

# The Ultimate SOCIAL EMOTIONAL LEARNING PLAYBOOK

Early Childhood & Educator Training Series



LEAP Coaching Solutions





# EARLY CHILDHOOD & EDUCATOR TRAINING SERIES

Numberblocks integration, nutrition education, classroom management, SEL

## **Series 1: Math + Heart – Numberblocks SEL Fusion**

Numberblocks + EI: Building Brains & Hearts Together

Using Numberblocks to Teach Math & Emotional Self-Regulation

The Number Feelings Game: Connecting Numbers to Emotions

EI Math Stations: Learning Centers with Heart

Building Math Confidence in the Early Years

## **Series 2: Classroom Leadership & Team Building**

Play Your Position in the Classroom: Using DISC with Preschoolers

The ABCD Trust Model for Teachers

Love Languages in the Classroom

Building Classroom Teams with the Ideal Team Player Model

Emotional Refereeing: Helping Kids Work Out Conflicts

## **Series 3: Nutrition & Learning Readiness**

Nutrition Smarts: Helping Children Choose Healthy Foods

Mindful Munching: Food, Mood, and Learning Readiness

Turning Snack Time into SEL Time

Brain Smart Nutrition for Early Learners

Picky Eaters & Positive Encouragement

## **Series 4: The Calm & Connected Classroom**

Classroom Calm: Tools for Group Regulation

Half Full Teachers: Staying Positive in Stressful Moments

From Chaos to Calm: Classroom Transitions Made Easy

Playground Leadership: Guiding Social Skills Outdoors

Teacher Self-Care for Emotional Resilience

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