabethtown Area	528	28-117-118-130-135(139)(160)	1:53:16	3:02.0
21 Penn Manor	536	78-84-106-131-137(145)	1:54:08	1:14.6
22 Red Lion	545	35-56-75-182-197(198)	2:03:13	12:41.9
23 Solanco	548	63-73-129-132-151(161)(163)	1:54:19	2:18.5
24 Northern York	556	18-31-146-180-181(187)(192)	1:55:13	5:23.8
25 South Western	559	23-93-124-157-162(165)(176)	1:54:25	4:05.9
26 Gettysburg Area	578	44-92-144-148-150(184)	1:55:18	2:46.3
27 Central York	581	27-46-168-169-171(178)	1:55:31	4:20.3
28 Cedar Cliff	679	88-119-121-166-185	1:59:05	3:43.4
29 Northeastern	680	57-108-134-190-191	2:02:44	6:07.0
30 Shippensburg	682	81-89-149-177-186	2:00:00	4:02.1

### \*Tiebreakers

Warwick	22	41	58	62	85	97
JP McCaskey	7	9	10	102	140	188

## INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 WOLFE, Ella Q	SR	476	Hempfield 03	1	18:00.3	---	5:47.3	3:36.0
2 PACI, Claire Q	SR	448	Greencastle-Antrim	-	18:23.8	23.5	5:54.9	3:40.7

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**Race #5**  
**Girls AAA 5000 Meter Run**

