



PESTO TURKEY BURGERS

MAKES 4 SERVINGS

INGREDIENTS

1LB GROUND TURKEY, DARK MEAT

1/4 CUP PESTO

1 CUP CHOPPED GREENS (SPINACH, CHARD, KALE, ETC.)

PINCH OF SALT AND PEPPER

METHOD

COMBINE ALL INGREDIENTS IN A LARGE BOWL AND MIX WELL. FORM INTO FOUR EQUALLY SIZED PATTIES. PLACE ON GRILL OR GEORGE FOREMAN UNTIL FULLY COOKED.