

Gregory Inzinna, Psy.D. (he/him)

Licensed Clinical Psychologist (#025958)

Phone: (914) 309-7058 | Email: dr.inzinna@gmail.com

160 E 89th St, Suite 1B, New York, NY 10128

drinzinna.com

CURRENT APPOINTMENTS

Dr. Inzinna Psychological Services PLLC

Owner & Director of Clinical Training

Spring 2024-Present

- Supervises doctoral and masters level clinicians in integrative psychotherapy
- Provides individual and couples therapy to children and adults
- Oversees neuropsychological assessment
- Conducts research on increasing access to care for underserved communities

Ferkauf Graduate School of Psychology, Yeshiva University

Adjunct Professor

Fall 2022-Present

- Teaches Lifespan Psychopathology to doctoral level students
- Teaches Group Therapy to Marriage and Family Therapy students

EDUCATION

2017-2022

Long Island University (APA Accredited), Brookville, NY

Master of Science (M.S.) in Applied Psychology, Conferred 2019

Doctor of Clinical Psychology (Psy.D.), Conferred 2022

Dissertation: Acceptability, Feasibility, and Effectiveness of a Web-based DBT-A Skills Training Course for Clinicians (Inzinna, Rathus, Miller, Ortiz)

2013-2017

Manhattan University, Bronx, NY

Bachelor of Arts (B.A.) in Psychology, *Magna Cum Laude, Phi Beta Kappa*

SUPERVISED CLINICAL TRAINING

Parnes Clinic at Yeshiva University's Ferkauf Graduate School of Psychology, Bronx, NY

Postdoctoral Fellow

Fall 2022-Fall 2023

- Provided integrative CBT and Psychodynamic therapy

- Managed crisis and emergency situations
- Wrote proposals for research and treatment to serve underserved communities

Southwest Behavioral & Health Services (APA Accredited), Phoenix, AZ

Doctoral Psychology Intern

Fall 2021-Fall 2022

- Provided individual and family therapy in a high school setting
- Facilitated psychotherapy groups
- Conducted Child and Family Team (CFT) meetings
- Provided crisis intervention
- Facilitated didactics and provided supervision for practicum students
- Participated in IEP and 504 meetings with school faculty and parents

NYC Health + Hospitals/Coney Island, Brooklyn, NY

Psychology Extern

Fall 2020-Summer 2021

- Served adults, children, families, and couples in community mental health setting
- Provided CBT, Acceptance and Commitment Therapy (ACT), and psychodynamic therapy to individuals from underserved populations in an inpatient and intensive outpatient setting
- Worked on Assertive Community Treatment (ACT) team, making home visits, working with family members, and consulting with multidisciplinary team
- Conducted crisis interventions, risk assessments, diagnostic evaluations, and intakes
- Co-facilitated group therapy on inpatient units
- Conducted neuropsychological assessment for children, adolescents, and adults
- Supervised clinicians conducting neuropsychological assessments

The Quad Preparatory School, New York, NY

Psychology Extern

Fall 2019-Spring 2020

- Provided individual, group, and milieu therapy with a multi-system approach to Twice Exceptional (2e) students, intellectually gifted children with diverse mental health challenges, such as autism spectrum disorder, oppositional defiant disorder, attention-deficit/hyperactivity disorder, family trauma history, mood and anxiety disorders, and executive functioning deficits
- Provided executive functioning support and coaching
- Facilitated a student-run group called the Sexuality and Gender Alliance (SAGA), which aimed to provide a safe space for the expression of sexual and gender identity
- Participated in IEP meetings with Department of Education
- Presented didactic seminars about mindfulness and interpersonal effectiveness

Long Island University Psychological Services Center, Brookville, NY

Psychology Extern
Fall 2018-Summer 2019

- Provided psychodynamic therapy, CBT, Acceptance and Commitment Therapy (ACT), Behavioral Parent Training (BPT), Cognitive Processing Therapy (CPT), and family systems psychotherapy to a child, adolescent, and adult outpatient population in a community mental health setting with videotaped supervision
- Conducted neuropsychological assessments and wrote integrated reports with comprehensive feedback sessions

Pride Healing Center, Brookville, NY
Graduate Student Therapist
Fall 2018-Summer 2019

- Provided LGBTQ-sensitive psychotherapy to clients and their families
- Attended weekly consultation meetings and didactics focused on developing clinical competence with and cultural awareness of LGBTQ-related issues

J.M. Ladge Speech and Hearing Center, Brookville, NY
Graduate Student Therapist
Fall 2018-Spring 2019

- Co-facilitated group therapy for individuals living with various types of aphasia, support groups for caregivers of individuals living with aphasia, and support groups for caregivers of individuals living with dementia
- Provided consultation for speech-language pathology students and faculty

