



## Unit .21

### Session .03

# Jesus Teaches About New Birth

## Scripture



## John 3:3-18

**3** Jesus replied, “Truly I tell you, unless someone is born again, he cannot see the kingdom of God.” **4** “How can anyone be born when he is old?” Nicodemus asked him. “Can he enter his mother’s womb a second time and be born?” **5** Jesus answered, “Truly I tell you, unless someone is born of water and the Spirit, he cannot enter the kingdom of God. **6** Whatever is born of the flesh is flesh, and whatever is born of the Spirit is spirit. **7** Do not be amazed that I told you that you must be born again. **8** The wind blows where it pleases, and you hear its sound, but you don’t know where it comes from or where it is going. So it is with everyone born of the Spirit.” **9** “How can these things be?” asked Nicodemus. **10** “Are you a teacher of Israel and don’t know these things?” Jesus replied. **11** “Truly I tell you, we speak what we know and we testify to what we have seen, but

you do not accept our testimony. **12** If I have told you about earthly things and you don’t believe, how will you believe if I tell you about heavenly things? **13** No one has ascended into heaven except the one who descended from heaven —the Son of Man. **14** “Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up, **15** so that everyone who believes in him may have eternal life. **16** For God loved the world in this way: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. **17** For God did not send his Son into the world to condemn the world, but to save the world through him. **18** Anyone who believes in him is not condemned, but anyone who does not believe is already condemned, because he has not believed in the name of the one and only Son of God.

**What evidence would you expect to see of a person who was born again?**

**How does Jesus' interaction with Nicodemus provide a model for how we engage with those who are religious but not committed to Christ?**



## 99 Essential Doctrines

### Regeneration

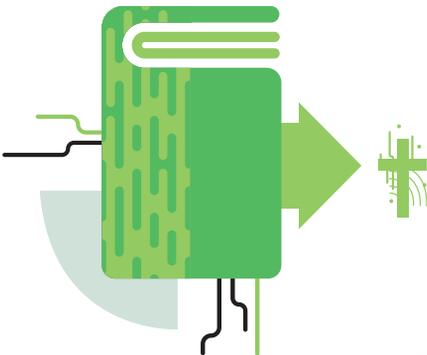
Regeneration takes place at the beginning of the Christian life and is the miraculous transformation, or the new birth, that takes place within an individual through the supernatural work of the Holy Spirit (John 3:3-8; Titus 3:5). It is the divine side of conversion (a person turning to Christ in repentance and faith), being the work of God within a person's life that causes him or her to be born again, a work that human effort is unable to produce.

## Main Point

The new birth is God's supernatural transformation in the hearts of people.

What are some reasons we should trust Jesus' teaching?

What is the connection between a person's character and the value of their testimony?



## Christ Connection

Jesus taught that new birth, not religious activity, was how a person enters the kingdom of God and receives eternal life. New birth is given from God the Father through faith in God the Son as a work of God the Spirit. Because of God's love, we are no longer condemned because of our sin, but we have been given eternal life in Christ.

**What are some ways we should respond to God for the gift of His Son?**

**How does the loving God of the Bible compare with the ways the world views Him?**



## Head

**What can we learn from Nicodemus being a religious person who didn't know the truth when it came to having a relationship with God?**

**Why is it important that we realize God sets the terms and conditions of how we come to Him, and not the other way around?**



## Heart

**Why is it important to first understand the sin in our hearts in order to fully appreciate God's gift of grace?**

**How would you explain to someone what it means to have "faith" and "believe" using this account between Jesus and Nicodemus?**



## Hands

**What should be our response to God's love toward us in Jesus?**

**What steps will you take toward sharing the gospel of Christ with others this week?**

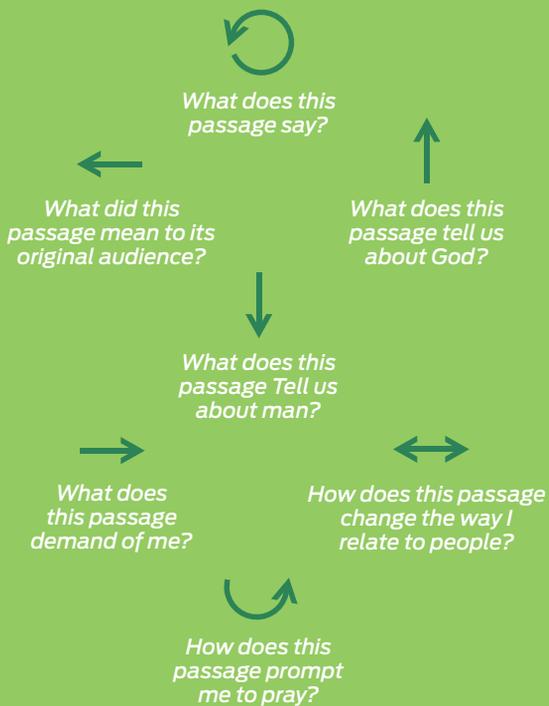
# Daily Devotions



Day 1

## John 3:1-2

### The 7 Arrows of Bible Reading



Nicodemus was close, closer than most others, but he was not close enough. Notice what this ruler of the Jews recognized about Jesus: 1) Jesus was a rabbi; 2) Jesus came from God; 3) Jesus performed signs; 4) God was with Jesus.

