

Girls 60 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Sophie Rambo	11	Grassfield	7.77	2	
2	Sophia Gaskins	11	Bishop McNamara High School	7.88	2	
3	Ariyah Edwards	12	Baltimore City College	7.94	1	
4	Kamryn Monroe	12	Lakeland	7.97	2	
5	Yowome Ayim	12	Manor	7.98	2	
6	Cayla Cain	11	Forest Park	7.99	2	
7	Sophia Appiah	12	Episcopal	8.02	1	
8	Collins Han	9	South Lakes	8.02	2	
9	Cyniah Vanpelt	9	Churchland	8.03	1	
10	Layla Jackson	10	Grassfield	8.06	1	
11	Jazmyn Johnson	11	Bishop McNamara High School	8.07	1	
12	Melanie Velasco	11	South Lakes	8.12	2	
13	Kourtney Howard-Perez	9	Forest Park	8.21	1	
14	Trae Byrd	12	Nansemond River	8.25	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Ava Rice	12	Battlefield	7.87	9	
2	Sophie Rambo	11	Grassfield	7.89	16	
3	Yowome Ayim	12	Manor	7.92	1	
4	Kamryn Monroe	12	Lakeland	7.98	1	
5	Sophia Gaskins	11	Bishop McNamara High School	7.98	3	
6	Cayla Cain	11	Forest Park	8.05	2	
7	Collins Han	9	South Lakes	8.07	2	
8	Melanie Velasco	11	South Lakes	8.10	3	
9	Sophia Appiah	12	Episcopal	8.12	6	
10	Cyniah Vanpelt	9	Churchland	8.14	17	
11	Jazmyn Johnson	11	Bishop McNamara High School	8.15	9	
12	Layla Jackson	10	Grassfield	8.17	16	
13	Ariyah Edwards	12	Baltimore City College	8.18	11	
14	Trae Byrd	12	Nansemond River	8.21	10	
15	Kourtney Howard-Perez	9	Forest Park	8.24	13	
16	Taylor Jenkins	9	Western Branch High School	8.25	12	
17	Sanaa Baldwin	12	Episcopal	8.27	12	
18	Autumn Simmons	10	Grassfield	8.27	9	
19	Jayla Washington	9	Bishop McNamara High School	8.29	17	
20	Ramiya Smith	12	Lafayette	8.30	17	
21	Kylaa Willis	10	Nansemond River	8.31	7	
22	Kamani Ward	12	Manor	8.31	15	
23	Jazmen Bright	11	Churchland	8.32	12	
24	Jazzyria Armstrong	10	Manor	8.32	6	
24	Kristin Harris	12	Lafayette	8.32	18	
26	Lakeisha Meekins	10	South Lakes	8.32	5	
27	Bria Reese	11	Churchland	8.37	8	
28	Mara Proctor	9	Forest Park	8.38	4	
29	Courtney Ferdinand	10	Freedom (Woodbridge)	8.42	10	
30	Kennedy Bundy	11	Freedom (Woodbridge)	8.42	17	
31	Kayla Johnson	12	Manor	8.43	2	
32	Crystal Banahene	11	Forest Park	8.44	14	
33	Leyla-Lynn Jaoude	10	South Lakes	8.47	1	
34	Kyaisha Woodberry	10	Great Bridge High School	8.48	7	
35	Amora Mosley	10	I.C. Norcom	8.54	7	
36	Alayna Jones	10	Forest Park	8.54	3	
37	Tori Montgomery	9	Bishop McNamara High School	8.54	16	
38	Tatiana Walker-Rawlings	12	Petersburg	8.56	13	
39	Nathaila Noggin	12	Petersburg	8.57	5	

40	Kaitlynn Nguyen	10	Peninsula Catholic	8.58	16
41	Angela Saville	10	Bishop McNamara High School	8.61	11
42	Naomi Whitfield	9	Churchland	8.63	14
43	Sireen Hall	12	South Lakes	8.63	13
43	India Wright	12	Petersburg	8.63	15
45	Sharon Whitfield	12	Churchland	8.64	6
46	Ceyani Reynolds	10	Western Branch High School	8.66	11
47	Kendall Riley	9	Battlefield	8.66	5
48	Makayla Hines	10	Norview	8.66	11
49	Tia Tuffour	9	South Lakes	8.69	10
49	Ma'Riyah Williams	10	Churchland	8.69	18
51	Maria Reynoso	10	Grassfield	8.71	16
52	Chloe Lyon	11	Osbourn Park	8.71	18
53	Symphany James	11	Episcopal	8.73	3
54	Alisia Bottoms	9	Western Branch High School	8.75	12
55	Kennedy Ramsey	11	Bishop McNamara High School	8.75	4
56	Christen Thompson	12	Osbourn Park	8.76	2
57	Zaniyah Baker	11	Manor	8.76	11
58	Remiah Veal	9	Churchland	8.78	14
59	Clairese T. Tate	9	Potomac High School	8.78	8
60	Torri Stith	10	Baltimore City College	8.80	12
61	Suriah Fornah	10	South Lakes	8.81	7
61	Dalilah Setterlund	11	Chancellor	8.81	8
63	Adrienne Ferguson	11	I.C. Norcom	8.82	5
64	Keira Thompson	10	Baltimore City College	8.83	7
65	Kiersten Smith	11	Cape Henlopen High School	8.86	1
66	Amira Jones	11	Forest Park	8.87	4
66	Shannon Mapp	10	I.C. Norcom	8.87	10
68	Niko Jackson	11	Hampton	8.87	9
69	Zoey Billings	11	Manor	8.88	15
70	Jayla Evans	10	Forest Park	8.89	3
71	Mckenziei Featherson	9	Friendly High School	8.89	14
72	Kennedy Cole	11	Friendly High School	8.90	17
73	Janee Drumgold	10	Friendly High School	8.91	7
74	Annalee Adams	9	South Lakes	8.94	12
75	Keasia Moses	10	Churchland	8.95	7
76	Kaliah Ware-Blakney	11	Potomac High School	8.96	9
77	Ayanna vicks	9	Hampton	9.02	18
78	Jordan Ridley	12	Chancellor	9.05	8
79	Mei Li Chin	9	Lafayette	9.06	5
80	Marli Smith	10	Freedom (Woodbridge)	9.06	17
81	Demii Jones	10	Western Branch High School	9.09	10
82	Sabrina Williams	12	Oakton	9.10	2
83	Pheonix fowlkes	9	Hampton	9.10	18
84	Ra' Niyah A. Lomax	10	Potomac High School	9.15	3
85	Kianna Bailey	11	Manor	9.17	13
86	Saniya Harris	10	Potomac High School	9.23	6
87	Arionah Williams	11	Petersburg	9.24	16
88	Katelynn Hunt	10	Baltimore City College	9.24	9
89	Laiya Ward	12	Cape Henlopen High School	9.26	4
90	Natalia Rodriquez	10	Lafayette	9.26	15
91	Bria Noakes	11	Petersburg	9.27	16
92	Jordan Cherry	9	Hampton	9.31	1
93	Abigail Flores	11	Grassfield	9.34	9
94	Kamani Gilliam	12	Western Branch High School	9.35	4
95	Malia Clemons	10	James River (Midlothian)	9.44	1
96	Kaylee Covey	11	Hickory High School	9.49	15
96	Mariah Frazier	9	Hickory High School	9.49	2
98	Janiya Cooke	9	I.C. Norcom	9.65	8
99	Mia Milnamow	10	Cape Henlopen High School	9.67	5
100	Mariah King	12	Manor	9.71	4
101	Desarey Gardner	11	Potomac High School	9.77	3
102	Talijahe Parker	11	Chancellor	9.78	16
103	Jaden Sestak	12	Oakton	9.83	8
104	Nathalie Absolu	10	Friendly High School	9.92	1

105	Destiny Tonkolliie	11	Western Branch High School	9.95	10
106	Khamonni Pryor	11	I.C. Norcom	9.98	9
107	KAYLA T. BOBBITT	11	Potomac High School	10.17	5
108	Leah Gulilat	10	Nansemond River	10.17	12
109	Riyanna Crews	12	Potomac High School	10.31	7
110	Dezirai Fenderson	11	Potomac High School	10.33	6
111	Ja'Nay Liburd	9	Hickory High School	10.35	14
112	Emily Wirth	11	Hickory High School	10.50	11
113	Terray Aultman	12	Hampton	10.95	3

Boys 60 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Trey Johnson	11	Cape Henlopen High School	6.94	2	
2	Ben Chandler	12	Bishop McNamara High School	7.03	2	
3	Quincy Gilmer	9	Nansemond River	7.05	2	
4	Zykee Hunter	10	Churchland	7.06	2	
5	James Martin	11	Battlefield	7.08	2	
6	Norell Boomer	11	Oakton	7.09	2	
7	Ashton Strobbridge	11	Bishop McNamara High School	7.10	2	
8	Jaythan Dumas	12	Forest Park	7.11	1	
9	Brandon Murray	11	Battlefield	7.11	1	
10	Jasaani Becton	12	Nansemond River	7.13	1	
11	Payton Schwartz	12	Nansemond River	7.18	1	
12	Elijah McCauslin	11	Oakton	7.21	2	
13	Tyrell Grant	11	Nansemond River	7.21	1	
14	Vincent Acinapura	12	Twin Valley	7.22	1	
15	Troy Nowlin	11	Churchland	7.26	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Trey Johnson	11	Cape Henlopen High School	7.02	19	
2	Quincy Gilmer	9	Nansemond River	7.05	13	
3	Zykee Hunter	10	Churchland	7.11	7	
4	Norell Boomer	11	Oakton	7.12	19	
5	James Martin	11	Battlefield	7.14	5	
6	Ashton Strobbridge	11	Bishop McNamara High School	7.16	11	
7	Ben Chandler	12	Bishop McNamara High School	7.18	2	
8	Elijah McCauslin	11	Oakton	7.18	12	
9	Brandon Murray	11	Battlefield	7.19	6	
10	Jaythan Dumas	12	Forest Park	7.19	3	
11	Nicholas Alston	10	Clayton	7.22	16	
12	Jasaani Becton	12	Nansemond River	7.22	16	
13	Tyrell Grant	11	Nansemond River	7.23	17	
14	Payton Schwartz	12	Nansemond River	7.24	12	
15	Vincent Acinapura	12	Twin Valley	7.25	3	
16	Troy Nowlin	11	Churchland	7.26	17	
17	William Calliott	12	James River (Midlothian)	7.28	13	
18	Mason Mills	11	Nansemond River	7.29	17	
19	Jayden Messick	12	Cape Henlopen High School	7.30	9	
20	Jesse James	10	Baltimore City College	7.30	2	
21	Mark Andrews	11	Milford Mill	7.31	9	
22	Javian Wise	12	Cape Henlopen High School	7.32	10	
23	Marcus Coker	12	South Lakes	7.34	7	
24	Boima King	10	Bishop McNamara High School	7.35	2	
25	John Cody	9	Nansemond River	7.36	19	
26	Kingston Hall	12	Churchland	7.37	10	
27	Cameron Hyman	10	Potomac High School	7.38	15	
28	Peyton Lane	10	Western Branch High School	7.38	20	

29	Bobby Knight	11	Lakeland	7.39	9
30	Borna Tarashi	11	Oakton	7.40	12
31	Maddox Man	10	Battlefield	7.40	18
32	Brendan Wood	12	James River (Midlothian)	7.41	1
33	Elijah Shockley-Taylor	11	Cape Henlopen High School	7.41	8
34	Landon Coleman	10	Grassfield	7.41	11
35	Tyrese Ivy	12	Lafayette	7.42	17
36	Jamari Deus	11	Lakeland	7.43	13
36	Tristin Harris	12	Lafayette	7.43	20
38	Antoine Woods	11	Potomac High School	7.43	14
39	Matias Hupf	11	James River (Midlothian)	7.44	4
40	Nycere Peyton	10	Chancellor	7.44	18
41	Kasyn Campbell	10	Bethel	7.46	22
42	Bryson Shelton	12	Bishop McNamara High School	7.46	21
43	Quarzel Frazier	11	Hampton	7.46	15
44	Kenneth Mosley	10	Langley	7.47	2
45	Demonte Sutherland	11	Norview	7.48	14
46	Cameron Reid	10	I.C. Norcom	7.48	5
47	Ben Grundy	11	Twin Valley	7.49	4
47	Allen Morris	11	Churchland	7.49	22
49	Kamren Gunter	12	Churchland	7.49	16
50	Jonathan Creed	9	Chancellor	7.50	20
51	Ryan McCarraher	10	Grassfield	7.51	2
52	Dareon Ripley	11	Churchland	7.51	21
53	Anthony Nero	9	Bishop McNamara High School	7.52	1
54	Derron Danquah	11	Osbourn Park	7.52	1
55	Amari Lee	12	Petersburg	7.52	7
55	Evan White	11	Hickory High School	7.52	9
57	Noah Sheppard	11	Bishop McNamara High School	7.53	16
58	Samir Montoiro	11	Petersburg	7.53	20
59	Jauhar Tomes	11	Potomac High School	7.54	1
60	Elijah Vaughn	12	Osbourn Park	7.54	11
61	Julian Patton	10	Forest Park	7.54	6
62	Craig Kelleh	11	Freedom (Woodbridge)	7.55	21
63	Mason Rafter	12	Grassfield	7.55	16
64	Aidan Tremblay-Rogers	11	Forest Park	7.56	19
65	Neimiah Gist	12	Grassfield	7.58	22
66	Dominic Summers	11	Twin Valley	7.60	15
67	Emmanuel Ampong	11	Forest Park	7.60	5
67	Laurence Dell	11	Freedom (Woodbridge)	7.60	14
69	Xander Lex	11	Battlefield	7.60	23
70	Jamyrie Johnson	12	Forest Park	7.61	7
71	Josiah Barnes	10	Norview	7.61	18
72	Di'Andre Atkins	10	I.C. Norcom	7.62	5
73	David Garbanzo-Rojas	10	Cape Henlopen High School	7.62	20
74	Labeed Zaib	11	South Lakes	7.63	23
75	Suguru Dabre	11	Hickory High School	7.66	4
76	Isaiah Carothers	9	Freedom (Woodbridge)	7.66	12
77	Kavon Dupree	12	Chancellor	7.66	18
78	Jesse Conteh	12	Osbourn Park	7.67	15
78	Michael Guerra	10	Nansemond River	7.67	14
80	Tisaun Holland	12	Western Branch High School	7.67	4
81	Elijah Darling	11	Bethel	7.68	16
82	Jacob Grimsley	9	Oakton	7.69	7
83	Sean Pitt	12	Lafayette	7.72	6
84	London White	10	Great Bridge High School	7.73	10
84	Makai Williams	10	Baltimore City College	7.73	8
86	Mark Mann	10	James River (Midlothian)	7.73	23
87	Emmaus Lewis	11	I.C. Norcom	7.75	1
88	Brarce Flores	11	James River (Midlothian)	7.76	22
89	Edward LaMothe	11	Bishop McNamara High School	7.76	3
90	Kylin Walker	11	Chancellor	7.78	18
91	Mekhi Boyd	12	Grassfield	7.79	22
92	Owen Bianchi	9	Battlefield	7.81	6
93	Jamereius Billingsley	11	Chancellor	7.81	19

