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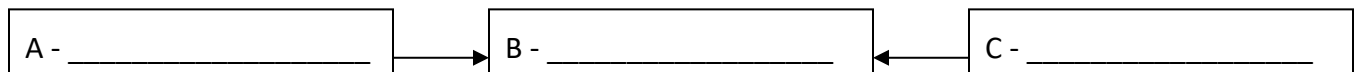
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Psych

Discovering Psychology – Video 8 - Learning Annenberg Learner [2001]

- 1) What are *reflexes* and what is their purpose?
- 2) What are *fixed-action patterns*?
- 3) What is learning? What 2 survival techniques does learning provide?
- 4) What type of learning was discovered by Ivan Pavlov? How can this type of learning make you sick?
- 5) What type of learning was discovered by Edward Thorndyke?
- 6) What did John B. Watson add to learning theory – the tendency to respond in the same way to stimuli that have similar characteristics? Why was the experiment done with Little Albert so controversial?
- 7) What type of learning was described by B. F. Skinner? Complete the diagram below:



- 8) What phenomenon is Rachlin studying using Skinner's ideas?
- 9) How can we overcome the sense that "nothing makes a difference" or *learned helplessness*?
- 10) What is required for learning to be effective?