Not a bad list. Nicodemus respected Jesus as a rabbi, although Jesus never was formally trained as one. And he recognized that Jesus was special—that He came from God, performed miracles, and that God was with Him. But notice that Nicodemus stopped short in his understanding of Jesus, which is what Jesus pulled out of him in the conversation that followed. Nicodemus failed to recognize that Jesus was special not because He was from God and that God was with Him, but because He is God. Nicodemus failed to reach the point of recognizing his need to turn to Jesus, the Son of God, for salvation.

When it comes to trusting in Jesus, close is not enough. Even today, many people view Jesus as a good teacher—an example of living morally pleasing lives. But that was not Jesus' mission. Rather, Jesus came so that people might come to know that He is the Son of God and have salvation through Him.

**In what ways do you need to develop a deeper understanding of who Jesus is?**

# John 3:3-8

Nicodemus was not the only one who was confused by Jesus' response in these verses. Understanding what exactly being born again means and what Jesus meant by water has challenged theologians for centuries. Even the word translated as "again" in verse 3 is not clear. The Greek word used there could also mean "from above."

This is more than a linguistic nuance; understanding both senses of that word gives the passage its context and reminds us of its basic truth, one that is quite understandable.

Salvation involves a new birth—new life. When a person trusts in Christ, he or she is born anew spiritually. And that is why "from above" is so helpful in addition to "again." Being born "from above" reminds us that Jesus was speaking of a spiritual truth—that this birth is not the work of the flesh, but rather the work of the Holy Spirit in and through us. And just as the Spirit works to bring about this new birth, He also guides us to understand truth—all of the truth in Scripture, even the more challenging parts.

**What are some doctrines or passages that you struggle to understand? Which have you grown to understand better because of the Spirit's guidance?**

# John 3:9-15

The new birth that Jesus explained to Nicodemus does not occur automatically—it comes by faith. To illustrate this, Jesus pointed the Jewish teacher to the Old Testament Book of Numbers, specifically the time when the Israelites were plagued by venomous snakes.

When the Israelites grumbled against God, He disciplined them by sending venomous snakes into their midst. But along with that judgment came mercy and grace—God instructed Moses to fashion a bronze serpent and lift it up on a pole. Whoever was bitten could look at that serpent and be healed.

In the same way, Jesus would be lifted up. But don't miss that the physical raising is not the strongest connection between Jesus and the serpent on the pole. Faith is. Imagine you were an Israelite in the wilderness who was just bitten by a snake. Does it make sense that looking at a bronze serpent would heal you? Would you choose to take your eyes off the ground—where other snakes still were—to look at that bronze serpent? Do you see how it took faith?

**How is faith needed in your relationship with Jesus after salvation? What areas of your life do you need to trust Jesus with?**

# John 3:16-18

It is trendy today to see people as basically good—or at least neutral. This is why so many people balk at the biblical teaching of judgment and hell. The belief is that God is unfair to condemn people to hell because people are basically good. They deserve His grace and forgiveness. Notice the irony of believing you deserve that which is by definition a gift—something that cannot be deserved.

John 3:16 is, perhaps, the best known Bible verse. Even unbelievers are likely to know it. But notice what follows. In the next two verses, Jesus explains that He did not come into the world to condemn it. Why? Because it is already condemned. And with that, the myth of people being basically good and deserving forgiveness falls apart. If anything is not fair, it is not that people are condemned, but rather that some people are saved.

**How do you tend to see salvation: as something that is deserved or as a free gift of God?**

# John 3:19-21

As believers, it is often difficult to understand the world—and it should be. It is difficult to understand why people do what they do—why sin is so pervasive and why hostility against God is so blatant. But none of this should surprise us. Jesus told us.

People love the darkness rather than the light because their deeds are evil. Don't miss this: people, apart from Jesus, don't dabble in darkness. They don't tolerate darkness. They don't sort of like darkness. They love darkness. They love sin. They love to hate God. And so did we before Christ.

Be grateful when you struggle to understand the world—it is a mark of God at work in you. It is a sign that your new mind is at work—that you have been born again. But at the same time, do not allow this to lead you to become arrogant. Remember, the only reason you are now walking in the light is because of the kindness of God—His gift to you in Christ made known to you by the Holy Spirit. Rather, let this dissonance between you and the world fuel your desire to share the gospel with those around you, so that they too might come to the light.

**In what ways have you seen your living and thinking change because of the gospel?**