94	Aidan Rafter	12	Grassfield	7.83	21
95	Darius Edwards Jr	11	I.C. Norcom	7.84	8
95	Xavier Whitted	11	Manor	7.84	16
97	Nicholas Clampitt	10	Cape Henlopen High School	7.84	18
98	Elijah Gibbs	10	Bethel	7.85	9
98	Desmond Ricketts	11	Freedom (Woodbridge)	7.85	18
100	Ja'Khia Bowman	10	Cape Henlopen High School	7.87	2
101	Yussif Kassim	9	Freedom (Woodbridge)	7.87	9
102	Henry Scott	10	James River (Midlothian)	7.87	21
103	Xavier White II	12	Bethel	7.89	7
104	Samaj Burke	11	Hampton	7.89	21
104	Destin Jones	9	Hampton	7.89	20
106	Cordaro Williams	12	Hampton	7.89	1
107	Darrion McFadden	12	Potomac High School	7.92	15
107	Carlton Stokes	11	Grassfield	7.92	14
109	Isiah Sussewell	9	Churchland	7.93	7
110	Eric Kowalczyk	12	South Lakes	7.94	12
111	DeJuan Pierce	10	Western Branch High School	7.95	11
112	Dylan Fudge	11	South Lakes	7.96	23
113	Tyrin Rodgers	9	Bethel	7.97	13
114	Brooks Ross	9	South Lakes	7.98	17
115	Izaiyah Gray	9	Lafayette	7.99	14
116	Dante Anderson-JV	9	Bethel	8.01	8
117	Justice Gordon	10	Freedom (Woodbridge)	8.01	10
118	Jordan Clarke	10	James River (Midlothian)	8.02	14
118	Christopher Cousins	10	Petersburg	8.02	3
120	Timothy Morgan	12	Oakton	8.04	8
121	Justin Hardy	10	Western Branch High School	8.05	22
122	Amonzay Edwards	9	Western Branch High School	8.05	12
123	Omari Jones	10	Great Bridge High School	8.10	15
123	Jayven Parham	10	Petersburg	8.10	5
125	Alexander Hudson	9	Nansemond River	8.12	18
126	Major Taliaferro	9	Lafayette	8.13	10
127	Tyreke Bright	10	Petersburg	8.14	23
128	christopher Ross	11	Western Branch High School	8.20	7
129	Santana Morgan	11	Manor	8.26	10
130	Patrick Harris	11	Manor	8.41	3
131	William Kowalczyk	9	South Lakes	8.41	19
132	Jayden Pllum	9	Hampton	8.42	13
133	Caleb Awuku-Budu	9	Battlefield	8.45	9
134	Louis Thompson	9	Potomac High School	8.53	15
135	Ethan Zola	9	Battlefield	8.53	14
136	Da'son Johnson	9	Petersburg	8.56	4
137	Caden Woodson	11	Hampton	8.84	12
138	Landon Bobbitt	9	Baltimore City College	8.93	3

Girls 60 meter Hurdles Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Audrina Chew	11	Nansemond River	8.92	2	
2	Layla Hasan	12	Bishop McNamara High School	8.93	2	
3	Aubree Harris	12	Osbourn Park	9.05	2	
4	Ariyah Edwards	12	Baltimore City College	9.07	2	
5	Anilla Castro	11	Bishop McNamara High School	9.17	2	
6	Yowome Ayim	12	Manor	9.18	2	
7	Simone Ellis	10	Nansemond River	9.64	1	
8	Savannah Hunter	12	Manor	9.95	2	
9	Anejah Grace	11	Cape Henlopen High School	10.20	1	
10	Lauren Granado	10	Bishop McNamara High School	10.44	1	
11	Breonna Morris	12	Lakeland	10.45	1	
12	Nana Akua Oppong	11	Lake Braddock	10.69	1	
13	Saniyah Pegues	12	Manor	10.89	1	

14	Yenam Ayim	9	Manor	12.41	1
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Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Ava Rice	12	Battlefield	8.64	5	
2	Layla Hasan	12	Bishop McNamara High School	8.94	1	
3	Audrina Chew	11	Nansemond River	9.11	5	
4	Aubree Harris	12	Osbourn Park	9.13	1	
5	Yowome Ayim	12	Manor	9.28	3	
6	Savannah Hunter	12	Manor	9.29	3	
7	Ariyah Edwards	12	Baltimore City College	9.30	2	
8	Anilla Castro	11	Bishop McNamara High School	9.40	2	
9	Simone Ellis	10	Nansemond River	9.74	4	
10	Tressia Davis	12	Friendly High School	9.99	3	
11	Anejah Grace	11	Cape Henlopen High School	10.07	1	
12	Lauren Granado	10	Bishop McNamara High School	10.67	1	
13	Breonna Morris	12	Lakeland	10.87	5	
14	Yenam Ayim	9	Manor	10.91	2	
15	Nana Akua Oppong	11	Lake Braddock	10.98	2	
16	Saniyah Pegues	12	Manor	10.98	3	
17	Sabina Freeman	11	South Lakes	11.10	5	
18	Cassidy Hannon	10	Grassfield	11.16	2	
19	Juliana Aguirre-Martinez	11	South Lakes	11.26	4	
20	Kaylyn Clews	10	Cape Henlopen High School	11.60	3	
21	Ava Sorenson	10	Lake Braddock	11.71	1	
22	Melody Fadaka	12	Grassfield	12.31	3	
23	Amora Mosley	10	I.C. Norcom	12.33	3	
24	Laiyah Banks	11	I.C. Norcom	12.40	2	
25	Lola Coney	10	South Lakes	13.06	5	

Boys 60 meter Hurdles Varsity Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Finn Middleton	12	South Lakes	8.05	2	
2	Jasaani Becton	12	Nansemond River	8.36	2	
3	Laurence Dell	11	Freedom (Woodbridge)	8.40	2	
4	Cliff Trapp	12	South Lakes	8.43	2	
5	Jason Moore	10	Churchland	8.47	2	
6	Robert Redden	12	Cape Henlopen High School	8.64	2	
7	KerVaughn Stovall	12	Lakeland	9.02	1	
8	Dakaevion Garner	10	Manor	9.28	1	
9	Jakhari Madison	12	Norview	9.31	1	
10	Justin Stites	12	Hickory High School	9.35	1	
11	Thomas Read	11	Baltimore City College	9.35	1	
12	Eryck Brown-Fields	10	Bethel	10.54	1	
13	Noah Taylor	12	Baltimore City College	10.58	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Finn Middleton	12	South Lakes	7.97	5	
2	Jasaani Becton	12	Nansemond River	8.32	5	
3	Robert Redden	12	Cape Henlopen High School	8.48	4	
4	Jason Moore	10	Churchland	8.49	1	
5	Laurence Dell	11	Freedom (Woodbridge)	8.54	1	
6	Kingston Hall	12	Churchland	8.56	5	
7	Cliff Trapp	12	South Lakes	8.63	2	

8	Khalil KJ Jackson	11	Bethel	8.80	3
9	Tyson Lasker	12	Lafayette	9.19	4
10	KerVaughn Stovall	12	Lakeland	9.27	3
11	Dakaevion Garner	10	Manor	9.36	1
12	Thomas Read	11	Baltimore City College	9.37	1
13	Jakhari Madison	12	Norview	9.37	2
14	Justin Stites	12	Hickory High School	9.79	4
15	Noah Taylor	12	Baltimore City College	10.67	4
16	Eryck Brown-Fields	10	Bethel	10.70	5
17	Darius Edwards Jr	11	I.C. Norcom	10.74	2
18	Ethan Pickering	10	Battlefield	10.74	3
19	Solomon Marsh	10	Freedom (Woodbridge)	10.94	5
20	Kaio D'Aguiar	11	South Lakes	11.03	4
21	Matthew Graham	11	Battlefield	11.03	2
22	Thomas Coleman	11	Lakeland	11.44	2
23	Cameron Davis	9	Grassfield	11.90	1
24	Max Gomez	10	Hickory High School	12.04	5

Girls 200 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Shawana Reynolds	9	Bishop McNamara High School	25.48	21	
2	Justice McDaniel	11	Bishop McNamara High School	25.53	21	
3	Anilla Castro	11	Bishop McNamara High School	26.26	21	
4	Layla Hasan	12	Bishop McNamara High School	26.45	21	
5	Jochebed Konadu	10	Freedom (Woodbridge)	26.52	20	
6	Courtney Ferdinand	10	Freedom (Woodbridge)	26.60	20	
7	Jayla Washington	9	Bishop McNamara High School	26.62	19	
8	Cayla Cain	11	Forest Park	26.73	21	
9	Tori Montgomery	9	Bishop McNamara High School	27.10	18	
10	Makayla Johnson	9	Battlefield	27.20	19	
11	Faith Afolabi	11	Battlefield	27.21	18	
12	Jazzyria Armstrong	10	Manor	27.31	9	
13	Trae Byrd	12	Nansemond River	27.45	20	
14	Kayla Johnson	12	Manor	27.47	10	
15	Alexandra Fernandes	11	Battlefield	27.53	17	
16	Jazmen Bright	11	Churchland	27.63	15	
17	Kamani Ward	12	Manor	27.63	13	
18	Talesha Blount	10	Freedom (Woodbridge)	27.65	19	
19	Ramiya Smith	12	Lafayette	27.83	20	
20	Kennedy Bundy	11	Freedom (Woodbridge)	27.86	18	
21	Bryanna Chavez	10	Norview	27.87	19	
22	Daynah Harrell	12	Churchland	27.90	15	
23	Nevaeh Chaney	10	Nansemond River	27.94	13	
24	Saniyah Pegues	12	Manor	28.34	10	
25	Torri Stith	10	Baltimore City College	28.40	4	
26	Maria Reynoso	10	Grassfield	28.67	15	
27	Makayla Hines	10	Norview	28.70	17	
28	Yenam Ayim	9	Manor	28.76	9	
29	Leyla-Lynn Jaoude	10	South Lakes	28.79	11	
30	Rylie Green		Bishop McNamara High School	29.20	12	
31	Symphany James	11	Episcopal	29.24	11	
32	Naomi Whitfield	9	Churchland	29.29	8	
33	Jayla Evans	10	Forest Park	29.29	13	
34	Sharon Whitfield	12	Churchland	29.31	5	
35	Katelynn Hunt	10	Baltimore City College	29.36	4	
36	Tatiana Walker-Rawlings	12	Petersburg	29.42	4	
37	Sireen Hall	12	South Lakes	29.46	15	
38	Amira Jones	11	Forest Park	29.57	13	
39	Keira Thompson	10	Baltimore City College	29.58	9	
40	Anya Catto	10	South Lakes	29.75	10	
41	Jordan Drayton	9	Baltimore City College	29.81	5	

42	Saniya Harris	10	Potomac High School	29.81	6
43	Kennedy Ramsey	11	Bishop McNamara High School	29.82	15
44	Kadence Wallace	9	South Lakes	29.85	11
45	Kianna Bailey	11	Manor	29.91	9
46	Niko Jackson	11	Hampton	30.00	6
47	Milah Alexander	12	Hampton	30.19	7
48	Nyla Hardaway	10	Grassfield	30.31	12
49	Kaliah Ware-Blakney	11	Potomac High School	30.49	8
50	Ty'nasha Pinkney	10	Lake Taylor	30.58	10
51	Haylin Hubbard	11	Churchland	30.69	8
52	Emerie Jackson	9	Grassfield	30.72	11
53	Karletta Webb	10	South Lakes	30.95	10
54	Melody Fadaka	12	Grassfield	31.18	12
55	Olivia Rosengart	9	South Lakes	31.19	8
56	Natalia Rodriquez	10	Lafayette	31.34	3
57	Tiana Scarbrough-Jones	9	Lake Taylor	31.36	12
58	Ayanna vicks	9	Hampton	31.38	7
59	Jordan Cherry	9	Hampton	31.41	3
60	Annalee Adams	9	South Lakes	31.69	9
61	Jerny Haines	11	Cape Henlopen High School	31.83	3
62	Lili McCann	9	Cape Henlopen High School	31.95	5
63	Mia Milnamow	10	Cape Henlopen High School	32.44	2
64	Sophie Leposki	11	Cape Henlopen High School	33.26	2
65	Madelyn Klemkowski	10	Cape Henlopen High School	33.28	2
66	Kimora Bridges	10	Norview	33.63	18
67	Jordan Strahan	9	Lake Taylor	33.64	1
68	Mariah King	12	Manor	33.83	2
69	Abigail Flores	11	Grassfield	33.91	12
70	Laiya Ward	12	Cape Henlopen High School	34.35	3
71	Ra' Niyah A. Lomax	10	Potomac High School	34.53	4
72	Desarey Gardner	11	Potomac High School	34.75	3
73	KAYLA T. BOBBITT	11	Potomac High School	35.63	1
74	Riyanna Crews	12	Potomac High School	36.69	1

Boys 200 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Vincent Acinapura	12	Twin Valley	22.44	22	
2	Jasaani Becton	12	Nansemond River	22.47	22	
3	Ashton Strobridge	11	Bishop McNamara High School	22.59	21	
4	Payton Schwartz	12	Nansemond River	22.60	23	
5	Mason Mills	11	Nansemond River	22.71	20	
6	Trey Johnson	11	Cape Henlopen High School	22.73	21	
7	James Martin	11	Battlefield	23.01	23	
8	Troy Nowlin	11	Churchland	23.06	11	
9	Jonathan Cherry	12	Churchland	23.09	13	
10	Terrence Dorsey	9	Bishop McNamara High School	23.10	22	
11	Jeremiah Folk	10	Churchland	23.30	11	
12	Elijah Shockley-Taylor	11	Cape Henlopen High School	23.35	20	
13	Boima King	10	Bishop McNamara High School	23.37	16	
14	Magerald Clark	11	Lake Taylor	23.41	22	
15	Cah'Lique Young	12	Churchland	23.43	13	
16	Jason Adams	12	Bishop McNamara High School	23.44	19	
17	Jake Addison	11	Bishop McNamara High School	23.51	20	
18	Jayden Messick	12	Cape Henlopen High School	23.51	21	
19	Javian Wise	12	Cape Henlopen High School	23.53	20	
20	Tyrese Ivy	12	Lafayette	23.54	18	
21	Peyton Lane	10	Western Branch High School	23.77	20	
22	Brendan Wood	12	James River (Midlothian)	23.78	21	
23	Matthew patterson	10	Friendly High School	23.84	8	
24	Dominic Summers	11	Twin Valley	23.91	19	
25	Greg Boyd	12	Nansemond River	23.99	17	

