



TURKEY MEATBALLS

MAKES 4 SERVINGS

INGREDIENTS

1 LB GROUND TURKEY

1 TBSP ITALIAN SEASONING

SALT & PEPPER

METHOD

COOK IN PRESSURE COOKER OR OVEN.

IF BAKING IN THE OVEN, PREHEAT OVEN TO 375 DEGREES F AND LINE A LARGE BAKING SHEET WITH PARCHMENT PAPER OR FOIL.

COMBINE ALL INGREDIENTS IN A LARGE BOWL. FORM MIXTURE INTO MEATBALLS, ABOUT THE SIZE OF A GOLF BALL.

PLACE ON A STAINLESS STEEL STEAMER IN THE PRESSURE COOKER AND COOK ON MEAT SETTING 15 MINUTES. IF BAKING, PLACE MEATBALLS ON BAKING SHEET AND COOK 25-30 MINUTES OR UNTIL FULLY COOKED.