RESEARCH EXPERIENCE

Jill Rathus' Dialectical Behavior Therapy (DBT) Lab, Long Island University
Research Assistant
Fall 2017-Fall 2022

- Headed research projects related to a variety of DBT topics including suicidal ideation, emotion regulation, mindfulness, risk assessment, and treatment fidelity
- Explored cultural aspects of DBT components
 - Participated in virtual DBT training in China and explored cross-cultural implications of psychological constructs, such as validation.
- Co-facilitated workshops about publishing manuscripts about DBT assessments, such as the Life Problems Inventory (LPI; Rathus, Wagner & Miller, 2015)

Cognitive Behavioral Therapy for Psychosis Research Team, Long Island University
Coder
Spring 2018-Spring 2019

- Obtained working understanding of the components of CBTp through independent research, consultation with colleagues, and careful reading of participants' narratives

- Received extensive training in qualitative research coding methodology

Trauma Research and Response Team, Brookville, NY

Member

Fall 2017-Spring 2018

- Participated in planning responses and psychoeducational outreach initiatives for populations impacted by trauma
- Collaborated on research ideas regarding police brutality toward those suffering from mental illness
- Provided free on-site counseling services to underserved populations in schools and community organizations following natural disasters and traumatic events
- Supported 9/11 survivors and service members by providing free therapeutic services and holding memorial ceremonies

Developmental/Behavioral Psychology Research Team, Manhattan College

Research Assistant

Fall 2016-Spring 2017

- Researched components of narrative identity such as episodic and semantic memory as they relate to psychological functioning
- Studied autobiographical narratives and meaning making processes in social cognition and identity development during late adolescence and emerging adulthood with a particular emphasis on familial contexts
- Developed research protocol and coding scheme

Cognitive Psychology Research Team, Manhattan College

Research Assistant

Fall 2015-Spring 2016

- Researched image statistics and perceived aesthetics of geometric shapes
- Managed Behavioral Research Lab
- Constructed cohesive protocols and procedures for experiment design, implementation, and analysis

WORK EXPERIENCE

Parnes Clinic at Yeshiva University's Ferkauf Graduate School of Psychology, Bronx, NY

Assistant Director

Clinical Assistant Professor

Fall 2023-Fall 2024

- Managed clinic that serves over 600 patients at a time with over 100 therapists
- Oversaw supervisory relationships between students and supervisors

- Ensured ethical and effective treatment of a diverse population by supervising graduate students, consulting, and reviewing charts
- Provided integrative CBT and Psychodynamic therapy
- Managed crisis and emergency situations, providing evening clinic coverage
- Wrote proposals for research and treatment to serve underserved communities
 - Sought out opportunities for funding and oversees execution of approved grants
- Acted as clinic coordinator for Lemle NVLD Clinic
- Oversaw operation of both assessment and therapy
- Oversaw operation of doctoral psychology internship program, including assisting Clinic Director in applying for APPIC accreditation
- Participated in faculty meetings to discuss student issues
- Provided supervision to doctoral psychology interns
- Reviewed videotaped sessions for clinical competency examinations
- Interviewed applicants for doctoral psychology programs
- Collected clinic data to provide opportunities for research
- Oversaw orientation and training of students in clinic procedures (e.g., running orientation day, making tutorial videos, updating clinic manual)
- Ensured clinic technology is in working order (e.g., working with IT and outside vendors to support electronic medical record system and clinic camera recording system)
- Managed clinic teaching assistants, including overseeing hiring process
- Oversaw operation of grant program to provide free mental health services to struggling individuals working in the food and beverage industry
- Provided group supervision for physician's assistants and doctoral psychology interns
- Taught doctoral and master's level graduate classes

Long Island University, Brookville, NY

Adjunct Professor

Fall 2020

- Taught introductory level courses to college freshmen
 - Included topics such as information literacy, culture/diversity, socialization, mental health, physical health, and time management/organization

The Children's Academy, Brooklyn, NY

Swim Instructor

Winter 2019-Summer 2020

- Provided swim lessons to children ages 2-14 in individual and group formats
- Taught advanced swim mechanics to children on swim teams
- Specialized in working with children who have trouble controlling body movements and experience difficulty regulating emotions

Sylvan Learning, White Plains, NY

Program Coordinator and Teacher
Fall 2017-Fall 2019

- Collaborated with teachers, parents, and school administrators to provide education and support for children
- Assessed high school students' strengths and weaknesses in verbal, reading, and writing skills related to material on the SAT and ACT
- Taught Science, Technology, Engineering, and Math (STEM) skills to children and adolescents attending public and private schools

Bayberry Pool and Tennis Club, New Rochelle, NY
Pool Director
Spring 2016-Fall 2018

- Provided 8-week swim program for children ages 2-14
- Hired/Managed full-time lifeguard staff
- Provided regular in-service trainings
- Managed budget and payroll for equipment, chemicals, employees, and large events

Bayberry Pool and Tennis Club, New Rochelle, NY
Head Swim Coach
Spring 2017-Fall 2018

- Coached competitive swim team
- Taught advanced stroke refinement, breathing skills, and physical fitness
- Managed team of coaches

PUBLICATIONS

Inzinna, G. (2020). *Anura*. Brookville, NY: The Participant Observer.