26	Khalil Harper	11	Bethel	24.29	17
27	Antoine Woods	11	Potomac High School	24.37	10
28	Elijah Gibbs	10	Bethel	24.38	14
29	Kasyn Campbell	10	Bethel	24.39	14
30	Kenneth Mosley	10	Langley	24.39	18
31	Mason Rafter	12	Grassfield	24.40	19
32	Tyrek Turner	12	Lake Taylor	24.46	19
33	Sean Pitt	12	Lafayette	24.47	13
34	Jayden Gilliam	10	Lake Taylor	24.48	9
35	Christian Brown	10	Lake Taylor	24.51	12
36	Craig Kelleh	11	Freedom (Woodbridge)	24.65	18
37	Macari Perry	11	Potomac High School	24.71	10
38	Elijah Darling	11	Bethel	24.74	16
39	Isaiah Carothers	9	Freedom (Woodbridge)	24.83	12
40	Makai Williams	10	Baltimore City College	24.85	4
41	Trenton Anthony-Jones	10	Bethel	24.88	16
42	Isiah Sussewell	9	Churchland	24.90	6
43	Tyrin Rodgers	9	Bethel	25.03	8
44	Jalen Zimmerly	9	Churchland	25.04	10
45	Mekhi Boyd	12	Grassfield	25.09	11
46	Brandon Hunter	11	Forest Park	25.13	17
47	Hezekiah Lowe	10	Churchland	25.14	10
48	Ryder Bodis	11	Cape Henlopen High School	25.28	16
49	Amari Lee	12	Petersburg	25.28	9
50	Omari Purnell	9	Cape Henlopen High School	25.32	8
51	Nyle Shewmake	12	Churchland	25.45	11
52	christopher Ross	11	Western Branch High School	25.47	4
53	Darrion McFadden	12	Potomac High School	25.52	6
54	Evan Johnson	9	Cape Henlopen High School	25.55	9
55	Kenneth Johnson	9	Lake Taylor	25.61	14
56	Destin Jones	9	Hampton	25.72	8
57	Aidan Rafter	12	Grassfield	25.75	18
58	Izaiyah Gray	9	Lafayette	25.75	13
59	Joshua Peele	11	Hampton	25.87	5
60	Danilo Wong	9	Grassfield	25.88	14
61	Jaevon Burno	10	Nansemond River	25.98	12
62	Xavier Yelverton	9	Hampton	26.06	9
63	Samaj Burke	11	Hampton	26.08	3
64	Jorden LaFond	9	Nansemond River	26.11	7
65	Kemjika Eleanya	9	Baltimore City College	26.15	6
66	Carlton Stokes	11	Grassfield	26.20	12
67	Bishop Donald	10	Chancellor	26.30	7
68	Ethan Korlison	10	Baltimore City College	26.34	3
69	Isaiah Capa	9	Norview	26.54	8
70	Xavier Johnson	11	Chancellor	26.57	4
71	Solomon Marsh	10	Freedom (Woodbridge)	26.61	7
72	Wedley Eustache	11	Hampton	27.22	5
73	Jayden Pellum	9	Hampton	27.57	1
74	Jacob Danquab	9	Friendly High School	27.96	7
75	Landon Bobbitt	9	Baltimore City College	28.34	4
76	jeffery St. Julien II	9	Chancellor	28.51	1
77	Dylan Hendrick	11	Western Branch High School	29.72	3
78	Louis Thompson	9	Potomac High School	29.72	5
79	Josiah Brown	9	Western Branch High School	30.53	1
80	Myiel Wright	10	Western Branch High School	30.68	1

Girls 300 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Sophie Rambo	11	Grassfield	38.68	17	
2	Tressia Davis	12	Friendly High School	38.86	17	
3	Zoe Dorsey	11	Terry Sanford	39.82	17	

4	Sophia Gaskins	11	Bishop McNamara High School	41.23	17
5	Shaïla Hope	11	Enloe	41.73	16
6	London Pulley	9	Baltimore City College	42.51	11
7	Trinity Reed	10	Churchland	42.72	16
8	Layla Jackson	10	Grassfield	43.20	16
9	Cyniah Vanpelt	9	Churchland	43.46	15
10	Cassidy Hannon	10	Grassfield	43.74	14
11	Lakeisha Meekins	10	South Lakes	44.04	16
12	Taylor Moorner	11	Baltimore City College	44.29	2
13	Carleigh Shane	9	Baltimore City College	44.42	13
14	Kristin Harris	12	Lafayette	44.86	17
15	Ariell Palmer	12	Nansemond River	44.89	8
16	Giada Gilliam	9	Osbourn Park	45.37	11
17	Melanie Velasco	11	South Lakes	45.40	14
18	Bria Reese	11	Churchland	45.52	15
19	Nathaila Noggin	12	Petersburg	45.57	10
20	Aurora Ayala	12	Oakton	45.58	15
21	Mckenziei Featherson	9	Friendly High School	45.99	12
22	Audrey Baird	10	James River (Midlothian)	46.10	7
23	Shawna Gramby	10	Great Bridge High School	46.19	13
24	Amara Odunkew		Bishop McNamara High School	46.28	10
25	Crystal Banahene	11	Forest Park	46.38	9
26	Ma'Riyah Williams	10	Churchland	46.46	9
27	Remiah Veal	9	Churchland	46.76	13
28	Autumn Simmons	10	Grassfield	46.77	13
29	Katharine Morrison	10	Episcopal	46.78	8
30	Tristan Robertson Duarte	10	Potomac High School	46.91	6
31	Jayla Pulley	9	Baltimore City College	47.01	9
32	CAMILE R. BOULWARE	10	Potomac High School	47.18	9
33	Christen Thompson	12	Osbourn Park	47.26	11
34	Brianna Speller	10	Nansemond River	47.32	7
35	Harper Carrier	12	Oakton	47.45	16
36	Hayden Youngkrantz	11	South Lakes	47.50	10
37	Mei Li Chin	9	Lafayette	47.59	5
38	Amora Mosley	10	I.C. Norcom	47.60	11
39	Suriah Fornah	10	South Lakes	47.64	11
40	Lila Burnside	10	Great Bridge High School	48.16	7
41	Claire Talbot	11	South Lakes	48.19	12
42	Clairese T. Tate	9	Potomac High School	48.37	6
43	Milah Alexander	12	Hampton	48.66	7
44	Jakiya Mangum	12	Petersburg	48.79	4
45	Tia Tuffour	9	South Lakes	48.83	10
46	Sabrina Williams	12	Oakton	49.10	8
47	Quinota Cannon	12	Petersburg	49.25	6
48	Saniya Harris	10	Potomac High School	49.26	6
49	Semia Friend	12	Petersburg	49.49	12
50	Zoey Billings	11	Manor	49.90	5
51	Niko Jackson	11	Hampton	50.87	3
52	Amelia Albanese	9	Lafayette	51.32	3
53	Keasia Moses	10	Churchland	51.46	6
54	Ayanna vicks	9	Hampton	51.58	4
55	Malia Clemons	10	James River (Midlothian)	52.12	4
56	Jaidyn Masha	11	Nansemond River	52.30	4
57	Jaden Sestak	12	Oakton	52.63	3
58	Janiya Cooke	9	I.C. Norcom	53.54	2
59	Khamonni Pryor	11	I.C. Norcom	54.90	2

Boys 300 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Donte Long	12	Friendly High School	33.81	29	
2	Grant Stephens	11	Friendly High School	34.92	29	

3	Seth Minter	12	Milford Mill	35.54	29
4	Mark Andrews	11	Milford Mill	35.82	18
5	Nigel James	11	Grassfield	35.86	28
6	Quarzel Frazier	11	Hampton	35.99	27
7	Kyan Kuechler	11	Osbourn Park	36.04	26
8	Kaiden Woodhouse	11	Bishop McNamara High School	36.19	27
9	Gabriel Simmons	11	Osbourn Park	36.22	28
10	Naye'Ron Hudson	11	Lafayette	36.25	26
11	Qwanterius Tillman	10	Great Bridge High School	36.30	27
12	Sean Young	12	Clayton	36.46	27
13	Colin Barley	11	Bishop McNamara High School	36.47	26
14	Cameron Hyman	10	Potomac High School	36.52	23
15	Eric May	12	Friendly High School	36.60	23
16	Matthew Lyons	11	Bishop McNamara High School	36.77	29
17	Blake Jackson	11	South Lakes	36.79	25
18	Marquis White	10	Churchland	36.93	26
19	Jayden Curry	12	Bruton	36.98	28
20	Mason Martin	12	Freedom (Woodbridge)	37.00	27
21	Jason Moore	10	Churchland	37.10	21
22	Dareon Ripley	11	Churchland	37.11	21
23	Amadu Sesay	11	Osbourn Park	37.17	29
24	Andrew Rutherford	12	Lafayette	37.20	24
25	Quincy Gilmer	9	Nansemond River	37.24	28
26	Nyzir Holloman	12	Hampton	37.42	24
27	Alexander Bobba	12	Oakton	37.60	24
28	Anthony Nero	9	Bishop McNamara High School	37.64	22
29	Nashawn Wilson	11	Manor	37.78	25
30	Hayato Tano	11	South Lakes	37.79	17
31	Elijah Thompson	11	Potomac High School	37.83	22
32	Labeed Zaib	11	South Lakes	37.91	19
33	Derron Danquah	11	Osbourn Park	37.95	20
34	Nate Newton	11	Chancellor	38.13	18
35	Malik Corprew	10	Churchland	38.39	19
36	Xander Lex	11	Battlefield	38.40	25
37	Charles Smith	11	Clayton	38.40	20
38	Allen Morris	11	Churchland	38.41	23
39	Malaki Littlejohn	11	Norview	38.63	28
40	Cordaro Williams	12	Hampton	38.66	19
41	Jesse Conteh	12	Osbourn Park	38.74	21
42	Ryan McCarraher	10	Grassfield	38.88	21
43	Brandon Downey	10	Bishop McNamara High School	38.89	19
44	Aidan Tremblay-Rogers	11	Forest Park	39.16	21
45	Di'Andre Atkins	10	I.C. Norcom	39.16	16
46	Thomas Read	11	Baltimore City College	39.17	16
47	Edward LaMothe	11	Bishop McNamara High School	39.18	23
48	Xavier Whitted	11	Manor	39.19	15
49	Noah Sheppard	11	Bishop McNamara High School	39.22	17
50	Ransford Antwi	12	Forest Park	39.27	21
51	Conner Hylton	10	James River (Midlothian)	39.27	17
52	Jaeden Wilkens	10	Baltimore City College	39.28	14
53	Isaac Singleton	12	Hampton	39.32	26
54	Elijah Vaughn	12	Osbourn Park	39.33	18
55	Henry Scott	10	James River (Midlothian)	39.38	17
56	Laurence Dell	11	Freedom (Woodbridge)	39.46	23
57	Lucas Blackburn	11	Langley	39.49	17
58	Logan Oleksy	11	Lafayette	39.68	22
59	Keymond Long	9	Churchland	39.74	19
60	Desmond Ricketts	11	Freedom (Woodbridge)	39.75	20
61	Jacob Nwaochei	10	Baltimore City College	39.75	9
62	Desmond Jones	11	Forest Park	39.76	10
63	Nasear Griffin	12	Clayton	39.78	18
64	Jayden Johnson	10	Cape Henlopen High School	39.79	8
65	Julian Patton	10	Forest Park	39.80	16
66	Daniel Alfred	11	Baltimore City College	39.80	8
67	Eric Kowalczyk	12	South Lakes	39.83	13

68	Demonte Sutherland	11	Norview	39.84	23
69	Dorrian Williams	12	Great Bridge High School	39.93	14
70	Dante Anderson-JV	9	Bethel	39.94	11
71	Delsin Edwards	11	Lafayette	39.95	10
72	Isaac Brooks	11	Lake Taylor	39.98	10
73	Amaziyah Yashania	10	Norview	40.00	22
74	Otto Quarles	10	James River (Midlothian)	40.02	10
75	Samir Montoiro	11	Petersburg	40.08	8
76	Jamyrie Johnson	12	Forest Park	40.14	16
77	Elijah Scott	12	Nansemond River	40.16	15
78	Montrel Barber	9	Baltimore City College	40.19	9
79	Michael Guerra	10	Nansemond River	40.38	13
80	Jaden Chappell	12	Clayton	40.47	18
81	Isaiah Betancourt	10	Chancellor	40.52	13
82	Macari Perry	11	Potomac High School	40.53	16
83	Landon Coleman	10	Grassfield	40.64	20
84	James Huggins	11	Potomac High School	40.68	12
85	Kaio D'Aguiar	11	South Lakes	40.71	11
86	Jordan Wilkens	10	Baltimore City College	40.72	11
87	Eryck Brown-Fields	10	Bethel	40.76	13
88	Xavier White II	12	Bethel	40.82	12
89	Major Bland IV	10	Bethel	40.84	12
90	Jakhari Madison	12	Norview	40.91	15
91	Dylan Fudge	11	South Lakes	41.19	5
92	Ethan Pickering	10	Battlefield	41.20	9
93	Mason Silva	11	Cape Henlopen High School	41.29	7
94	Dakaevion Garner	10	Manor	41.54	9
95	Jalen Schiewe-Alson	12	Churchland	41.55	19
96	Brandon Lee	11	James River (Midlothian)	41.68	14
97	Tyler Barnes	9	Lake Taylor	41.75	5
98	Charles Hargrave	11	Hampton	41.77	4
99	Chance Davis	9	Bethel	41.78	4
100	Darius Edwards Jr	11	I.C. Norcom	41.82	8
101	Matthew Graham	11	Battlefield	41.87	10
102	Emmanuel Ampong	11	Forest Park	42.07	20
103	Dante Kendall	9	Manor	42.16	4
104	Chrishawn Johnson	11	Petersburg	42.25	11
105	Lucas Wise	10	Cape Henlopen High School	42.36	5
106	Tyreke Bright	10	Petersburg	42.37	5
107	Patrick Harris	11	Manor	42.39	6
108	Connor Ruzila	12	Langley	42.46	13
109	Jayden Wise	9	Nansemond River	42.54	4
110	Alexander Hudson	9	Nansemond River	42.96	4
111	Brooks Ross	9	South Lakes	43.04	5
112	Jayven Parham	10	Petersburg	43.21	7
113	Lundun Johnson	9	Hampton	43.42	1
114	Travis Dilliard	9	Bethel	43.44	6
115	Daryl Simmons	11	Hampton	43.48	2
116	Cameron Evans	11	Petersburg	43.72	6
117	Jalen Lawton	10	Chancellor	44.21	3
118	William Kowalczyk	9	South Lakes	44.31	2
119	Dashawn Brown	9	Lake Taylor	44.58	2
120	Major Taliaferro	9	Lafayette	44.60	3
121	Ethan Zola	9	Battlefield	44.98	5
122	De'Andre Jeffries-Branch	9	Hampton	45.29	1
123	Isaac Stuart	9	Cape Henlopen High School	45.32	3
124	Ja'Khia Bowman	10	Cape Henlopen High School	45.60	12
125	Justin Johnson	10	Lake Taylor	45.78	3
126	Noah Sapienza	9	Cape Henlopen High School	45.86	2
127	Taequan McClease	10	Lake Taylor	46.41	1
128	Caleb Awuku-Budu	9	Battlefield	47.83	2

