

CLEAN FIFTEEN

Avocados
Sweet corn*
Pineapples
Cabbages
Onions
Sweet peas frozen
Papayas*
Asparagus
Mangoes
Eggplants
Honeydew melons
Kiwis
Cantaloupes
Cauliflower
Broccoli

PRODUCE BUYING GUIDE

*A small amount of sweet corn, papaya and summer squash sold in the United States is produced from genetically modified seeds. Buy organic varieties of these crops if you want to avoid genetically modified produce.

DIRTY DOZEN +

Strawberries
Spinach
Nectarines
Apples
Grapes
Peaches
Cherries
Pears
Tomatoes
Celery
Potatoes
Sweet bell peppers
Hot peppers

Get the full list

Adapted from the Environmental Working Group