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**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	
3	HIGHDUCH, Kaitlyn Q	SR	435	Governor Mifflin	2	18:31.5	31.2	5:57.4	3:42.3
4	KEITH, Gabrielle T	SR	383	Exeter Township	3	18:35.7	35.4	5:58.7	3:43.1
5	DRAGO, Lydia Q	JR	433	Governor Mifflin	4	18:51.2	50.9	6:03.7	3:46.2
6	BONDY, Ana Q	SO	114	Carlisle	5	18:55.6	55.3	6:05.1	3:47.1
7	GRANGER, Neila Q	9	254	Dallastown	6	19:01.3	1:01.0	6:07.0	3:48.2
8	GARNER-VALLE, Ruby Q	9	512	JP McCaskey	7	19:07.1	1:06.8	6:08.8	3:49.4
9	KIM, Sophia Q	SO	488	Hershey	8	19:17.7	1:17.4	6:12.2	3:51.5
10	SHERTZER, Isabella Q	SR	516	JP McCaskey	9	19:19.5	1:19.2	6:12.8	3:51.9
11	THIRY, Gabrielle Q	SR	517	JP McCaskey	10	19:23.3	1:23.0	6:14.1	3:52.7
12	REIDINGER, Ella Q	SO	994	Wilson (3)	11	19:32.0	1:31.7	6:16.8	3:54.4
13	BARRALL, Elena T	JR	619	Manheim Township	12	19:34.2	1:33.9	6:17.5	3:54.8
14	SHIRK, Ava T	SR	625	Manheim Township	13	19:35.7	1:35.4	6:18.0	3:55.1
15	ATTEBERRY, Kaila T	SO	618	Manheim Township	14	19:39.3	1:39.0	6:19.2	3:55.9
16	ATKINSON, Taylor T	SR	589	Lower Dauphin	15	19:41.1	1:40.8	6:19.8	3:56.2
17	KOONS, Madelyn T	SO	178	Chambersburg	16	19:49.1	1:48.8	6:22.3	3:57.8
18	BAHN, Ella Q	SO	848	Spring Grove	-	19:51.8	1:51.5	6:23.2	3:58.3
19	KAUFFMAN, Lexie T	SO	622	Manheim Township	17	19:53.2	1:52.9	6:23.6	3:58.6
20	HAYES, Lily Q	9	707	Northern York	18	19:59.3	1:59.0	6:25.6	3:59.9
21	PFAUTZ, Ella Q	SO	370	Ephrata	19	19:59.4	1:59.1	6:25.6	3:59.9
22	REESER, Paige Q	SR	185	Cocalico	-	20:03.5	2:03.2	6:27.0	4:00.7
23	SERVIS, Riley Q	SO	916	Twin Valley	20	20:04.8	2:04.5	6:27.4	4:00.9
24	SCHNEIDER, Eliana Q	SO	142	Cedar Crest	21	20:10.0	2:08.7	6:29.0	4:02.0
25	HARTEL, Ella Q	SR	941	Warwick	22	20:13.7	2:13.4	6:30.2	4:02.7
26	COOK, Cali Q	SO	838	South Western	23	20:14.0	2:12.7	6:30.4	4:02.8
27	WINDER, Evy Q	SO	492	Hershey	24	20:17.4	2:17.1	6:31.4	4:03.5
28	LAUER, Kennedy	SO	239	Cumberland Valley	25	20:21.0	2:19.7	6:32.6	4:04.2
29	MCAULIFFE, Madeline T	9	385	Exeter Township	26	20:21.9	2:21.6	6:32.9	4:04.4
30	MYERS, Lauren	JR	164	Central York	27	20:22.1	2:21.8	6:32.9	4:04.4
31	FINK, Ali	JR	353	Elizabethtown Area	28	20:24.3	2:24.0	6:33.7	4:04.9
32	BOARDMAN, Meryn	JR	236	Cumberland Valley	29	20:28.8	2:28.5	6:35.1	4:05.7
33	BOYD, Alexis T	SR	175	Chambersburg	30	20:32.9	2:32.6	6:36.4	4:06.6
34	CHIZMAR, Cadence	9	705	Northern York	31	20:37.1	2:36.8	6:37.8	4:07.4
35	KEITH, Carly T	SO	382	Exeter Township	32	20:41.9	2:41.6	6:39.3	4:08.4
36	DOUGHERTY, Seana	SR	194	Conestoga Valley	-	20:43.6	2:43.3	6:39.8	4:08.7
37	FAUST, Samantha T	SR	176	Chambersburg	33	20:43.8	2:43.5	6:39.9	4:08.7
38	KERSCHNER, Grace	JR	436	Governor Mifflin	34	20:44.1	2:43.8	6:40.0	4:08.8
39	WEBSTER, Trista	SR	801	Red Lion	35	20:44.8	2:44.5	6:40.2	4:09.0
40	EMENHEISER, Addison	SO	252	Dallastown	36	20:48.8	2:48.5	6:41.5	4:09.8
41	HOLBROOK, Madelyn T	JR	381	Exeter Township	37	20:56.6	2:56.3	6:44.0	4:11.3
42	BRETZ, Greta T	SR	590	Lower Dauphin	38	20:58.1	2:57.8	6:44.5	4:11.6
43	LIU, Yanwei	JR	489	Hershey	39	20:58.6	2:58.3	6:44.7	4:11.7
44	GULA, Lauren T	JR	593	Lower Dauphin	40	20:59.8	2:59.5	6:45.1	4:11.9
45	RICHIE, Leah	SO	943	Warwick	41	21:01.8	3:01.5	6:45.7	4:12.3
46	SAULTZ, Jocelyn	SO	639	Mechanicsburg Are	42	21:06.4	3:06.1	6:47.2	4:13.3
47	MLLAR-KELLNER, Vivian	9	664	New Oxford	-	21:07.0	3:05.7	6:47.4	4:13.4
48	FRANCIS, Nina T	9	591	Lower Dauphin	43	21:07.6	3:07.3	6:47.6	4:13.5