Girls 400 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Zoe Dorsey	11	Terry Sanford	56.30	12	
2	Justice McDaniel	11	Bishop McNamara High School	57.97	12	
3	Shawana Reynolds	9	Bishop McNamara High School	58.97	12	
4	Layla Hasan	12	Bishop McNamara High School	1:00.75	10	
5	Jazmyn Johnson	11	Bishop McNamara High School	1:01.48	10	
6	Audrina Chew	11	Nansemond River	1:02.07	9	
7	Madison Bridges	11	Bishop McNamara High School	1:02.43	9	
8	Giada Gilliam	9	Osbourn Park	1:03.11	8	
9	Mikyah Johnson	11	Nansemond River	1:03.75	10	
10	Tori Montgomery	9	Bishop McNamara High School	1:03.87	8	
11	Simone Ellis	10	Nansemond River	1:04.97	8	
12	Lauren Granado	10	Bishop McNamara High School	1:05.57	6	
13	Maile Godwin	10	Cape Henlopen High School	1:05.68	5	
14	Olivia Sharrow	10	Bishop McNamara High School	1:07.34	7	
15	Adriana Mapp	9	Manor	1:07.42	10	
16	Nyla Hardaway	10	Grassfield	1:08.90	4	
17	Jayde Diaz	12	Baltimore City College	1:09.24	6	
18	Iyanah Pridgen	10	Lake Taylor	1:10.97	7	
19	Keira Fletcher	10	Cape Henlopen High School	1:11.03	2	
20	Emerie Jackson	9	Grassfield	1:11.58	6	
21	Jerny Haines	11	Cape Henlopen High School	1:12.27	2	
22	Hannah Wells	9	Cape Henlopen High School	1:12.73	3	
23	Hailey Stewart	10	Churchland	1:12.79	6	
24	Haylin Hubbard	11	Churchland	1:13.07	5	
25	Ohiserume Ogbeta	9	Churchland	1:13.37	2	
26	Ty'nasha Pinkney	10	Lake Taylor	1:13.60	5	
27	Claudia Stazzone	12	Cape Henlopen High School	1:13.90	2	
28	Abigail Flores	11	Grassfield	1:13.91	5	
29	Madison Jones	10	Churchland	1:13.92	5	
30	Sariah Grant	11	Churchland	1:13.97	4	
31	Madelyn Klemkowski	10	Cape Henlopen High School	1:14.74	2	
32	Tiana Scarbrough-Jones	9	Lake Taylor	1:16.74	3	
33	Kaci Prince	12	Baltimore City College	1:20.27	3	
34	Nia Shewmake	9	Churchland	1:24.08	1	
35	Jordan Strahan	9	Lake Taylor	1:37.57	1	

Boys 400 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Jason Adams	12	Bishop McNamara High School	49.90	15	
2	Terrence Dorsey	9	Bishop McNamara High School	50.42	16	
3	Ben Grundy	11	Twin Valley	50.79	16	
4	Jeremiah Folk	10	Churchland	51.37	15	
5	Camron Chandler	9	Western Branch High School	51.54	13	
6	Cah'Lique Young	12	Churchland	51.60	14	
7	Daniel Stephenson	9	Bishop McNamara High School	51.60	13	
8	Dylan Carter	11	Norview	51.79	15	
9	Carter Sedgwick	9	Bishop McNamara High School	52.95	13	
10	Greg Boyd	12	Nansemond River	53.40	14	
11	Jamar Beasley	10	Cape Henlopen High School	53.56	14	
12	Antoine Woods	11	Potomac High School	54.68	10	
13	Navin Duffy	11	Cape Henlopen High School	54.75	10	
14	Nyle Shewmake	12	Churchland	54.91	12	
15	Noah Henderson	9	Bishop McNamara High School	55.53	12	
16	Suguru Dabre	11	Hickory High School	55.77	9	
17	Kelsey Matthews	9	Bishop McNamara High School	55.81	12	
18	Ayvion Rainey	10	Forest Park	55.83	14	
19	Jack Kuzara	10	Battlefield	56.03	6	
20	Logan Oleksy	11	Lafayette	56.24	13	

21	Jonathan Cherry	12	Churchland	56.24	15
22	Aiden George	9	Churchland	56.96	5
23	Jamanicus White	9	Churchland	57.10	5
24	Tripp Radford	12	Hickory High School	57.21	5
25	Nyzir Holloman	12	Hampton	57.49	11
26	Yussif Kassim	9	Freedom (Woodbridge)	57.50	11
27	Christian Brown	10	Lake Taylor	58.42	9
28	Sincere Lane	10	Lake Taylor	58.52	7
29	Kemjika Eleanya	9	Baltimore City College	58.72	8
30	Major Bland IV	10	Bethel	58.88	5
31	Lucas Wise	10	Cape Henlopen High School	1:00.57	8
32	Cameron Davis	9	Grassfield	1:01.06	11
33	Jorden LaFond	9	Nansemond River	1:01.14	7
34	Lundun Johnson	9	Hampton	1:01.96	1
35	Wedley Eustache	11	Hampton	1:01.98	1
36	Omari Jones	10	Great Bridge High School	1:02.13	6
37	Travis Dilliard	9	Bethel	1:02.73	3
38	Jayden Wise	9	Nansemond River	1:03.21	8
39	Joshua Peele	11	Hampton	1:04.71	3
40	Talin Jones	9	Nansemond River	1:04.86	8
41	De'Andre Jeffries-Branch	9	Hampton	1:05.31	1
42	Xavier Yelverton	9	Hampton	1:05.67	3
43	Trestan Washington	10	Hampton	1:11.01	2
44	Caden Woodson	11	Hampton	1:11.69	1

Girls 500 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aya Ryan	11	South Lakes	1:18.17	14	
2	Triniti Desince	10	Manor	1:19.77	13	
3	Catalina Simon	12	South Lakes	1:19.87	14	
4	Sky Simmons	10	Bishop McNamara High School	1:20.34	14	
5	London Pulley	9	Baltimore City College	1:21.93	12	
6	Trinity Reed	10	Churchland	1:23.20	13	
7	Janiyah Marshall	10	Freedom (Woodbridge)	1:24.39	14	
8	Talesha Blount	10	Freedom (Woodbridge)	1:24.54	13	
9	Luna Hernandez	11	South Lakes	1:24.95	11	
10	Taylor Moorer	11	Baltimore City College	1:27.22	12	
11	Carleigh Shane	9	Baltimore City College	1:27.49	10	
12	Eleanor Hood	12	South Lakes	1:28.52	9	
13	Ieshia Crawford	11	Manor	1:29.01	9	
14	CAMILE R. BOULWARE	10	Potomac High School	1:29.44	10	
15	Madison Chavis	9	Forest Park	1:29.80	11	
16	Arianna Anastasopoulos	12	Hickory High School	1:29.84	10	
17	Ava Ferrer	12	Hampton	1:30.23	8	
18	Anya Catto	10	South Lakes	1:31.06	7	
19	Jayla Pulley	9	Baltimore City College	1:31.57	8	
20	Loralie Christensen	9	Hickory High School	1:31.86	6	
21	Liora Johnson	11	Forest Park	1:32.06	8	
22	Tristan Robertson Duarte	10	Potomac High School	1:32.43	6	
23	Kennedy Troy	11	Hampton	1:32.94	8	
24	Karletta Webb	10	South Lakes	1:34.08	7	
25	Juliana Aguirre-Martinez	11	South Lakes	1:34.21	12	
26	Alaya Coleman	12	Baltimore City College	1:34.29	11	
27	Ava Peterson	9	Forest Park	1:34.34	7	
28	Nathalie Absolu	10	Friendly High School	1:34.61	6	
29	Mollie Barker	12	Hickory High School	1:34.66	11	
30	Shakya Boone	12	I.C. Norcom	1:34.80	6	
31	Teliyah Mills	11	Churchland	1:34.95	9	
32	Cailin Houlihan	9	Peninsula Catholic	1:35.58	6	
33	Leilani Portley	10	Hampton	1:35.84	4	
34	Khloe-Madison Sinkfield	9	Potomac High School	1:37.17	5	

35	Paris Fennell	9	Churchland	1:37.18	9
36	Amelia Albanese	9	Lafayette	1:37.26	5
37	Ciah Leinart	11	Manor	1:37.50	9
38	Clairese T. Tate	9	Potomac High School	1:38.74	4
39	Emma Thompson	10	Cape Henlopen High School	1:39.37	3
40	Diamond Wade	12	Norview	1:40.09	7
41	Savannah Hunter	12	Manor	1:40.36	12
42	Sabrina Bass	11	I.C. Norcom	1:40.91	4
43	Kaylee Covey	11	Hickory High School	1:41.34	5
44	Makayla Dawson	9	Nansemond River	1:42.34	3
45	Zoe Hennessey	10	Cape Henlopen High School	1:42.91	2
46	Sonya Pappas	9	Forest Park	1:44.82	6
47	Abigail Little	9	Forest Park	1:46.00	3
48	Leah Gulilat	10	Nansemond River	1:47.13	2
49	Rowyn Elliott	9	Lake Taylor	1:48.71	3
50	Abigail Pleasant	9	Lake Taylor	1:53.20	2
51	Ashlynn Panyko	9	Cape Henlopen High School	1:56.40	2

Boys 500 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Donte Long	12	Friendly High School	1:05.48	16	
2	Zackary Law-Gabriel	12	Bishop McNamara High School	1:06.84	16	
3	John Cody	9	Nansemond River	1:06.93	15	
4	Easton Crist	12	Grassfield	1:07.47	15	
5	Seth Minter	12	Milford Mill	1:07.51	16	
6	Kingston Nkanu	12	Bishop McNamara High School	1:07.98	16	
7	Amadu Sesay	11	Osbourn Park	1:08.30	16	
8	Grant Blackmer	11	Forest Park	1:08.55	15	
9	Isaac Singleton	12	Hampton	1:08.83	14	
10	Dylan Walsh	12	South Lakes	1:08.84	14	
11	Aiden Bednarz	11	South Lakes	1:08.97	13	
12	Isaac Yudkovsky	11	South Lakes	1:09.07	13	
13	Aiden Raoufinia	12	Langley	1:09.35	15	
14	Kamal Webb	12	Baltimore City College	1:09.42	12	
15	Zachary Cardenas	12	Langley	1:09.82	13	
16	Jayden Smith	10	Bishop McNamara High School	1:10.71	14	
17	Matthew patterson	10	Friendly High School	1:10.94	10	
18	Lucas Blackburn	11	Langley	1:10.97	10	
19	Tyrell Grant	11	Nansemond River	1:11.18	12	
20	Alexandr Sobolev	12	Lafayette	1:11.27	15	
21	Hayato Tano	11	South Lakes	1:11.75	14	
22	Eric May	12	Friendly High School	1:12.27	12	
23	Kamari Lightfoot	12	Manor	1:12.37	12	
24	Dell Parker	12	Lafayette	1:12.52	11	
25	Jason Flannagan	12	Forest Park	1:12.64	13	
26	Franco Giudici	11	Osbourn Park	1:12.67	12	
27	Elijah Thompson	11	Potomac High School	1:12.88	10	
28	Sean Torres-Rivera	10	Cape Henlopen High School	1:14.25	8	
29	Jacob Nwaochei	10	Baltimore City College	1:14.49	8	
30	Zion Hicks	12	Churchland	1:14.51	10	
31	Justin Stites	12	Hickory High School	1:14.89	11	
32	James Huggins	11	Potomac High School	1:15.30	9	
33	Noah Sarver	11	Hickory High School	1:15.66	9	
34	Thomas Houser	10	Forest Park	1:15.80	7	
35	Kielan Anderson	11	Bishop McNamara High School	1:16.65	12	
36	Emoni Scott	9	Churchland	1:17.25	3	
37	Daniel Alfred	11	Baltimore City College	1:17.86	6	
38	Jason Scott	10	Chancellor	1:17.99	5	
39	Jayden George	12	Churchland	1:18.20	6	
40	Max Gomez	10	Hickory High School	1:18.52	4	
41	Charles Hargrave	11	Hampton	1:18.61	4	

42	Nathan Henry	9	Manor	1:18.95	4
43	Chrishawn Johnson	11	Petersburg	1:19.11	7
44	Aiden Jones	9	Bishop McNamara High School	1:19.23	13
45	Thomas Galligan	9	Hickory High School	1:19.32	7
46	Makai Williams	11	Churchland	1:19.33	6
47	Jason Stites	10	Hickory High School	1:19.81	8
48	Daryl Simmons	11	Hampton	1:20.18	4
49	Fidel Clemmons	10	Lake Taylor	1:20.78	9
50	Nizayah Saddler	10	Lake Taylor	1:20.87	3
51	Thomas Baggott	12	Peninsula Catholic	1:21.13	5
52	Leyland Reyes	8	Chancellor	1:21.24	3
53	Antawn Young	10	Baltimore City College	1:21.30	3
54	Dante Kendall	9	Manor	1:21.73	2
55	Isaac Brooks	11	Lake Taylor	1:21.80	5
56	Morgan Duffin	12	Churchland	1:24.26	3
57	Sinceir Morris	11	Forest Park	1:26.30	10
58	Jacob Danquab	9	Friendly High School	1:28.01	5
59	Cameron Evans	11	Petersburg	1:28.75	5
60	Justin Johnson	10	Lake Taylor	1:33.84	2
61	Dashawn Brown	9	Lake Taylor	1:36.43	1
62	Jameson Steinbrecher	10	Lake Taylor	1:51.19	1

Girls 800 meter Run Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Allison Ortiz-Rivera	9	Cape Henlopen High School	2:30.24	2	
2	Elyn Akins	9	Grassfield	2:31.12	2	
3	Maile Godwin	10	Cape Henlopen High School	2:36.37	2	
4	Emily Muntean	10	Chancellor	2:42.26	2	
5	Alaya Coleman	12	Baltimore City College	2:45.23	1	
6	Ava Ferrer	12	Hampton	2:46.52	2	
7	Olivia Levey	9	South Lakes	2:46.85	2	
8	Scarlett Nevatt	9	Battlefield	2:50.12	1	
9	Olivia Greenstreet	9	Battlefield	2:50.55	1	
10	Sabina Freeman	11	South Lakes	2:51.24	2	
11	Melanie Garza	9	Nansemond River	2:52.46	1	
12	Kennedy Troy	11	Hampton	2:56.62	2	
13	Khloe-Madison Sinkfield	9	Potomac High School	2:57.23	1	
14	Lola Coney	10	South Lakes	3:00.77	1	
15	Shiloh O'Grady	9	Cape Henlopen High School	3:02.00	1	
16	Leilani Portley	10	Hampton	3:10.49	2	
17	Nathalie Absolu	10	Friendly High School	3:14.76	1	

Boys 800 meter Run Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Frankie DiSilvestro	12	Twin Valley	1:55.86	6	
2	Jayden Curry	12	Bruton	1:56.46	6	
3	Grant Stephens	11	Friendly High School	1:59.65	6	
4	Andrew Rutherford	12	Lafayette	2:01.62	6	
5	Jackson Kinsey	12	Twin Valley	2:02.25	6	
6	Dean Solomon	12	Bishop McNamara High School	2:03.17	6	
7	Cardin Benjamin	12	Cape Henlopen High School	2:04.14	6	
8	Andrew Radka	11	Cape Henlopen High School	2:05.99	6	
9	Jason Baker	11	Cape Henlopen High School	2:06.65	6	
10	Joshua Moore	12	Milford Mill	2:07.30	6	
11	Cooper Schmidt	12	Twin Valley	2:07.65	5	
12	Kamal Webb	12	Baltimore City College	2:09.16	5	
13	Dominic Browne	12	Nansemond River	2:09.18	4	

