



PISTACHIO CRUSTED CHICKEN

MAKES 4 SERVINGS

INGREDIENTS

1 LB CHICKEN BREASTS

1 CUP SHELLED PISTACHIOS, FINELY CHOPPED

METHOD

PREHEAT OVEN TO 425 DEGREES. CUT CHICKEN INTO 2-3 INCH PIECES. SPREAD CHOPPED PISTACHIOS ON A DINNER PLATE. ROLL EACH CHICKEN NUGGET WITH PISTACHIOS UNTIL ALL SIDES ARE COVERED. PLACE CHICKEN ON BAKING PAN AND PLACE IN OVEN. BAKE 25-30 MINUTES, OR UNTIL MEAT IS NO LONGER PINK INSIDE.