

Benjamin A. Matlick



Bishop Blanchet High School, Seattle, WA

Expected Graduation: June, 2026

GPA: 4.42 (Weighted) | 3.96 (Unweighted)

HONORS & AP COURSES

- AP Computer Science Principles; AP Computer Science A; AP English Language & Composition; AP French Language & Culture.
- Honors Biology, Honors Geometry; Honors Algebra II/Trigonometry; Honors English 10; Honors Precalculus.
- University of Washington in High School, French 103, A.
- Senior Year AP Courses: AP Economics; AP US Government & Politics; AP Physics; AP Calculus AB; AP Literature & Composition.

HONORS & DISTINCTIONS

- National Honor Society
- National French Honor Society (AATF)
- Honorable Mention, *Grand Concours, Level IV* (2024)
- Bishop Blanchet Foreign Language Honor Society

ENTREPRENEURSHIP & BUSINESS

Urban Food Systems Index (UFSI)

(2023 - Present)

- Developed comprehensive economic framework to measure value of urban, community garden. Translate multiple factors into single metric for use in sustainability and resilience planning for climate emergencies by municipal government.
- Built website, urbanfoodsystemsindex.com based on Eagle Scout Project work in [Magnuson Community Garden](#).

DECA – Competitive Business & Finance Team

2022 – present

- Entrepreneurship Team, Decision Making (2022-2023).

- Financial Consulting Event (2024-2025).
- State Qualifier (2025).

University of Washington Summer Springboard Business Competition

July, 2024

- Won first place with business proposal for sustainable shoe company utilizing recycled materials and partnering with local artists to launch in PNW.
- Led team as CEO, created business plan; wrote and delivered investment pitch.
- Presented proposal to investment panel.

Stock Market Investor

2018 - present

- Personal portfolio +183% through self-managed investments in tech and emerging markets.

LEADERSHIP & COMMUNITY ENGAGEMENT

Scouting America, Troop 166, Chief Seattle Council

2017 – present

Current Rank: Life Scout (Eagle Scout Advancement in Progress)

- Led troop patrols, organizing group outings, meal planning, procurement, and preparation for teams of six.
- Supervised younger Scouts' rank advancement through mentorship and leadership training.
- Merit badges earned: Citizenship (Community, Nation, World); Environmental Science; Life Saving; Communication; Cooking; First Aid; Camping; Snow Sports; Chess.
- Eagle Scout Project: Secured funding through grant applications; organized volunteer effort; planned and led construction of 2 new planter beds at Magnuson Park Community Garden, produce to go to local food banks.

Washington Trails Association (WTA) Volunteer (*Trail Maintenance & Restoration*)

- Completed 70+ volunteer hours over 11 projects from Mt. Baker to Leavenworth.
- Restored & improved public trails, including clearing debris, building rock stairs, & repairing drainage.
 - Heather Meadows-Lake Ann Trail (Mt. Baker-Snoqualmie National Forest, Aug 2023) – 2-day restoration.
 - Big Rock Park South (Sammamish, WA, Aug., 2023) – 1-day maintenance project.
 - Ring Hill Forest (Woodinville, WA, April 2024) – 1-day accessibility improvement project.
 - Icicle Gorge Nature Loop (Okanogan-Wenatchee National Forest, June–July, 2024) – Week-long restoration.
 - Longfellow Creek (Seattle, WA June 2025) – 2 day trail building project, using 6 tons of gravel to create 300 feet of new trail.

ATHLETICS

Varsity Cross Country & Track and Field Athlete, Bishop Blanchet High School

- Cross Country Team Captain (Fall 2025, elected by coaches & teammates).
- Track & Field Varsity "Newcomer of the Year" Award (Freshman, 2023).
- Washington State 3A Cross Country Championships:
 - 4th Place (Team, 2024).
 - 56th Place Individual, 2024 (Scoring member of 4th place team).
 - 6th Place (Team, 2023).
- Top Personal Records (PRs):
 - 5K: 16:29
 - 3200m: 10:10
 - 1600m: 4:42
- Endurance Training: 1,842+ miles in 2024, averaging 38.3 miles/week.
- Race Achievements:
 - USA Today Seattle Hot Chocolate 5K (1st Place, 2024 & 2025; 5th Place, 2023).
 - Finisher, Amica Insurance Seattle Half Marathon (Nov., 2022).

LANGUAGE PROFICIENCY

- English: Native proficiency
- French: Intermediate-high proficiency
 - School Exchange Program: France Homestay (April, 2025).

SKILLS & CERTIFICATIONS

- Technical Skills: Programming (Python, Java); Microsoft Excel; Data Analysis.
- Outdoor & Survival Skills: First aid, orienteering, camping, rock climbing, ice-cave construction.
- Public Speaking & Leadership: Team leadership, event planning, & fundraising.

REFERENCES

Available upon request.