14	Raleigh Thompson	12	Baltimore City College	2:09.93	3
15	Andrew Servis	9	Twin Valley	2:09.97	5
16	Jack Taylor	12	Twin Valley	2:10.37	5
17	Alexander Watterson	10	Grassfield	2:12.90	4
18	Jack Kuzara	10	Battlefield	2:13.54	4
19	Ian Eversmeyer	11	Twin Valley	2:13.73	4
20	Emmett Wheatley	11	Cape Henlopen High School	2:14.53	5
21	Nick Petito	9	Cape Henlopen High School	2:14.75	4
22	Ezra Locke	11	Nansemond River	2:16.31	4
23	Riley Stazzone	11	Cape Henlopen High School	2:16.79	4
24	Jamar Beasley	10	Cape Henlopen High School	2:16.85	4
25	Alexander Ernokovich	11	Cape Henlopen High School	2:19.35	4
26	Connor Ruzila	12	Langley	2:19.50	6
27	Jonathan Lonsdale	10	Grassfield	2:25.01	4
28	Breylan Glassco	10	Hickory High School	2:33.01	3
29	Jacob Dalton	12	Churchland	2:33.56	3
30	Jacob Danquab	9	Friendly High School	2:36.58	3
31	Kerry Cox	12	Churchland	2:38.41	3
32	Noah Cowgar	11	Hickory High School	2:39.55	2
33	Carl Files IV	9	Hickory High School	2:39.59	2
34	Monte Jones	9	Bethel	2:40.34	3
35	Quinn Gilman	9	Hickory High School	2:43.12	2
36	D'Angelo Angeles	9	Chancellor	2:44.63	2
37	Demian Omondiale	9	Bethel	2:47.40	2
38	De'Andre Jeffries-Branch	9	Hampton	2:50.76	2
39	Micah Steele	9	Bethel	2:50.79	2
40	Jayden Pllum	9	Hampton	2:51.20	1
41	Jason Moore	9	Bethel	2:52.70	1
42	Austin Huckaby	9	Hickory High School	2:55.57	2
43	Lundun Johnson	9	Hampton	2:56.25	1
44	Chris McCright	11	Hampton	3:03.73	2
45	Ryland Ritenour	9	Hickory High School	3:07.75	2

Girls 1000 meter Run Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Caroline Elliott	11	South Lakes	2:52.83	5	
2	Alyssa Pongracz	12	Peninsula Catholic	3:06.86	5	
3	Elaina Mullins	12	Osbourn Park	3:08.23	5	
4	Lindsay Meadows	12	Ocean Lakes	3:08.25	5	
5	Frederika Bartsch	11	Ocean Lakes	3:10.88	5	
6	Sarah Ghantiwala	10	South Lakes	3:14.64	5	
7	Grace Thompson	12	Ocean Lakes	3:17.16	5	
8	Magdelene Scott	11	Great Bridge High School	3:17.77	5	
9	Rebekah Graham	9	Ocean Lakes	3:20.61	4	
10	Carly Navas	10	South Lakes	3:21.24	5	
11	Elizabeth Gong	9	Ocean Lakes	3:21.29	4	
12	Ava Grace Satterfield	10	South Lakes	3:23.90	4	
13	Charlotte Captain	9	South Lakes	3:24.24	4	
14	Lillian Swartzbaugh	10	South Lakes	3:25.15	4	
15	Campbell Wilson	11	Great Bridge High School	3:27.01	4	
16	Natalie Dye	9	Grassfield	3:27.40	3	
17	Eva Wangen	10	Ocean Lakes	3:28.88	4	
18	Alek Becker	10	Osbourn Park	3:29.89	4	
19	Olivia Green	10	Great Bridge High School	3:32.14	3	
20	Molly Stutzman	12	James River (Midlothian)	3:34.77	4	
21	Kaitlyn Lonsdale	10	Grassfield	3:37.87	4	
22	Anya Crevits	10	South Lakes	3:40.90	3	
23	Katie Bagley	10	South Lakes	3:41.50	3	
24	Logan Crotty	10	Cape Henlopen High School	3:44.83	3	
25	Riley Stapleton	11	James River (Midlothian)	3:47.62	3	
26	Ally Miller	12	Cape Henlopen High School	3:50.14	3	

27	Lily Kane	12	Churchland	3:50.79	2
28	Jalesa Edwards	12	Manor	3:50.86	3
29	Erin Michalski	9	Churchland	3:51.72	2
30	Ciah Leinart	11	Manor	3:53.11	2
31	JoAnna Fancher	9	Hickory High School	3:54.85	2
32	Megan Lawrence	9	Forest Park	3:54.88	2
33	Diana Mattingly	10	Hickory High School	3:57.20	2
34	Claire Navarro	11	Forest Park	3:57.60	3
35	Rowyn Elliott	9	Lake Taylor	4:00.24	2
36	Ainslie Emerson	9	Lafayette	4:02.95	2
37	Ashlynn Panyko	9	Cape Henlopen High School	4:16.97	1
38	Abigail Pleasant	9	Lake Taylor	4:18.94	1
39	Kate Hocking	9	Hickory High School	4:25.08	2
40	Caelynn Neary	9	Hickory High School	4:45.03	1
41	Annabelle Perkins	9	Hickory High School	4:45.51	1

Boys 1000 meter Run Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Jason Raffel	12	South Lakes	2:33.66	10	
2	Andrew Robinson	12	Walsingham Academy	2:38.04	10	
3	George Hood	12	South Lakes	2:38.62	10	
4	Robel Wolde	12	Osbourn Park	2:40.42	10	
5	A.J. Koval	12	Lafayette	2:41.38	9	
6	Joshua Baum	11	Lafayette	2:42.55	9	
7	Ryan Quinn	11	South Lakes	2:42.95	9	
8	Harry Wright	10	Lafayette	2:43.50	9	
9	Noah Jacks	11	South Lakes	2:44.63	9	
10	Brody Cox	12	Lafayette	2:46.69	9	
11	Fenton Million	9	Ocean Lakes	2:46.74	7	
12	Bryce Phillips	12	Ocean Lakes	2:46.88	7	
13	Jalen Goode	12	Bishop McNamara High School	2:47.01	10	
14	Brychen Aversa	12	Osbourn Park	2:47.14	9	
15	Bryce Edmonson	11	Hickory High School	2:48.00	6	
16	Jaiden Richardson	12	Bethel	2:48.16	9	
17	Carlos Janada	11	Langley	2:48.61	7	
18	Nathen Varghese	9	Ocean Lakes	2:48.77	6	
19	John Robinson	12	South Lakes	2:49.34	8	
20	Desmond Jones	11	Forest Park	2:49.77	8	
21	Coleman Lee	11	Lafayette	2:49.79	9	
22	Aaiden Clark	11	Milford Mill	2:49.86	8	
23	Jordan Morris	12	I.C. Norcom	2:50.66	8	
24	Camden Lilley	12	Manor	2:51.03	8	
25	Kamari Lightfoot	12	Manor	2:51.20	8	
26	Zach Schubert	11	Hickory High School	2:51.41	8	
27	Dylan Saunders	12	Osbourn Park	2:51.59	10	
28	Jeremiah Cyrus	12	Lafayette	2:51.93	9	
29	Mark Sayer	11	Osbourn Park	2:52.11	9	
30	Matthew Curran	11	Jacksonville	2:52.19	6	
31	Joseph Pimentel	12	Forest Park	2:53.05	8	
32	Ziquele Harp	11	Forest Park	2:53.19	6	
33	Grant Kutz	11	South Lakes	2:53.53	7	
34	Phillip Jones Jr	12	I.C. Norcom	2:53.55	7	
35	Jonathan Baum	11	Hickory High School	2:53.68	6	
36	Shuai Chan	11	James River (Midlothian)	2:54.99	7	
37	Preston Priebe	10	Battlefield	2:56.75	4	
38	Amari Hatfield	10	Norview	2:57.75	9	
39	Ben Labert	11	Ocean Lakes	2:57.92	5	
40	Kyle Fansey	11	Forest Park	2:58.19	6	
41	Israel Hopson	12	Bethel	2:58.94	5	
42	Kash Adams	11	Great Bridge High School	2:59.32	5	
43	Cayden Coleman	10	Norview	2:59.44	8	

44	David Khalil	9	Great Bridge High School	2:59.54	5
45	Davis Newlin	10	James River (Midlothian)	2:59.70	8
46	Van Helgren	10	Ocean Lakes	3:00.42	5
47	Tanner Martin	12	Hickory High School	3:00.58	7
48	Nate Crickard	9	Ocean Lakes	3:01.02	3
49	Tristan Fancher	11	Hickory High School	3:01.22	10
50	Carson Bergermann	11	Chancellor	3:01.36	7
51	James Lowery	11	James River (Midlothian)	3:02.21	2
52	Davion Futrell	12	I.C. Norcom	3:04.41	7
53	Eugene Dutton	9	Great Bridge High School	3:04.85	3
54	Tyler Zbrzezny	10	Battlefield	3:05.19	3
55	DeMonte Peterson	12	I.C. Norcom	3:05.78	10
56	Isaac Kougoulis	12	James River (Midlothian)	3:07.43	4
57	Will Richardson	10	Ocean Lakes	3:08.45	5
58	Ian Boone	9	Churchland	3:08.95	4
59	Enrique Pineda	10	Manor	3:08.97	4
60	Justice Drake	11	Lafayette	3:09.09	5
61	Jaxon Sykes	11	Manor	3:09.19	7
62	Clay Wakefield	12	Cape Henlopen High School	3:09.27	5
63	Fidel Clemmons	10	Lake Taylor	3:11.12	2
64	Tripp Mercer	12	Hickory High School	3:12.44	4
65	Nyquan Evans	11	Bethel	3:12.88	3
66	Dylan Hayner	11	Chancellor	3:13.71	6
67	Isaac Stuart	9	Cape Henlopen High School	3:16.13	2
68	Emmett Brown	9	Great Bridge High School	3:16.23	3
69	Victor Trice	12	Bethel	3:16.29	4
70	Joesph Campbell	9	Chancellor	3:16.60	3
71	Tymon LeSane	11	I.C. Norcom	3:16.97	2
72	Jacob Danquab	9	Friendly High School	3:18.86	3
73	Jamir Buxton	12	I.C. Norcom	3:19.43	3
74	Ozzie Rice	11	Churchland	3:21.61	4
75	Reece Kuklish	10	Cape Henlopen High School	3:22.67	2
76	Nizayah Saddler	10	Lake Taylor	3:26.91	2
77	Sam Collins	11	James River (Midlothian)	3:30.39	2
78	Charles Parker	9	Churchland	3:32.33	2
79	Jameson Steinbrecher	10	Lake Taylor	3:46.85	1
80	Kang Chan	10	James River (Midlothian)	3:48.46	1
81	Beau Krick	9	Cape Henlopen High School	3:51.71	1
82	Evan Williams	9	Peninsula Catholic	3:51.78	1
83	Casey Ware	9	Peninsula Catholic	4:00.81	1

Girls 4x55 Shuttle Hurdle Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		Western Branch High School	37.18	1	

Boys 4x55 Shuttle Hurdle Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		Cape Henlopen High School	34.22	1	

Girls 4x200 Meter Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		Grassfield	1:44.78	7	
2		South Lakes	1:47.05	7	

3	Western Branch High School	1:47.69	7
4	Forest Park	1:47.91	6
5	Baltimore City College	1:48.42	4
6	Episcopal	1:48.69	6
7	Friendly High School	1:49.14	5
8	Hampton	1:49.36	6
9	Battlefield	1:49.40	7
10	Oakton	1:51.13	5
11	Osbourn Park	1:54.46	4
12	Nansemond River	1:54.80	5
13	Bishop McNamara High School	1:54.81	2
14	I.C. Norcom	1:54.86	6
15	Petersburg	1:55.05	4
16	South Lakes	1:55.14	5
17	St. Andrew's Episcopal School	1:55.24	3
18	South Lakes	1:55.48	3
19	Hickory High School	1:56.24	4
20	Baltimore City College	1:56.71	2
21	Peninsula Catholic	1:56.79	3
22	Western Branch High School	1:57.25	4
23	Potomac High School	1:59.01	2
24	Potomac High School	2:00.05	1
25	Cape Henlopen High School	2:03.26	1
26	Cape Henlopen High School	2:07.62	1
27	Hickory High School	2:12.58	2

Boys 4x200 Meter Relay Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1			Battlefield	1:29.92	9	
2			Oakton	1:32.49	8	
3			Grassfield	1:33.11	4	
4			Hampton	1:33.51	7	
5			Potomac High School	1:33.74	7	
6			Baltimore City College	1:33.89	3	
7			Lakeland	1:34.84	3	
8			Chancellor	1:35.18	6	
9			Western Branch High School	1:35.30	5	
10			Bethel	1:35.32	6	
11			Hickory High School	1:35.64	6	
12			Bishop McNamara High School	1:35.70	5	
13			Clayton	1:35.75	9	
14			Norview	1:35.77	8	
15			Forest Park	1:36.17	7	
16			South Lakes	1:37.17	7	
17			I.C. Norcom	1:37.33	3	
18			Lake Taylor	1:37.44	4	
19			Lafayette	1:37.69	5	
20			Bethel	1:38.34	5	
21			Cape Henlopen High School	1:38.42	4	
22			Cape Henlopen High School	1:38.95	8	
23			Petersburg	1:39.21	1	
24			Hickory High School	1:39.24	4	
25			Norview	1:39.36	6	
26			Bethel	1:40.93	2	
27			Cape Henlopen High School	1:42.23	2	
28			Baltimore City College	1:43.50	2	
29			Potomac High School	1:43.91	1	
30			Nansemond River	1:44.13	8	
31			Western Branch High School	1:48.66	4	

Girls 4x400 Meter Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		South Lakes	4:01.33	5	
2		Lake Braddock	4:08.63	5	
3		Bishop McNamara High School	4:10.38	5	
4		Baltimore City College	4:14.74	2	
5		Hampton	4:14.90	4	
6		Ocean Lakes	4:16.40	4	
7		Manor	4:17.46	4	
8		Osbourn Park	4:20.15	4	
9		South Lakes	4:24.28	4	
10		Peninsula Catholic	4:24.53	2	
11		Forest Park	4:26.73	4	
12		St. Andrew's Episcopal School	4:28.95	2	
13		Bishop McNamara High School	4:36.41	2	
14		South Lakes	4:37.22	2	
15		Battlefield	4:38.16	5	
16		Oakton	4:42.16	1	
17		Norview	4:46.19	1	
18		Lake Taylor	5:19.30	1	

Boys 4x400 Meter Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		South Lakes	3:25.61	6	
2		Twin Valley	3:25.67	6	
3		Osbourn Park	3:30.11	6	
4		Bishop McNamara High School	3:31.73	4	
5		South Lakes	3:32.43	4	
6		Langley	3:32.74	6	
7		Lake Braddock	3:33.80	5	
8		Lafayette	3:34.16	4	
9		Forest Park	3:37.89	5	
10		Bethel	3:38.72	2	
11		Cape Henlopen High School	3:42.50	4	
12		Osbourn Park	3:42.90	3	
13		Oakton	3:43.83	5	
14		Bishop McNamara High School	3:48.28	3	
15		Chancellor	3:49.59	2	
16		Norview	3:50.19	4	
17		Twin Valley	3:51.28	2	
18		Cape Henlopen High School	4:07.61	3	
19		Cape Henlopen High School	4:10.42	2	

Mixed 4x400 Meter Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
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Girls 4x800 Meter Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		Ocean Lakes	10:14.61	1	
2		South Lakes	10:20.10	1	

3	South Lakes	10:52.95	1
4	Cape Henlopen High School	11:25.27	1

Boys 4x800 Meter Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		Bishop McNamara High School	8:04.68	2	
2		Cape Henlopen High School	8:16.07	2	
3		South Lakes	8:23.59	2	
4		Osbourn Park	8:28.06	2	
5		Lafayette	8:28.54	2	
6		I.C. Norcom	8:42.46	2	
7		Hickory High School	8:43.15	2	
8		South Lakes	8:57.18	2	
9		James River (Midlothian)	9:11.49	2	
10		Bethel	9:46.30	2	
11		Hickory High School	10:00.36	2	
12		Churchland	10:01.19	1	
13		Hickory High School	10:59.73	2	
14		Hampton	11:02.95	1	
15		Lake Taylor	11:16.98	1	
16		Bethel	11:47.87	1	