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**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	
49	ARNOLD, Lily	JR	415	Gettysburg Area	44	21:10.4	3:10.1	6:48.5	4:14.1
50	ROHRER, Avery	JR	753	Palmyra	45	21:11.0	3:09.7	6:48.7	4:14.2
51	MAIN, Ashley	JR	162	Central York	46	21:12.4	3:12.1	6:49.1	4:14.5
52	TREML, Mae	SR	258	Dallastown	47	21:13.1	3:12.8	6:49.3	4:14.6
53	FLORES, Kenzianna	SO	911	Twin Valley	48	21:13.7	3:13.4	6:49.5	4:14.7
54	BOONE, Brook T	9	174	Chambersburg	49	21:13.8	3:13.5	6:49.6	4:14.8
55	REIDER, Keira	SO	302	Dover	-	21:17.4	3:17.1	6:50.7	4:15.5
56	ROSENBERRY, Dana T	JR	180	Chambersburg	50	21:18.5	3:18.2	6:51.1	4:15.7
57	MORISANI, Lucia	SO	636	Mechanicsburg Are	51	21:20.4	3:20.1	6:51.7	4:16.1
58	SIEBERT, Molly	SR	475	Hempfield 03	52	21:20.6	3:20.3	6:51.8	4:16.1
59	NEIDE, Ella T	9	594	Lower Dauphin	53	21:23.4	3:23.1	6:52.7	4:16.7
60	MCGAHREN, Riley T	SO	623	Manheim Township	54	21:23.9	3:23.6	6:52.8	4:16.8
61	GATES, Alyssa	JR	633	Mechanicsburg Are	55	21:24.6	3:24.3	6:53.0	4:16.9
62	BAILOR, Ava	SR	796	Red Lion	56	21:24.7	3:24.4	6:53.1	4:16.9
63	TREGLIA, Sophia	SO	687	Northeastern	57	21:26.0	3:24.7	6:53.5	4:17.2
64	WIKER, Kenzee	JR	946	Warwick	58	21:27.0	3:25.7	6:53.8	4:17.4
65	LEADY, Julia	9	265	Daniel Boone Area	59	21:27.2	3:26.9	6:53.9	4:17.4
66	ROBERTSON, Torree T	SO	595	Lower Dauphin	(60)	21:29.1	3:28.8	6:54.5	4:17.8
67	LOWE, Lizzie	SR	140	Cedar Crest	61	21:30.7	3:30.4	6:55.0	4:18.1
68	FREEMAN, Sidoney	SR	939	Warwick	62	21:33.3	3:33.0	6:55.8	4:18.7
69	BOARD, Katherine	SR	446	Greencastle-Antrim	-	21:34.2	3:33.9	6:56.1	4:18.8
70	WASHINGTON, Danyse	SR	649	Milton Hershey	-	21:36.2	3:35.9	6:56.8	4:19.2
71	LANDIS, MacKenzie	FR	1052	Solanco	63	21:38.8	3:38.5	6:57.6	4:19.8
72	SCHAFFER, Ellie	JR	754	Palmyra	64	21:38.9	3:38.6	6:57.6	4:19.8
73	PAPADIMITRIOU, Marina T	SR	624	Manheim Township	(65)	21:39.6	3:39.3	6:57.9	4:19.9
74	FEDERLINE, Alexis	JR	253	Dallastown	66	21:48.6	3:48.3	7:00.8	4:21.7
75	KRYMAN, Natalee	SR	264	Daniel Boone Area	67	21:50.2	3:49.9	7:01.3	4:22.0
76	ZSERAI, Emily T	SO	596	Lower Dauphin	(68)	21:52.4	3:52.1	7:02.0	4:22.5
77	REIDENBAUGH, Kayla	SR	371	Ephrata	69	21:55.2	3:54.9	7:02.9	4:23.0
78	QUINN, Natalie T	9	179	Chambersburg	(70)	21:56.4	3:56.1	7:03.3	4:23.3
79	BRENNEMAN, Olivia	SR	251	Dallastown	71	22:01.7	4:01.4	7:05.0	4:24.3
80	BARTO, Lucy	SR	485	Hershey	72	22:02.6	4:02.3	7:05.2	4:24.5
81	WAGNER, Christine	SR	1051	Solanco	73	22:05.3	4:05.0	7:06.1	4:25.1
82	HEPNER, Raegen T	SO	177	Chambersburg	(74)	22:05.9	4:05.6	7:06.3	4:25.2
83	KAUFFMAN, Grace	SR	799	Red Lion	75	22:07.3	4:07.0	7:06.8	4:25.4
84	BERARDUCCI, Abby	SR	749	Palmyra	76	22:09.1	4:08.8	7:07.4	4:25.8
85	ENDLICH, Madeline	SO	487	Hershey	77	22:13.2	4:12.9	7:08.7	4:26.6
86	SANDT, Rae	9	765	Penn Manor	78	22:13.5	4:13.2	7:08.8	4:26.7
87	MCMURRAY, Ava	SO	255	Dallastown	(79)	22:14.5	4:14.2	7:09.1	4:26.9
88	RUEFLE, Isabella	SR	951	Waynesboro	-	22:15.6	4:15.3	7:09.4	4:27.1
89	MILLER, Hannah	JR	369	Ephrata	80	22:16.1	4:15.8	7:09.6	4:27.2
90	SHOPE, Katherine	SR	827	Shippensburg	81	22:16.2	4:15.9	7:09.6	4:27.2
91	MCKITTRICK, Addison T	JR	386	Exeter Township	82	22:17.2	4:16.9	7:10.0	4:27.4
92	MCCURDY, Amber	9	752	Palmyra	83	22:17.4	4:17.1	7:10.0	4:27.5
93	ROBERTS, Claire	9	763	Penn Manor	84	22:17.8	4:17.5	7:10.2	4:27.6
94	GLENN, Alleha	JR	940	Warwick	85	22:18.3	4:18.0	7:10.3	4:27.7