Inzinna, G. (2018). *Listening to the Past: What Mac Miller's Rap Can Teach Us about Validation and Ourselves*. Brookville, NY: The Participant Observer.

Inzinna, G., Jayawickreme, N., Adams, M. (2016). *Merging Disciplines and Deconstructing the Self: The Effects of Psychosis on Identity*. Bronx, NY: Manhattan College Library Archives.

PRESENTATIONS

Inzinna, G. (February, 2020). *Introduction to Mindfulness*. Didactic presentation at The Quad Preparatory School, New York, NY.

Richardson, J., Rathus, J., Curcio, D., **Inzinna, G.**, Bromberg, L., Iwanciw, S., Lee, J., & Vidair, H. (November, 2019). *Clinicians' Experiences Implementing CBT for Psychosis*. Poster presented at Association for Behavioral and Cognitive Therapies Convention, Atlanta, GA.

Littman, S., Curcio, D., **Inzinna, G.**, Bromberg, L., Wenick, Y., Byrnes, J., Miller, A., & Rathus, J. (November, 2018). *Development of the Teen-Family Conflict Scale*. Paper presented at Association for Behavioral and Cognitive Therapies Convention, Washington, D.C.

Inzinna, G. & Wenick, Y. (October, 2018). *Reducing Interpersonal Conflict in a Middle School Setting*. Workshop conducted at Roosevelt Children's Academy, Roosevelt, NY.

Demaria, T., **Inzinna, G.**, & Strano, S. (November, 2017). *School Support of the Grieving Child*. Presented in collaboration with the National Center for School Crisis & Bereavement Coalition to Support Grieving Students at the Annual Conference for Middle Level Education, Philadelphia, PA.

Inzinna, G., Jayawickreme, N., Adams, M. (May, 2017). *Merging Disciplines and Deconstructing the Self: The Effects of Psychosis on Identity*. Paper presented at the Society for Qualitative Research in Psychology Conference at Fordham University Lincoln Center, New York, NY.

Inzinna, G., & Young, D. (April, 2017). *The Effects of Videotaped Contact on Stigmatic Attitudes toward Schizophrenia*. Poster presented at the Hunter College Psychology Convention, New York, NY.

Inzinna, G. (September, 2016). *Merging Disciplines and Deconstructing the Self: The Effects of Psychosis on Identity*. Poster presented at Summer Research Scholars Presentation Day at Manhattan College, Bronx, NY.

Inzinna, G., & Friedenber, J. (April, 2016). *Perceived Beauty Of Elongated Shape: Is There A Limit to Contour Complexity?* Poster Presented at Eastern Psychological Association Conference, New York, NY.

CERTIFICATIONS AND TRAININGS

2021	Dialectical Behavior Therapy with Adolescents and Caregivers (6 sessions)
2020	Care for Yourself & Cultivate Your Clinical Skills: DBT Skills for the Pandemic (4 sessions)
2018	Mini-International Neuropsychiatric Interview (Training—8 hours)
2018	Cognitive Processing Therapy (CPT) (Training—8 hours)
2018	Motivational Interviewing (Training—8 hours)
2018	Behavioral Parent Training (Course—6 Continuing Education Credits)
2017-2018	American Red Cross Certified in Responding to Emergencies (RTE)
2017	InterviewRight Certified to conduct effective, ethical, and legal interviews
2016-Present	National Institutes of Health (NIH) certified in "Protecting Human Research Participants"

PROFESSIONAL AFFILIATIONS

2024-Present	Association of Psychology Training Clinics (APTC) – Associate Member
2023-Present	Member of the Manhattan Psychological Association
2023-Present	Member of the Westchester County Psychological Association
2023-Present	Member of the New York State Psychological Association
2023-Present	Member of the American Psychological Association
2018-2021	Member of Association for Contextual Behavioral Science (ACBS)
2018-Present	Member of Association for Behavioral and Cognitive Therapies (ABCT)
2017-Present	Member of The Phi Beta Kappa Society
2016-Present	Member of Psi Chi, The International Honor Society in Psychology
2016-Present	Member of Epsilon Sigma Pi, Highest Scholastic Honor Society at Manhattan College
2015-2017	Member of Eastern Psychological Association (EPA)