Girls Sprint Medley Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		St. Andrew's Episcopal School	4:33.79	2	
2		Peninsula Catholic	4:42.34	2	
3		Cape Henlopen High School	4:47.74	2	
4		Nansemond River	5:02.57	1	
5		Norview	5:20.22	1	

Boys Sprint Medley Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		Grassfield	3:37.73	4	
2		Langley	3:38.34	4	
3		Bishop McNamara High School	3:43.71	4	
4		Lakeland	3:45.97	1	
5		Churchland	3:46.34	3	
6		Nansemond River	3:46.55	2	
7		Western Branch High School	3:51.71	3	
8		Forest Park	3:53.22	3	
9		Churchland	3:54.02	3	
10		Norview	3:58.80	4	
11		Nansemond River	4:03.71	1	
12		Norview	4:11.05	2	
13		Norview	4:13.67	3	
14		Chancellor	4:16.92	4	
15		Western Branch High School	4:30.41	2	

Girls 4000m Distance Medley Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
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Boys 4000m Distance Medley Relay Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
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Girls Long Jump Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1	Yowome Ayim	12	Manor	17-9.50	4
2	Audrina Chew	11	Nansemond River	17-7.25	4
3	Taylor Jenkins	9	Western Branch High School	16-11.25	4
4	Ceyani Reynolds	10	Western Branch High School	16-9.50	4
5	Aubree Harris	12	Osbourn Park	16-8.25	4
6	Ariell Palmer	12	Nansemond River	16-5.50	4
7	Adriana Mapp	9	Manor	16-2.50	4
8	Kennedy Bundy	11	Freedom (Woodbridge)	16-1.50	4
8	Bria Reese	11	Churchland	16-1.50	4
10	Courtney Ferdinand	10	Freedom (Woodbridge)	15-11	4
11	Melanie Velasco	11	South Lakes	15-6.25	3
12	Anejah Grace	11	Cape Henlopen High School	15-5.75	3
13	Simone Ellis	10	Nansemond River	15-5.25	3
14	Mollie Barker	12	Hickory High School	15-4.50	3
14	Triniti Desince	10	Manor	15-4.50	3
16	Trae Byrd	12	Nansemond River	15-4.25	3
17	Kamani Ward	12	Manor	15-3.25	4
18	Kourtney Howard-Perez	9	Forest Park	15-3	3
19	Kaitlynn Nguyen	10	Peninsula Catholic	14-7.50	3
20	Yenam Ayim	9	Manor	14-3.75	1
21	Jazzyria Armstrong	10	Manor	14-3.50	3
22	Leyla-Lynn Jaoude	10	South Lakes	14-2.25	2
23	Dalilah Setterlund	11	Chancellor	13-11.75	2
24	Marli Smith	10	Freedom (Woodbridge)	13-10.25	3
25	Emerie Jackson	9	Grassfield	13-8.75	2
26	Monae McNeal	10	Lake Taylor	13-7.75	2
27	Claire Talbot	11	South Lakes	13-6	2
28	Zaniyah Baker	11	Manor	13-4.75	2
29	Remiah Veal	9	Churchland	13-4.50	2
30	Chloe Smith	12	Episcopal	13-4.25	3
31	Naomi Whitfield	9	Churchland	13-0.75	2
32	Hannah Wells	9	Cape Henlopen High School	13-0.25	1
33	Leah Long	11	Lake Taylor	12-10.50	2
34	Shannon Mapp	10	I.C. Norcom	12-9	2
35	Katelyn Riemenschneider	9	Oakton	12-0.75	1
36	Kamani Gilliam	12	Western Branch High School	11-2.75	1

Boys Long Jump Varsity
Finals

NAME	YR	TEAM	MARK	H#	WIND
1	Tristin Harris	12	Lafayette	21-10.75	6
2	Kasyn Campbell	10	Bethel	21-5.75	6
3	Ben Chandler	12	Bishop McNamara High School	21-5.50	6
4	Brandon Murray	11	Battlefield	21-5	6
5	JR., Brian HOPE	11	Enloe	21-1.25	6
6	Jaden Makuwa	11	Forest Park	20-11	5
7	Bernard Jones	11	Cape Henlopen High School	20-10.25	6

8	Jonathan Creed	9	Chancellor	20-9.75	5
9	Justice Gordon	10	Freedom (Woodbridge)	20-9.25	6
10	Evan Murer	12	Lafayette	20-8.75	6
11	Russell Kamgaing	11	Forest Park	20-8.50	5
12	Colin Barley	11	Bishop McNamara High School	20-6.75	5
13	Kyan Kuechler	11	Osbourn Park	20-6.25	6
14	Israel Lewis	12	Nansemond River	20-6	6
15	Stephen Hart	12	Cape Henlopen High School	20-5.50	6
16	Tyrese Ivy	12	Lafayette	20-4.50	5
17	Kingston Hall	12	Churchland	20-3.75	3
18	Napat Chumpa	11	Osbourn Park	20-0.25	6
19	Mason Mills	11	Nansemond River	19-11.50	5
20	Jayden Messick	12	Cape Henlopen High School	19-10.75	6
21	Noah Corbin	12	Western Branch High School	19-10	3
22	Sebastian Vazquez-Ortiz	11	Osbourn Park	19-4.50	4
23	Nashawn Wilson	11	Manor	19-3.50	4
24	Malaki Littlejohn	11	Norview	19-1	5
25	Bishop Donald	10	Chancellor	19-0.50	4
26	Brandon Hunter	11	Forest Park	18-11	5
26	DeJuan Pierce	10	Western Branch High School	18-11	4
28	Isaiah Carothers	9	Freedom (Woodbridge)	18-10.25	5
29	Camron Chandler	9	Western Branch High School	18-5.50	2
29	Jeremiah Folk	10	Churchland	18-5.50	3
31	Brandon Downey	10	Bishop McNamara High School	18-5	4
32	Elijah Gibbs	10	Bethel	18-3	4
33	Landen Amiss	11	Cape Henlopen High School	18-1.75	4
34	Jamari Darden	9	Churchland	18-0.50	3
35	Aliajha Lane	10	Western Branch High School	17-11.50	3
36	Suguru Dabre	11	Hickory High School	17-10.25	2
37	Aidan Lehmuth	10	Cape Henlopen High School	17-8.50	3
38	Xavier Hernandez-Campbell	11	Norview	17-8.25	5
39	Jordan Hayes	12	Churchland	17-7.50	3
40	Jalen Zimmerly	9	Churchland	17-7.25	3
41	David Garbanzo-Rojas	10	Cape Henlopen High School	17-7	2
42	Ethan Pickering	10	Battlefield	17-6.25	3
43	Evan White	11	Hickory High School	17-4.75	2
44	Owen Bianchi	9	Battlefield	17-4.50	3
45	Justin Stites	12	Hickory High School	17-4.25	5
46	Neimiah Gist	12	Grassfield	17-3.50	2
47	Santana Morgan	11	Manor	17-1	1
48	Xander Lex	11	Battlefield	17-0.50	4
48	Brayden Uszenski	9	Cape Henlopen High School	17-0.50	1
50	Tisaun Holland	12	Western Branch High School	16-11.75	3
51	Cameron Davis	9	Grassfield	16-10.75	1
52	London White	10	Great Bridge High School	16-6.75	5
53	Khalil Harper	11	Bethel	16-0	4
54	Jalen Lawton	10	Chancellor	15-11.25	1
55	Matthew Graham	11	Battlefield	15-7.50	2
56	Zack Hall	9	Nansemond River	15-5.50	1
57	Mason Silva	11	Cape Henlopen High School	15-1.25	1
58	Xavier White II	12	Bethel	14-11.50	4
59	Dylan Hendrick	11	Western Branch High School	14-5.25	1
60	Raijon Griffin	9	Bethel	14-2.50	2

Boys Triple Jump Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Tristin Harris	12	Lafayette	49-4.50	3	
2	Jaden Makuwa	11	Forest Park	45-3.50	3	
3	Blake Jackson	11	South Lakes	44-10.50	3	
4	Russell Kamgaing	11	Forest Park	44-9.50	3	
5	Napat Chumpa	11	Osbourn Park	42-4.50	3	

6	Justice Gordon	10	Freedom (Woodbridge)	41-5.50	3
7	Stephen Hart	12	Cape Henlopen High School	41-3	3
8	Brandon Hunter	11	Forest Park	40-8.50	3
9	Tyler Barnes	9	Lake Taylor	40-6	3
10	Sebastian Vazquez-Ortiz	11	Osbourn Park	39-11.50	3
11	Malaki Littlejohn	11	Norview	39-5.50	3
12	Aidan Lehmuth	10	Cape Henlopen High School	38-10.50	2
13	DeJuan Pierce	10	Western Branch High School	38-9.75	3
14	Nashawn Wilson	11	Manor	38-9.50	3
15	Noah Corbin	12	Western Branch High School	37-4	1
16	Max Gomez	10	Hickory High School	36-8.50	1
17	Jordan Hayes	12	Churchland	36-7.25	2
18	David Garbanzo-Rojas	10	Cape Henlopen High School	36-3.75	1
19	Brayden Uszenski	9	Cape Henlopen High School	36-2.50	1
20	Sincere Lane	10	Lake Taylor	35-7	2
21	Aliajha Lane	10	Western Branch High School	35-3.25	1
22	Ethan Pickering	10	Battlefield	35-2.75	1
23	Tyrek Turner	12	Lake Taylor	35-0.25	2
24	Zion Hicks	12	Churchland	34-8.50	2
25	Matthew Graham	11	Battlefield	34-1	1
26	Seth Parcell	12	Oakton	33-6.75	1

Girls Shot Put Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Leah Williams	10	Manor	36-0.50	6	
2	Deborah Bedzo	12	Osbourn Park	33-8	6	
3	Essence Bowie	12	Nansemond River	32-8	6	
4	Emma Teeman	11	Grassfield	32-7.50	6	
5	Airris Vann	10	Churchland	31-11	6	
6	Aubrey Mitchell	11	Grassfield	30-4.25	6	
7	Taylor Wyches	9	Western Branch High School	29-10	6	
8	Serenity Banchs	12	Hickory High School	29-7.25	6	
9	O'Shawanna Ellis	12	Highland Springs	29-6.50	6	
10	Cali Hyman	12	Grassfield	29-5.50	4	
10	Audrina Chew	11	Nansemond River	29-5.50	5	
12	Naomi Gold	12	Baltimore City College	28-10.75	4	
13	Caliya Percy	10	Hampton	28-10	4	
14	Alexis Daughtry	11	Manor	28-8	5	
15	Elena Booth	10	Cape Henlopen High School	28-4.50	4	
16	Sydni Burse	12	Bishop McNamara High School	28-4.25	3	
17	Santia Johnson	10	Churchland	27-3.75	4	
18	Deziree Joyner	10	I.C. Norcom	27-3.50	4	
19	Gracie Strickland	11	Grassfield	27-1	4	
20	Shakira Stickney	12	Grassfield	27-0.25	3	
21	Siana Hagan	11	Bishop McNamara High School	26-5	3	
21	Kiersten Smith	11	Cape Henlopen High School	26-5	4	
23	Amaya Guerrier	9	Grassfield	25-8.25	4	
24	London Smith	9	Nansemond River	25-5	4	
24	Tianna Ashley	11	Western Branch High School	25-5	4	
26	Phoebe Goodwin	10	Bishop McNamara High School	24-5.50	3	
27	Kalyn Shaw	10	Chancellor	23-6.50	3	
28	Jayde Diaz	12	Baltimore City College	23-6.25	3	
29	Jewel Moore	10	I.C. Norcom	23-3.50	5	
30	Keshanna Sykes	9	Western Branch High School	23-2.50	3	
31	Breona Young	9	Churchland	22-11	3	
32	Ty'nizha Terry	12	Lake Taylor	22-10.75	2	
33	Dezirai Fenderson	11	Potomac High School	22-8.75	3	
34	Onaesty Stephens	9	Churchland	22-4.75	3	
35	Talijahe Parker	11	Chancellor	22-4.25	3	
35	Raven Bullock	9	Western Branch High School	22-4.25	3	
37	Sawsan Salman	10	Chancellor	22-2.25	2	

38	Lauryn Williams	9	Grassfield	22-1.50	4
38	Brianna Cooper	11	Lake Taylor	22-1.50	3
40	J'nasia Clanton	11	I.C. Norcom	19-10.50	2
41	Monae McNeal	10	Lake Taylor	19-5.50	2
42	Rianie Venerick	9	Battlefield	19-1	1
43	Leah Long	11	Lake Taylor	19-0.50	2
43	Beatrice Benitez	9	Chancellor	19-0.50	2
45	Azaria Fields	9	Chancellor	18-6.50	1
46	Jalena Feracho	11	Manor	18-5.50	2
47	Madyson Knox	10	Nansemond River	18-0	2
48	Riyanna Crews	12	Potomac High School	15-10	1
49	Vanessa Williams	9	Potomac High School	14-8	1

Boys Shot Put Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Samuel Blount	12	Grassfield	56-7.75	6	
2	Aaron Stokes	11	Churchland	50-10.25	6	
3	Tristan Seawright	12	Grassfield	50-1	6	
4	Travis Quinnerly	10	Churchland	49-3.50	5	
5	Aaron Williams	11	Grassfield	48-3.25	6	
6	Justin Hardy	10	Western Branch High School	47-7	5	
7	Brandon Freeman	12	Bishop McNamara High School	46-4.75	6	
8	Joseph Middleton	11	Chancellor	45-9.25	6	
9	Jaidien Graham	10	Grassfield	44-6	5	
10	Bodie Frederick	12	Cape Henlopen High School	44-5	6	
11	Tariq Henderson	12	Baltimore City College	43-0.25	5	
11	Tru Wooten	11	Bishop McNamara High School	43-0.25	5	
13	YaShalyn Wilson	12	Bethel	42-7.75	6	
14	Rahniah Smith	11	Baltimore City College	42-3.50	5	
15	Dylan Burrell-Jones		Bishop McNamara High School	42-2.75	5	
16	Rhamir Schoolfield	12	I.C. Norcom	41-9	6	
17	Israel Barrett	11	Norview	39-11.75	4	
17	Owen Stutz	12	Grassfield	39-11.75	5	
19	Jason Rivera	9	Chancellor	39-9.75	6	
20	Keon Woolridge	12	Highland Springs	39-9.50	5	
21	Winston Mike	10	Western Branch High School	39-8.75	4	
22	Elijah Archer	9	Highland Springs	39-7.25	4	
23	Jordan Dominisac	12	Lake Taylor	39-5.50	4	
24	Jason Harrison	12	I.C. Norcom	38-6.50	4	
25	Drew Mansfield	11	Hickory High School	37-11.50	5	
25	Liam Ramsey	11	Cape Henlopen High School	37-11.50	5	
27	Keondre Lee	11	Chancellor	37-6.75	5	
28	Elijah Corbin-Rainey	12	Highland Springs	35-7.75	4	
29	Jeremiah Barron	9	Western Branch High School	34-11.25	4	
30	Justin Ward	11	Manor	34-11	3	
31	Byron Timberlake	9	Churchland	34-7.25	4	
32	Noah Brannon	9	Hickory High School	34-5.75	3	
33	Adam Chaudhry	11	Grassfield	34-0.75	4	
34	Daniel Kelly	9	Baltimore City College	33-8.75	3	
35	Chazz Donald	12	Chancellor	33-7.50	4	
36	Jayden Gaston	10	Western Branch High School	32-7.25	4	
37	Noah Green	11	Chancellor	32-2.75	4	
38	DeJuan Silvera	12	Potomac High School	31-3.50	3	
39	Anthony Pritchett	9	Grassfield	31-3.25	4	
40	Wedley Eustache	11	Hampton	31-1.75	4	
41	Adam Mata Jr	9	Grassfield	30-10.75	3	
42	Marx Ford	11	Peninsula Catholic	30-9.25	3	
43	Jackson Cowl	10	Western Branch High School	30-2.75	3	
44	Chris Reed	9	Cape Henlopen High School	29-10	2	
45	Ramone Pierce	10	Nansemond River	29-7.75	2	
46	Brendan Dyer	10	Potomac High School	29-7.50	3	