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	
95	LOWE, Maddie	SR	141	Cedar Crest	86	22:21.0	4:19.7	7:11.2	4:28.2
96	BRANCHE-JEFFERSON, Ka	9	648	Milton Hershey	-	22:21.4	4:21.1	7:11.3	4:28.3
97	FERRARA, Danielle	SR	262	Daniel Boone Area	87	22:21.8	4:21.5	7:11.4	4:28.3
98	MILLER, Alexa	9	125	Cedar Cliff	88	22:22.4	4:22.1	7:11.6	4:28.5
99	BURROW, River	SO	823	Shippensburg	89	22:23.6	4:23.3	7:12.0	4:28.7
100	REINERT, Mackenzie	JR	637	Mechanicsburg Are	90	22:26.2	4:25.9	7:12.8	4:29.2
101	SHAFFER, Claire	SR	786	Red Land	-	22:27.3	4:27.0	7:13.2	4:29.4
102	FUGATE, Audrey	JR	139	Cedar Crest	91	22:27.7	4:27.4	7:13.3	4:29.5
103	RUSSELL, Beatrice	SO	422	Gettysburg Area	92	22:29.2	4:28.9	7:13.8	4:29.8
104	LEONARD, Elise	JR	841	South Western	93	22:30.2	4:29.9	7:14.1	4:30.0
105	WATTS, Emrie	JR	266	Daniel Boone Area	94	22:30.3	4:30.0	7:14.2	4:30.1
106	LOPEZ, Jazahlyn	SO	472	Hempfield 03	95	22:33.9	4:33.6	7:15.3	4:30.8
107	BARBETTA, Holly	9	235	Cumberland Valley	96	22:34.6	4:34.3	7:15.5	4:30.9
108	PUSEY, Paige	9	942	Warwick	(97)	22:35.3	4:35.0	7:15.8	4:31.1
109	FARO, Emma	9	632	Mechanicsburg Are	98	22:35.5	4:35.2	7:15.8	4:31.1
110	JOHNSON, Megan	JR	634	Mechanicsburg Are	(99)	22:38.6	4:38.3	7:16.8	4:31.7
111	BORDNER, Elisabeth	SO	115	Carlisle	100	22:39.4	4:39.1	7:17.1	4:31.9
112	GAUKER, Emily	SR	434	Governor Mifflin	101	22:40.7	4:40.4	7:17.5	4:32.1
113	AVILA VELEZ, Ariadna	JR	511	JP McCaskey	102	22:41.8	4:41.5	7:17.9	4:32.4
114	STOLTZFUS, Sienna	JR	917	Twin Valley	103	22:44.5	4:44.2	7:18.7	4:32.9
115	TAYLOR, Isabelle	SO	240	Cumberland Valley	104	22:45.6	4:45.3	7:19.1	4:33.1
116	SWEIGART, Melissa	9	438	Governor Mifflin	105	22:46.6	4:46.3	7:19.4	4:33.3
117	STIMPSON, Kaylee	JR	1033	York County School	-	22:46.7	4:46.4	7:19.4	4:33.3
118	NAFZIGER, Mackenzie	SR	762	Penn Manor	106	22:49.4	4:49.1	7:20.3	4:33.9
119	RYNIER, Norah	SR	473	Hempfield 03	107	22:49.5	4:49.2	7:20.4	4:33.9
120	WERTZ, Rebekah	JR	689	Northeastern	108	22:49.8	4:49.5	7:20.4	4:34.0
121	REST, Abby	SO	995	Wilson (3)	109	22:52.4	4:52.1	7:21.3	4:34.5
122	MILLER, Julianne	SO	145	Central Dauphin	-	22:53.1	4:52.8	7:21.5	4:34.6
123	MCCORKEL, Lindsay	SO	635	Mechanicsburg Are	(110)	22:54.0	4:53.7	7:21.8	4:34.8
124	MATTHEWS, Addison T	JR	384	Exeter Township	(111)	22:55.4	4:55.1	7:22.2	4:35.1
125	ORNDORF, Molly	9	437	Governor Mifflin	(112)	22:57.0	4:55.7	7:22.7	4:35.4
126	EISENHOFER, Sami	SR	991	Wilson (3)	113	22:59.4	4:59.1	7:23.5	4:35.9
127	NAVARRO, Isabella	SR	256	Dallastown	(114)	23:00.1	4:59.8	7:23.7	4:36.0
128	HARDICK, Cora	SO	992	Wilson (3)	115	23:00.3	5:00.0	7:23.8	4:36.0
129	MACKEY, Aubrey	JR	120	Carlisle	116	23:01.7	5:01.4	7:24.3	4:36.3
130	TROOP, Caleigh	9	359	Elizabethtown Area	117	23:02.8	5:02.5	7:24.6	4:36.5
131	GEORGES, Andreanna	SR	354	Elizabethtown Area	118	23:03.3	5:03.0	7:24.8	4:36.7
132	NUGIN, Cassie	JR	126	Cedar Cliff	119	23:03.9	5:03.6	7:25.0	4:36.8
133	SENFT, Leah	9	755	Palmyra	120	23:05.1	5:04.8	7:25.4	4:37.0
134	SKOKOWSKI, Adysen	SO	127	Cedar Cliff	121	23:06.6	5:06.3	7:25.8	4:37.3
135	RAPP, Angela	SR	993	Wilson (3)	122	23:07.6	5:07.3	7:26.2	4:37.5
136	MILLER, Olivia	JR	913	Twin Valley	123	23:08.6	5:08.3	7:26.5	4:37.7
137	GASS, Jade	9	840	South Western	124	23:08.8	5:08.5	7:26.6	4:37.8
138	SINGER, Natalie	9	945	Warwick	(125)	23:09.0	5:07.7	7:26.6	4:37.8
139	VITALE, Lulu	9	491	Hershey	(126)	23:10.1	5:09.8	7:27.0	4:38.0
140	EVANS, Brianna	SO	469	Hempfield 03	127	23:13.0	5:11.7	7:27.9	4:38.6

