

Icebreakers and Energizers
March 6th 11:00 – 12:00
10-minute sessions

You Said It

- Each time you hear the chosen word:
 - ✓ Stand and salute
 - ✓ Jump up, spin around, and sit down

Standing Ovation

- Once per day, players can request a standing ovation which all others will enthusiastically perform

Starter Cards

- Sophisticated mixer with a plethora of activities built in

Gotcha

- Circle Up
- Right hand out, palm up
- Index finger of left hand pointing on top of open hand
- On 3, try to catch the resting finger while not being caught

Jack in the Box

- Stand up if the answer to the question is “Yes”

100 ways to cross a circle

- One player suggests a way to cross the circle:
 - ✓ Heal to toe
 - ✓ Twirling
 - ✓ Skipping
- All others cross the circle based on the suggestion

Martian Salesman Tiger

- Martian – antennae on each side of head
- Salesman – handshake position
- Tiger – paws up in front of chest
- Create a back to back to back triangle
- Spin on a count of 3 and present a Martian, salesman, or tiger
- Points awarded if you are odd man out (the only one presenting that sign)
- No points awarded if all the same or all different
- First player to 3 wins

This or That

- This – questions to answer as a team or as an individual
- That – action that everyone performs

Wear and Share

- Share a story about something you are wearing:
 - ✓ Disney shirt from your trip
 - ✓ The watch you received for Graduation
 - ✓ Bought this hat from the Christmas market in Germany