47	Mark Hosier	10	Western Branch High School	29-7.25	2
48	Ashton Lee	10	Nansemond River	29-5.50	3
49	James Truitt	12	Cape Henlopen High School	28-10	3
50	Zuriel Largo	9	Manor	28-6.25	2
51	Charlie Woodbury	9	Bethel	27-10.75	2
52	Stephen Slayton	9	Cape Henlopen High School	27-7.50	2
53	Kenneth Austin	10	Nansemond River	27-5.50	3
54	Jalen Boden	12	Hickory High School	27-1.75	2
55	XAVIER ABBEY	11	Potomac High School	25-11.75	2
56	Angelo Pascual	12	Highland Springs	25-3.75	1
57	Robert Padilla	10	Western Branch High School	24-9.50	2
58	Curtis Jones	9	Bethel	24-3	2
59	Parker Kent	10	James River (Midlothian)	22-9	1

Girls High Jump Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ariell Palmer	12	Nansemond River	5-2	1	
2	Nyla Hardaway	10	Grassfield	4-10	1	
3	Kennedy Cole	11	Friendly High School	4-8	1	
3	Taylah Walker	12	Western Branch High School	4-8	1	
5	Angela Saville	10	Bishop McNamara High School	4-8	1	
6	Ma'Riyah Williams	10	Churchland	4-8	1	
6	Catarina Zacharzewski	10	Osbourn Park	4-8	1	
8	Alisia Bottoms	9	Western Branch High School	4-8	1	
8	Kaylyn Clews	10	Cape Henlopen High School	4-8	1	
10	Khamani Alston	12	Western Branch High School	4-6	1	
11	Keasia Moses	10	Churchland	4-4	1	
11	Shawana Reynolds	9	Bishop McNamara High School	4-4	1	

Boys High Jump Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Israel Lewis	12	Nansemond River	6-4	1	
2	Russell Kamgaing	11	Forest Park	6-2	1	
3	Stephen Hart	12	Cape Henlopen High School	6-2	1	
4	Ransford Antwi	12	Forest Park	6-0	1	
5	Ben Chandler	12	Bishop McNamara High School	5-10	1	
6	Kingston Hall	12	Churchland	5-10	1	
7	Noah Corbin	12	Western Branch High School	5-8	1	
8	Malik Corprew	10	Churchland	5-8	1	
9	Tyrese Ivy	12	Lafayette	5-8	1	
9	Keymond Long	9	Churchland	5-8	1	
11	Owen Bianchi	9	Battlefield	5-6	1	
12	Eric May	12	Friendly High School	5-6	1	
13	Xavier Johnson	11	Chancellor	5-4	1	
13	Matthew patterson	10	Friendly High School	5-4	1	
15	Xander Lex	11	Battlefield	5-4	1	

Girls Pole Vault Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Addison Bowman	12	Cape Henlopen High School	10-0	1	
2	Aurora Ayala	12	Oakton	10-0	1	
3	Ruth Moore	10	Lafayette	8-0	1	
4	Keira Fletcher	10	Cape Henlopen High School	8-0	1	

5	Eleanor Hood	12	South Lakes	7-6	1
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Boys Pole Vault Varsity Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Mason Rafter	12	Grassfield	14-7	1	
2	Aidan Rafter	12	Grassfield	12-6	1	
3	Talon Bangerter	12	Westfield	12-0	1	
3	Will DiPaolo	11	Cape Henlopen High School	12-0	1	
5	Tripp Radford	12	Hickory High School	11-6	1	
6	Patrick Harris	11	Manor	10-0	1	
7	Douglas Simpson	10	Cape Henlopen High School	10-0	1	
8	Adam Peart	10	Westfield	9-0	1	
8	Clay Wakefield	12	Cape Henlopen High School	9-0	1	
10	Grant Kutz	11	South Lakes	8-6	1	

Girls 4x1600 Meter Relay Varsity Finals

	NAME	YR	TEAM	MARK	H#	WIND
1			Grassfield	23:17.65	1	
2			Cape Henlopen High School	25:25.34	1	

Boys 4x1600 Meter Relay Varsity Finals

	NAME	YR	TEAM	MARK	H#	WIND
1			Grassfield	19:13.59	1	
2			Grassfield	19:48.55	1	
3			Churchland	22:16.96	1	

Girls 55 meter Hurdles Varsity Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Layla Hasan	12	Bishop McNamara High School	8.32	2	
2	Audrina Chew	11	Nansemond River	8.33	2	
3	Ariyah Edwards	12	Baltimore City College	8.47	2	
4	Yowome Ayim	12	Manor	8.53	2	
5	Anilla Castro	11	Bishop McNamara High School	8.54	2	
6	Aubree Harris	12	Osbourn Park	8.56	2	
7	Simone Ellis	10	Nansemond River	8.98	1	
8	Savannah Hunter	12	Manor	9.12	2	
9	Anejah Grace	11	Cape Henlopen High School	9.51	1	
10	Breonna Morris	12	Lakeland	9.73	1	
11	Lauren Granado	10	Bishop McNamara High School	9.73	1	
12	Nana Akua Oppong	11	Lake Braddock	9.99	1	
13	Saniyah Pegues	12	Manor	10.14	1	
14	Yenam Ayim	9	Manor	11.19	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Ava Rice	12	Battlefield	8.04	5	

2	Layla Hasan	12	Bishop McNamara High School	8.31	1
3	Audrina Chew	11	Nansemond River	8.47	5
4	Aubree Harris	12	Osbourn Park	8.48	1
5	Yowome Ayim	12	Manor	8.62	3
6	Savannah Hunter	12	Manor	8.64	3
7	Ariyah Edwards	12	Baltimore City College	8.66	2
8	Anilla Castro	11	Bishop McNamara High School	8.75	2
9	Simone Ellis	10	Nansemond River	9.07	4
10	Tressia Davis	12	Friendly High School	9.27	3
11	Anejah Grace	11	Cape Henlopen High School	9.35	1
12	Lauren Granado	10	Bishop McNamara High School	9.93	1
13	Breonna Morris	12	Lakeland	10.09	5
14	Yenam Ayim	9	Manor	10.13	2
15	Saniyah Pegues	12	Manor	10.21	3
16	Nana Akua Oppong	11	Lake Braddock	10.23	2
17	Sabina Freeman	11	South Lakes	10.35	5
18	Cassidy Hannon	10	Grassfield	10.45	2
19	Juliana Aguirre-Martinez	11	South Lakes	10.53	4
20	Kaylyn Clews	10	Cape Henlopen High School	10.80	3
21	Ava Sorenson	10	Lake Braddock	10.90	1
22	Melody Fadaka	12	Grassfield	11.52	3
23	Amora Mosley	10	I.C. Norcom	11.53	3
24	Laiyah Banks	11	I.C. Norcom	11.59	2
25	Lola Coney	10	South Lakes	12.19	5

Boys 55 meter Hurdles Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Finn Middleton	12	South Lakes	7.45	2	
2	Jasaani Becton	12	Nansemond River	7.77	2	
3	Laurence Dell	11	Freedom (Woodbridge)	7.80	2	
4	Cliff Trapp	12	South Lakes	7.84	2	
5	Jason Moore	10	Churchland	7.88	2	
6	Robert Redden	12	Cape Henlopen High School	7.97	2	
7	KerVaughn Stovall	12	Lakeland	8.36	1	
8	Dakaevion Garner	10	Manor	8.61	1	
9	Jakhari Madison	12	Norview	8.67	1	
10	Thomas Read	11	Baltimore City College	8.69	1	
11	Justin Stites	12	Hickory High School	8.70	1	
12	Eryck Brown-Fields	10	Bethel	9.79	1	
13	Noah Taylor	12	Baltimore City College	9.83	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Finn Middleton	12	South Lakes	7.40	5	
2	Jasaani Becton	12	Nansemond River	7.72	5	
3	Robert Redden	12	Cape Henlopen High School	7.88	4	
4	Jason Moore	10	Churchland	7.88	1	
5	Kingston Hall	12	Churchland	7.89	5	
6	Laurence Dell	11	Freedom (Woodbridge)	7.90	1	
7	Cliff Trapp	12	South Lakes	8.03	2	
8	Khalil KJ Jackson	11	Bethel	8.16	3	
9	Tyson Lasker	12	Lafayette	8.56	4	
10	KerVaughn Stovall	12	Lakeland	8.58	3	
11	Jakhari Madison	12	Norview	8.65	2	
12	Dakaevion Garner	10	Manor	8.69	1	
13	Thomas Read	11	Baltimore City College	8.71	1	
14	Justin Stites	12	Hickory High School	9.11	4	
15	Noah Taylor	12	Baltimore City College	9.87	4	

16	Darius Edwards Jr	11	I.C. Norcom	9.92	2
17	Eryck Brown-Fields	10	Bethel	9.94	5
18	Ethan Pickering	10	Battlefield	9.97	3
19	Solomon Marsh	10	Freedom (Woodbridge)	10.16	5
20	Kaio D'Aguiar	11	South Lakes	10.29	4
21	Matthew Graham	11	Battlefield	10.29	2
22	Thomas Coleman	11	Lakeland	10.51	2
23	Cameron Davis	9	Grassfield	10.99	1
24	Max Gomez	10	Hickory High School	11.23	5

Girls 55 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Sophie Rambo	11	Grassfield	7.26	2	
2	Sophia Gaskins	11	Bishop McNamara High School	7.34	2	
3	Ariyah Edwards	12	Baltimore City College	7.37	1	
4	Kamryn Monroe	12	Lakeland	7.38	2	
5	Yowome Ayim	12	Manor	7.40	2	
6	Cayla Cain	11	Forest Park	7.41	2	
7	Sophia Appiah	12	Episcopal	7.44	1	
8	Collins Han	9	South Lakes	7.45	2	
9	Cyniah Vanpelt	9	Churchland	7.47	1	
10	Jazmyn Johnson	11	Bishop McNamara High School	7.49	1	
11	Layla Jackson	10	Grassfield	7.50	1	
12	Melanie Velasco	11	South Lakes	7.55	2	
13	Kourtney Howard-Perez	9	Forest Park	7.61	1	
14	Trae Byrd	12	Nansemond River	7.66	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Ava Rice	12	Battlefield	7.32	9	
2	Sophie Rambo	11	Grassfield	7.35	16	
3	Yowome Ayim	12	Manor	7.36	1	
4	Kamryn Monroe	12	Lakeland	7.39	1	
5	Sophia Gaskins	11	Bishop McNamara High School	7.43	3	
6	Cayla Cain	11	Forest Park	7.48	2	
7	Collins Han	9	South Lakes	7.49	2	
8	Melanie Velasco	11	South Lakes	7.53	3	
9	Sophia Appiah	12	Episcopal	7.54	6	
10	Cyniah Vanpelt	9	Churchland	7.57	17	
11	Jazmyn Johnson	11	Bishop McNamara High School	7.57	9	
12	Layla Jackson	10	Grassfield	7.60	16	
13	Ariyah Edwards	12	Baltimore City College	7.60	11	
14	Trae Byrd	12	Nansemond River	7.62	10	
15	Kourtney Howard-Perez	9	Forest Park	7.65	13	
16	Autumn Simmons	10	Grassfield	7.67	9	
17	Taylor Jenkins	9	Western Branch High School	7.67	12	
18	Ramiya Smith	12	Lafayette	7.69	17	
19	Sanaa Baldwin	12	Episcopal	7.69	12	
20	Kamani Ward	12	Manor	7.70	15	
21	Jayla Washington	9	Bishop McNamara High School	7.70	17	
22	Kylaa Willis	10	Nansemond River	7.71	7	
23	Jazmen Bright	11	Churchland	7.72	12	
23	Kristin Harris	12	Lafayette	7.72	18	
25	Jazzyria Armstrong	10	Manor	7.73	6	
26	Lakeisha Meekins	10	South Lakes	7.76	6	
27	Mara Proctor	9	Forest Park	7.77	4	
27	Bria Reese	11	Churchland	7.77	8	
29	Kennedy Bundy	11	Freedom (Woodbridge)	7.81	17	

30	Courtney Ferdinand	10	Freedom (Woodbridge)	7.83	10
31	Kayla Johnson	12	Manor	7.83	2
32	Leyla-Lynn Jaoude	10	South Lakes	7.85	1
33	Crystal Banahene	11	Forest Park	7.86	14
34	Kyaisa Woodberry	10	Great Bridge High School	7.88	7
35	Amora Mosley	10	I.C. Norcom	7.91	7
36	Alayna Jones	10	Forest Park	7.94	3
37	Tatiana Walker-Rawlings	12	Petersburg	7.94	13
38	Tori Montgomery	9	Bishop McNamara High School	7.94	16
39	Nathaila Noggin	12	Petersburg	7.95	5
40	Kaitlynn Nguyen	10	Peninsula Catholic	7.95	16
41	Sireen Hall	12	South Lakes	7.98	13
42	Angela Saville	10	Bishop McNamara High School	8.00	11
42	India Wright	12	Petersburg	8.00	15
44	Sharon Whitfield	12	Churchland	8.00	6
44	Naomi Whitfield	9	Churchland	8.00	14
46	Kendall Riley	9	Battlefield	8.02	5
47	Makayla Hines	10	Norview	8.02	11
48	Ceyani Reynolds	10	Western Branch High School	8.03	11
49	Tia Tuffour	9	South Lakes	8.07	10
50	Ma'Riyah Williams	10	Churchland	8.08	18
51	Maria Reynoso	10	Grassfield	8.08	16
52	Chloe Lyon	11	Osbourn Park	8.09	18
53	Symphany James	11	Episcopal	8.10	3
54	Zaniyah Baker	11	Manor	8.12	11
55	Kennedy Ramsey	11	Bishop McNamara High School	8.12	4
56	Alisia Bottoms	9	Western Branch High School	8.13	12
57	Torri Stith	10	Baltimore City College	8.14	12
58	Clairese T. Tate	9	Potomac High School	8.14	8
59	Remiah Veal	9	Churchland	8.14	14
60	Christen Thompson	12	Osbourn Park	8.14	2
61	Adrienne Ferguson	11	I.C. Norcom	8.15	5
62	Dalilah Setterlund	11	Chancellor	8.15	8
63	Suriah Fornah	10	South Lakes	8.18	7
64	Keira Thompson	10	Baltimore City College	8.19	7
65	Shannon Mapp	10	I.C. Norcom	8.20	10
66	Amira Jones	11	Forest Park	8.22	4
67	Kiersten Smith	11	Cape Henlopen High School	8.22	1
68	Niko Jackson	11	Hampton	8.23	9
69	Jayla Evans	10	Forest Park	8.24	3
70	Zoey Billings	11	Manor	8.25	15
71	Mckenziei Featherson	9	Friendly High School	8.26	14
72	Kaliah Ware-Blakney	11	Potomac High School	8.26	9
73	Kennedy Cole	11	Friendly High School	8.26	17
74	Janee Drumgold	10	Friendly High School	8.28	7
75	Keasia Moses	10	Churchland	8.29	7
76	Annalee Adams	9	South Lakes	8.30	12
77	Ayanna vicks	9	Hampton	8.37	18
78	Jordan Ridley	12	Chancellor	8.38	8
79	Marli Smith	10	Freedom (Woodbridge)	8.41	17
80	Mei Li Chin	9	Lafayette	8.41	5
81	Kianna Bailey	11	Manor	8.43	13
82	Demii Jones	10	Western Branch High School	8.43	10
83	Sabrina Williams	12	Oakton	8.43	2
84	Pheonix fowlkes	9	Hampton	8.45	18
85	Ra' Niyah A. Lomax	10	Potomac High School	8.47	3
86	Katelynn Hunt	10	Baltimore City College	8.53	9
87	Saniya Harris	10	Potomac High School	8.55	6
88	Arionah Williams	11	Petersburg	8.56	16
89	Laiya Ward	12	Cape Henlopen High School	8.56	4
90	Bria Noakes	11	Petersburg	8.59	16
91	Natalia Rodriquez	10	Lafayette	8.60	15
92	Kamani Gilliam	12	Western Branch High School	8.63	4
93	Jordan Cherry	9	Hampton	8.63	1
94	Abigail Flores	11	Grassfield	8.65	9