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Host: Big Spring High School

Saturday, October 28, 2023

## MEET OFFICIALS

Meet Director:

Dave Roberts

Timing:

MAC-FAT, LLC



OFFICIAL MEET REPORT

printed: 10/28/2023 2:04 PM

**Race #5**  
**Girls AAA 5000 Meter Run**

# Final Results

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
141 DELORETTA, Lilly	SO	432	Governor Mifflin	(128)	23:14.5	5:14.2	7:28.4	4:38.9
142 BROWN, Isabelle	FR	1053	Solanco	129	23:17.8	5:17.5	7:29.4	4:39.6
143 WIVELL, Jillian	SR	360	Elizabethtown Area	130	23:18.7	5:18.4	7:29.7	4:39.7
144 HEITLAND, Greta	9	760	Penn Manor	131	23:19.0	5:17.7	7:29.8	4:39.8
145 HUBER, Olha	FR	1054	Solanco	132	23:19.5	5:19.2	7:30.0	4:39.9
146 COOPER, Andrea	SO	751	Palmyra	(133)	23:21.4	5:21.1	7:30.6	4:40.3
147 BLAKER, Sierra	JR	685	Northeastern	134	23:22.9	5:22.6	7:31.1	4:40.6
148 RUEFLE, Maddie	SO	952	Waynesboro	-	23:24.8	5:24.5	7:31.7	4:40.9
149 SIKORA, Catherine	SR	358	Elizabethtown Area	135	23:26.2	5:25.9	7:32.2	4:41.2
150 CHERNICH, Maggie	SR	136	Cedar Crest	136	23:27.0	5:25.7	7:32.4	4:41.4
151 RODAK, Gemma	9	764	Penn Manor	137	23:28.0	5:26.7	7:32.7	4:41.6
152 LEE, Selena	SO	471	Hempfield 03	(138)	23:31.1	5:30.8	7:33.7	4:42.2
153 HESS, Rowan	SO	357	Elizabethtown Area	(139)	23:34.8	5:34.5	7:34.9	4:42.9
154 WISE, Saraya	SO	650	Milton Hershey	-	23:36.5	5:36.2	7:35.5	4:43.3
155 GEISSINGER, Kristin	SO	513	JP McCaskey	140	23:39.1	5:38.8	7:36.3	4:43.8
156 KENNEDY, Natalya	9	117	Carlisle	141	23:40.2	5:39.9	7:36.6	4:44.0
157 OCHS, Nicole	JR	184	Cocalico	-	23:41.3	5:41.0	7:37.0	4:44.3
158 FOGLEMAN, Macyn T	JR	620	Manheim Township	(142)	23:46.2	5:45.9	7:38.6	4:45.2
159 SPENCER, Kira T	SR	388	Exeter Township	(143)	23:46.6	5:46.3	7:38.7	4:45.3
160 REICHERT, Ryan	JR	421	Gettysburg Area	144	23:48.4	5:48.1	7:39.3	4:45.7
