



Specialist Resource and Community Centre

Reframing Dyslexia



Thrive Teach Nurture Grow Inc. is a registered charity that is dedicated to creating a one-of-a-kind **Specialist Resource and Community Centre** for children and teens with **specific learning differences** on the Central Coast, NSW.

Our mission is to empower students with dyslexia, and other learning differences, their families, and allied professionals through evidence-based education, training opportunities, and support services.

Why dyslexia?

Research in Australia shows that 8% of the general population has dyslexia (Anne Castles, Distinguished Professor of Cognitive Science, Macquarie University).

Research also shows that children and young people living and learning with dyslexia and other co-occurring learning disorders such as dysgraphia (writing) and dyscalculia (maths) are at **an increased risk of depression, anxiety, substance abuse, juvenile delinquency, poorer health outcomes and unemployment.**

"Learning to read was, and still is, so difficult for me. I couldn't understand how the other kids seemed to pick it up so easily while I struggled to read even quite simple words. I mostly guessed randomly – and just hoped I was right!"

AUSPELD Parent Guide

Sarah, Age 14 years

People with dyslexia are vulnerable because they struggle to obtain functional literacy and essential math skills necessary to navigate our literate and numerate society, despite their average or high intelligence. Surveys show that many young people report feelings of shame and embarrassment and increased stress and anxiety which can persist throughout their school life and beyond. In the most severe cases, **people with dyslexia leave school early, often unidentified, and functionally illiterate or innumerate.**

As a service, we aim to provide equality of opportunity for everyone to meet their full potential and actualise their strengths because we recognise that **individuals with dyslexia possess valuable thinking skills** needed for our future. Individuals such as Albert Einstein, Leonardo DaVinci, Thomas Eddison, Steve Jobs, and Richard Branson are just a few great examples of how dyslexic thinking has shaped our world.

Currently, there is **no financial support or subsidies for those with dyslexia** through government funding, including the National Disability Insurance Scheme (NDIS). Therefore, families who require additional support for their children are left to pay 100% of the out-of-pocket expenses. In addition, external services can be costly and long-term and, therefore, out of reach for many families. Lastly, there are few (if any) specialised community support services on the Central Coast for children and teens with learning differences.

"I have always struggled with maths. I have trouble reading a clock, figuring out change, and other basic maths skills. Numbers make me feel anxious, and that is hard because you need to use maths all the time."

AUSPELD Parent Guide

Jason, Age 16 years

Why Thrive Teach Nurture Grow Inc.?

People with dyslexia and other co-occurring learning difficulties often require specialist academic, social and emotional support. Our big-hearted team of psychologists, specialist teachers, and support officers currently work with over 100 families per week, with a growing waitlist.

We operate a **Specialist Resource & Community Centre**, unlike anything that has ever existed on the Coast.

It is somewhere for children and teens to access specialist and intensive literacy and numeracy instruction, access and be trained in assistive technology, join in courses and workshops aimed at building strengths, independence, and resilience, and feel understood and at home.

We have built such a place, but we need your support to make it financially accessible to families as many require long-term support.

Together we can give our children and young people the opportunities they deserve to **Thrive**. If you can help us, we would love to hear from you. For more information, please see our website: www.thrivetng.org

Kindest regards,



Natalie Trigg, Board President

Thrive Teach Nurture Grow Inc.

Dyslexia Specialists Central Coast

Registered Charity & Deductible Gift Recipient (DGR)