95	Malia Clemons	10	James River (Midlothian)	8.77	1
96	Kaylee Covey	11	Hickory High School	8.80	15
97	Mariah Frazier	9	Hickory High School	8.81	2
98	Mia Milnamow	10	Cape Henlopen High School	8.88	5
99	Janiya Cooke	9	I.C. Norcom	8.96	8
100	Taliyahe Parker	11	Chancellor	8.98	16
101	Mariah King	12	Manor	8.99	4
102	Desarey Gardner	11	Potomac High School	9.00	3
103	Jaden Sestak	12	Oakton	9.10	8
104	Nathalie Absolu	10	Friendly High School	9.13	1
105	Destiny Tonkollie	11	Western Branch High School	9.23	10
106	Khamonni Pryor	11	I.C. Norcom	9.24	9
107	KAYLA T. BOBBITT	11	Potomac High School	9.40	5
108	Leah Gulilat	10	Nansemond River	9.42	12
109	Riyanna Crews	12	Potomac High School	9.46	7
110	Dezirai Fenderson	11	Potomac High School	9.47	6
111	Ja'Nay Liburd	9	Hickory High School	9.57	14
112	Emily Wirth	11	Hickory High School	9.71	11
113	Terray Aultman	12	Hampton	10.02	3

Boys 55 meter Dash Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Trey Johnson	11	Cape Henlopen High School	6.46	2	
2	Ben Chandler	12	Bishop McNamara High School	6.55	2	
3	Quincy Gilmer	9	Nansemond River	6.56	2	
4	Zykee Hunter	10	Churchland	6.57	2	
5	James Martin	11	Battlefield	6.59	2	
6	Jaythan Dumas	12	Forest Park	6.62	1	
6	Ashton Strobbridge	11	Bishop McNamara High School	6.62	2	
8	Norell Boomer	11	Oakton	6.63	2	
9	Brandon Murray	11	Battlefield	6.64	1	
10	Jasaani Becton	12	Nansemond River	6.65	1	
11	Payton Schwartz	12	Nansemond River	6.70	1	
12	Elijah McCauslin	11	Oakton	6.71	2	
13	Vincent Acinapura	12	Twin Valley	6.72	1	
14	Tyrell Grant	11	Nansemond River	6.73	1	
15	Troy Nowlin	11	Churchland	6.79	1	

Prelims

	NAME	YR	TEAM	MARK	H#	WIND
1	Trey Johnson	11	Cape Henlopen High School	6.53	19	
2	Quincy Gilmer	9	Nansemond River	6.59	13	
3	Norell Boomer	11	Oakton	6.63	19	
4	Zykee Hunter	10	Churchland	6.63	7	
5	James Martin	11	Battlefield	6.65	5	
6	Ashton Strobbridge	11	Bishop McNamara High School	6.67	11	
7	Ben Chandler	12	Bishop McNamara High School	6.68	2	
8	Jaythan Dumas	12	Forest Park	6.69	3	
8	Elijah McCauslin	11	Oakton	6.69	12	
10	Brandon Murray	11	Battlefield	6.71	6	
11	Nicholas Alston	10	Clayton	6.71	16	
12	Jasaani Becton	12	Nansemond River	6.73	16	
13	Tyrell Grant	11	Nansemond River	6.73	17	
14	Vincent Acinapura	12	Twin Valley	6.74	3	
15	Payton Schwartz	12	Nansemond River	6.76	12	
16	William Calliott	12	James River (Midlothian)	6.78	13	
17	Jayden Messick	12	Cape Henlopen High School	6.79	9	
17	Mason Mills	11	Nansemond River	6.79	17	

17	Troy Nowlin	11	Churchland	6.79	17
20	Maddox Man	10	Battlefield	6.79	18
21	Mark Andrews	11	Milford Mill	6.79	9
22	Jesse James	10	Baltimore City College	6.79	2
23	Javian Wise	12	Cape Henlopen High School	6.80	10
24	Nycere Peyton	10	Chancellor	6.83	18
25	Boima King	10	Bishop McNamara High School	6.85	2
26	Marcus Coker	12	South Lakes	6.85	7
27	Kingston Hall	12	Churchland	6.85	10
28	John Cody	9	Nansemond River	6.85	19
29	Borna Tarashi	11	Oakton	6.86	12
30	Cameron Hyman	10	Potomac High School	6.87	15
31	Peyton Lane	10	Western Branch High School	6.88	20
32	Bobby Knight	11	Lakeland	6.89	9
33	Jamari Deus	11	Lakeland	6.89	13
34	Elijah Shockley-Taylor	11	Cape Henlopen High School	6.89	8
35	Brendan Wood	12	James River (Midlothian)	6.90	1
36	Landon Coleman	10	Grassfield	6.90	11
37	Tyrese Ivy	12	Lafayette	6.91	17
38	Tristin Harris	12	Lafayette	6.92	20
39	Antoine Woods	11	Potomac High School	6.93	14
40	Matias Hupf	11	James River (Midlothian)	6.93	4
41	Bryson Shelton	12	Bishop McNamara High School	6.93	21
42	Kasyn Campbell	10	Bethel	6.94	22
43	Kenneth Mosley	10	Langley	6.95	2
44	Demonte Sutherland	11	Norview	6.95	14
45	Xander Lex	11	Battlefield	6.97	23
46	Ben Grundy	11	Twin Valley	6.97	4
47	Jonathan Creed	9	Chancellor	6.97	20
48	Cameron Reid	10	I.C. Norcom	6.97	5
48	Quarzel Frazier	11	Hampton	6.97	15
48	Kamren Gunter	12	Churchland	6.97	16
51	Josiah Barnes	10	Norview	6.98	18
52	Allen Morris	11	Churchland	6.98	22
53	Ryan McCarraher	10	Grassfield	6.98	2
54	Jauhar Tomes	11	Potomac High School	6.99	1
54	Neimiah Gist	12	Grassfield	6.99	22
56	Evan White	11	Hickory High School	6.99	9
57	Dareon Ripley	11	Churchland	6.99	21
58	Labeed Zaib	11	South Lakes	7.00	23
59	Julian Patton	10	Forest Park	7.00	6
59	Amari Lee	12	Petersburg	7.00	7
61	Derron Danquah	11	Osbourn Park	7.00	1
61	Noah Sheppard	11	Bishop McNamara High School	7.00	16
63	Samir Montoiro	11	Petersburg	7.00	20
64	Anthony Nero	9	Bishop McNamara High School	7.01	1
65	Elijah Vaughn	12	Osbourn Park	7.01	11
66	Craig Kelleh	11	Freedom (Woodbridge)	7.02	21
67	Mason Rafter	12	Grassfield	7.03	16
68	Aidan Tremblay-Rogers	11	Forest Park	7.03	19
69	Kavon Dupree	12	Chancellor	7.03	18
70	Jamyrie Johnson	12	Forest Park	7.07	7
71	Andrew Messick	9	Cape Henlopen High School	7.07	20
72	Laurence Dell	11	Freedom (Woodbridge)	7.08	14
73	Dominic Summers	11	Twin Valley	7.08	15
74	Di'Andre Atkins	10	I.C. Norcom	7.09	5
75	Mark Mann	10	James River (Midlothian)	7.09	23
76	Emmanuel Ampong	11	Forest Park	7.09	5
77	Elijah Darling	11	Bethel	7.11	16
78	Tisaun Holland	12	Western Branch High School	7.11	4
79	Suguru Dabre	11	Hickory High School	7.13	4
80	Kylin Walker	11	Chancellor	7.14	18
81	Isaiah Carothers	9	Freedom (Woodbridge)	7.14	12
81	Jesse Conteh	12	Osbourn Park	7.14	15
83	Michael Guerra	10	Nansemond River	7.14	14

84	London White	10	Great Bridge High School	7.16	10
85	Jacob Grimsley	9	Oakton	7.17	7
86	Makai Williams	10	Baltimore City College	7.18	8
87	Sean Pitt	12	Lafayette	7.19	6
88	Nicholas Clampitt	10	Cape Henlopen High School	7.19	18
89	Desmond Ricketts	11	Freedom (Woodbridge)	7.20	18
90	Emmaus Lewis	11	I.C. Norcom	7.21	1
91	Brarce Flores	11	James River (Midlothian)	7.22	22
92	Edward LaMothe	11	Bishop McNamara High School	7.23	3
93	Mekhi Boyd	12	Grassfield	7.24	22
94	Jamereius Billingsley	11	Chancellor	7.26	19
95	Xavier Whitted	11	Manor	7.26	16
96	Owen Bianchi	9	Battlefield	7.26	6
97	Destin Jones	9	Hampton	7.27	20
98	Aidan Rafter	12	Grassfield	7.29	21
99	Darius Edwards Jr	11	I.C. Norcom	7.29	8
100	Ja'Khia Bowman	10	Cape Henlopen High School	7.29	2
101	Elijah Gibbs	10	Bethel	7.29	9
102	Dylan Fudge	11	South Lakes	7.30	23
103	Samaj Burke	11	Hampton	7.31	21
104	Yussif Kassim	9	Freedom (Woodbridge)	7.32	9
105	Henry Scott	10	James River (Midlothian)	7.32	21
106	Cordaro Williams	12	Hampton	7.33	1
107	Carlton Stokes	11	Grassfield	7.33	14
108	Xavier White II	12	Bethel	7.34	7
109	Avery Alsbrook	10	Potomac High School	7.35	15
110	Darrion McFadden	12	Potomac High School	7.35	15
111	DeJuan Pierce	10	Western Branch High School	7.36	11
112	Isiah Sussewell	9	Churchland	7.37	7
113	Eric Kowalczyk	12	South Lakes	7.39	12
114	Justice Gordon	10	Freedom (Woodbridge)	7.40	10
115	Tyrin Rodgers	9	Bethel	7.42	13
116	Brooks Ross	9	South Lakes	7.43	17
117	Izaiyah Gray	9	Lafayette	7.44	14
118	Justin Hardy	10	Western Branch High School	7.44	22
119	Christopher Cousins	10	Petersburg	7.45	3
119	Alexander Hudson	9	Nansemond River	7.45	18
121	Dante Anderson-JV	9	Bethel	7.45	8
122	Jordan Clarke	10	James River (Midlothian)	7.46	14
123	Amonzay Edwards	9	Western Branch High School	7.47	12
124	Tyreke Bright	10	Petersburg	7.47	23
125	Timothy Morgan	12	Oakton	7.49	8
126	Jayven Parham	10	Petersburg	7.52	5
127	Omari Jones	10	Great Bridge High School	7.52	15
128	Major Taliaferro	9	Lafayette	7.55	10
129	christopher Ross	11	Western Branch High School	7.60	7
130	Santana Morgan	11	Manor	7.65	10
131	Patrick Harris	11	Manor	7.82	3
131	William Kowalczyk	9	South Lakes	7.82	19
133	Jayden Pellum	9	Hampton	7.83	13
134	Caleb Awuku-Budu	9	Battlefield	7.84	9
135	Louis Thompson	9	Potomac High School	7.90	15
136	Da'son Johnson	9	Petersburg	7.92	4
137	Ethan Zola	9	Battlefield	7.93	14
138	Caden Woodson	11	Hampton	8.19	12
139	Landon Bobbitt	9	Baltimore City College	8.26	3

Girls Triple Jump Varsity
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ceyani Reynolds	10	Western Branch High School	37-1.25	1	
2	Yowome Ayim	12	Manor	36-1.75	1	

3	Savannah Hunter	12	Manor	33-9.50	1
4	Melody Fadaka	12	Grassfield	33-1.50	1
5	Michelle Klutse	11	Lake Braddock	32-8	1
6	Melanie Velasco	11	South Lakes	32-1	1
7	Claire Talbot	11	South Lakes	31-5.75	1
8	Yenam Ayim	9	Manor	31-5	1
9	Leyla-Lynn Jaoude	10	South Lakes	30-9	1
10	Zaniyah Baker	11	Manor	30-6	1
11	Chloe Smith	12	Episcopal	29-9.50	1

Girls Varsity Team Scores

TEAM	SCORE
=====	=====
1 Bishop McNamara High School	92
2 South Lakes	58
3 Grassfield	49
4 Cape Henlopen High School	36
5 Baltimore City College	31
6 Ocean Lakes	24
7 Nansemond River	20
8 Manor	18
9 Peninsula Catholic	16
9 Terry Sanford	16
10 Western Branch High School	16
12 Osbourn Park	14
13 Friendly High School	10
13 Freedom (Woodbridge)	10
14 St. Andrew's Episcopal School	10
16 Forest Park	9
17 Lake Braddock	8
17 Hampton	8
19 Episcopal	5
19 Churchland	5
20 Lakeland	5
21 Chancellor	5
23 Norview	4
23 Enloe	4
25 Battlefield	1
25 Great Bridge High School	1

Boys Varsity Team Scores

TEAM	SCORE
=====	=====
1 Bishop McNamara High School	72
2 South Lakes	49
3 Nansemond River	41
4 Twin Valley	38
5 Cape Henlopen High School	37
6 Grassfield	35
7 Friendly High School	34
8 Churchland	27
9 Osbourn Park	20
10 Lafayette	19
11 Battlefield	16
12 Milford Mill	15
13 Langley	12
14 Oakton	11
15 Lakeland	9
16 Hampton	8
16 Bruton	8
17 Walsingham Academy	8
19 Western Branch High School	7
20 Freedom (Woodbridge)	6
21 Forest Park	5
22 Potomac High School	4

23	Lake Braddock	3
23	I.C. Norcom	3
24	Baltimore City College	3
26	Hickory High School	2
27	James River (Midlothian)	1
27	Norview	1
28	Chancellor	1
29	Manor	1