161 MARTIN, Madison	JR	761	Penn Manor	(145)	23:49.1	5:48.8	7:39.5	4:45.8
162 CLARK, Calder	SR	706	Northern York	146	23:50.3	5:50.0	7:39.9	4:46.1
163 VERTULI, Lauren	SR	121	Carlisle	147	23:51.8	5:51.5	7:40.4	4:46.3
164 OASTER, Winter	SR	420	Gettysburg Area	148	23:52.7	5:52.4	7:40.7	4:46.5
165 HIPPLE, Grace	SR	824	Shippensburg	149	23:54.1	5:53.8	7:41.1	4:46.8
166 PROCTOR, Rianna	JR	146	Central Dauphin	-	23:55.3	5:55.0	7:41.5	4:47.1
167 BANNAK, Caroline	JR	416	Gettysburg Area	150	23:56.6	5:56.3	7:41.9	4:47.3
168 CULBERSON, Devon	SR	1057	Solanco	151	23:57.3	5:57.0	7:42.1	4:47.4
169 YORTY, Sam	JR	143	Cedar Crest	(152)	23:57.3	5:57.0	7:42.2	4:47.5
170 CAMPO, Halel	SO	777	Reading	-	23:57.5	5:57.2	7:42.2	4:47.5
171 AHRENS, Lily	JR	183	Cocalico	-	24:01.6	6:01.3	7:43.5	4:48.3
172 SWART, Ella	SO	953	Waynesboro	-	24:02.3	6:02.0	7:43.7	4:48.5
173 THOMPSON, Isabelle	9	241	Cumberland Valley	153	24:03.4	6:03.1	7:44.1	4:48.7
174 BURNETT, Riley	JR	486	Hershey	(154)	24:04.7	6:04.4	7:44.5	4:48.9
175 BRASS, Katie	SO	366	Ephrata	155	24:09.2	6:08.9	7:46.0	4:49.8
176 BATEMAN, Madelyne	JR	910	Twin Valley	156	24:10.9	6:10.6	7:46.5	4:50.2
177 THOMASON, Cecilia	SO	843	South Western	157	24:12.0	6:10.7	7:46.9	4:50.4
178 THOMPSON, Julianne	9	242	Cumberland Valley	(158)	24:13.1	6:12.8	7:47.2	4:50.6
179 GLASS, AnnaBeth	JR	263	Daniel Boone Area	159	24:14.0	6:12.7	7:47.5	4:50.8
180 HEIN, Kendall	SR	356	Elizabethtown Area	(160)	24:16.8	6:16.5	7:48.4	4:51.3
181 LINDE, Anna	JR	1055	Solanco	(161)	24:18.6	6:18.3	7:49.0	4:51.7
182 MAURER, Elise	SO	195	Conestoga Valley	-	24:18.9	6:18.6	7:49.1	4:51.8
183 LUCABAUGH, Georgia	SO	842	South Western	162	24:19.9	6:19.6	7:49.4	4:52.0
184 GROFF, Lexi	JR	1056	Solanco	(163)	24:20.8	6:20.5	7:49.7	4:52.2
185 COLE, Cecilia	JR	750	Palmyra	(164)	24:20.9	6:20.6	7:49.7	4:52.2
186 FLORES, Rhea	9	1031	York County School	-	24:21.3	6:21.0	7:49.9	4:52.3

# 2023 PIAA DISTRICT 3 CROSS COUNTRY CHAMPIONSHIPS

Newville, PA

Weather: T=State Team Qualifier , Q=State Individual Qualifier

Host: Big Spring High School

Saturday, October 28, 2023

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### Race #5 Girls AAA 5000 Meter Run

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
187 WHALEN, Ella	SO	577	Lebanon	-	24:23.3	6:23.0	7:50.5	4:52.6
188 BERWAGER, Aubrie	JR	836	South Western	(165)	24:23.4	6:23.1	7:50.5	4:52.7
189 FORRESTER, Emily	SO	447	Greencastle-Antrim	-	24:25.7	6:25.4	7:51.3	4:53.1
190 GALLO, Chloe	9	124	Cedar Cliff	166	24:26.0	6:24.7	7:51.4	4:53.2
191 RABACK, Ella	SO	147	Central Dauphin	-	24:28.4	6:28.1	7:52.1	4:53.7
192 NEIDERER, Kali	SO	665	New Oxford	-	24:33.4	6:33.1	7:53.7	4:54.7
193 SCOTT, Roz	JR	474	Hempfield 03	(167)	24:34.7	6:34.4	7:54.2	4:54.9
194 MASON, Maria	JR	163	Central York	168	24:35.0	6:33.7	7:54.3	4:55.0
195 MENARD, Nena	SR	301	Dover	-	24:35.3	6:35.0	7:54.4	4:55.1
196 CORRIERI, Gianna	JR	158	Central York	169	24:38.7	6:38.4	7:55.5	4:55.7
197 CONWAY, Presley	9	238	Cumberland Valley	(170)	24:39.1	6:38.8	7:55.6	4:55.8
198 SCHAEFER, Grace	JR	165	Central York	171	24:42.3	6:42.0	7:56.6	4:56.5
199 CUTHIE, Nora	JR	137	Cedar Crest	(172)	24:44.3	6:44.0	7:57.2	4:56.8
200 PERSHALL, Natalie	SO	915	Twin Valley	(173)	24:45.0	6:43.7	7:57.5	4:57.0
201 AMAN, Calia	JR	990	Wilson (3)	(174)	24:45.2	6:44.9	7:57.5	4:57.0
202 LERCH, Sarah	SO	912	Twin Valley	(175)	24:51.2	6:50.9	7:59.5	4:58.2
203 DUTTERER, Addison	JR	839	South Western	(176)	24:58.4	6:58.1	8:01.8	4:59.7
204 AMBRIZ, Miryam	SR	406	Garden Spot	-	25:05.9	7:05.6	8:04.2	5:01.2
205 KALP, Victoria	SR	825	Shippensburg	177	25:07.3	7:07.0	8:04.6	5:01.4
206 FIVES, Kathryn	SR	159	Central York	(178)	25:10.1	7:09.8	8:05.5	5:02.0
207 ALLISON, Kylie	9	847	Spring Grove	-	25:19.1	7:18.8	8:08.5	5:03.8
208 MARTIN, Megan	JR	368	Ephrata	179	25:22.0	7:20.7	8:09.4	5:04.4
209 KOEPKE, Liberty	SR	710	Northern York	180	25:22.9	7:22.6	8:09.7	5:04.6
210 INGRAHAM, Megan	SR	709	Northern York	181	25:23.1	7:22.8	8:09.7	5:04.6
211 CHILDRESS, McKenna	JR	798	Red Lion	182	25:29.3	7:29.0	8:11.7	5:05.9
212 VECCHIO, Georgia	SO	997	Wilson (3)	(183)	25:39.8	7:39.5	8:15.1	5:08.0
213 OCASIO, Kailani	JR	778	Reading	-	25:41.3	7:41.0	8:15.6	5:08.2
214 FOSTER, Anna	JR	1032	York County School	-	25:49.1	7:48.8	8:18.1	5:09.8
215 FLICKINGER, Madison	JR	418	Gettysburg Area	(184)	25:58.3	7:58.0	8:21.0	5:11.6
216 HELLYER, Reagan	SO	784	Red Land	-	26:01.2	8:00.9	8:22.0	5:12.2
217 BILLUS, Eloise	JR	123	Cedar Cliff	185	26:05.8	8:05.5	8:23.5	5:13.1
218 REYES, Camila	9	779	Reading	-	26:10.8	8:10.5	8:25.1	5:14.2
219 LUFFY, Allessandra	JR	826	Shippensburg	186	26:18.2	8:17.9	8:27.5	5:15.6
220 PERRY, Ryenn	9	712	Northern York	(187)	26:21.8	8:21.5	8:28.6	5:16.3
221 REBEK, Hana	SO	515	JP McCaskey	(188)	26:23.6	8:23.3	8:29.2	5:16.7
222 BRASS, Sara	SR	367	Ephrata	(189)	27:10.5	9:10.2	8:44.3	5:26.1
223 HENRY, Emily	SR	686	Northeastern	190	27:31.8	9:31.5	8:51.1	5:30.4
224 VERNICK-COHEN, Lily	9	688	Northeastern	191	27:32.9	9:32.6	8:51.5	5:30.6
225 BAILEY, Madison	SO	661	New Oxford	-	27:41.5	9:41.2	8:54.2	5:32.3
226 NEWHARD, Selina	9	711	Northern York	(192)	27:47.5	9:47.2	8:56.1	5:33.5
227 WISE, Chelsea	JR	303	Dover	-	27:50.1	9:49.8	8:57.0	5:34.0
228 KADEN, Lilly	JR	116	Carlisle	(193)	27:58.5	9:58.2	8:59.7	5:35.7
229 SALOME-MILANDER, Anabe	SO	780	Reading	-	28:18.1	10:17.8	9:06.0	5:39.6
230 KENNEDY, Raquel	SR	118	Carlisle	(194)	28:22.6	10:22.3	9:07.5	5:40.5
231 FOSTER, Carmen	9	662	New Oxford	-	29:06.1	11:05.8	9:21.4	5:49.2
232 ROYER, Isabella	9	372	Ephrata	(195)	29:28.4	11:28.1	9:28.6	5:53.7

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**Race #5**  
**Girls AAA 5000 Meter Run****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
233 CADENA, Mya	SR	655	Muhlenberg	-	30:00.2	11:59.9	9:38.8	6:00.0
234 SMITH, Sophia	JR	657	Muhlenberg	-	30:41.9	12:41.6	9:52.2	6:08.4
235 PROUD, Ruby	9	514	JP McCaskey	(196)	30:43.0	12:41.7	9:52.6	6:08.6
236 WEBSTER, Peyton	9	800	Red Lion	197	33:26.7	15:26.4	10:45.2	6:41.3
237 BAILOR, Molly	JR	797	Red Lion	(198)	33:26.8	15:26.5	10:45.3	6:41.4