

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

Scripture

John 5:2-18

Session Summary

The scene in John 5 opens up with a disheartening picture: people with diseases and disabilities lying within sight of a pool of water. Out of the many people waiting for the movement of the water, Jesus singled out one hopeless man who hadn't walked for most, if not all, of his life. Jesus asked the man if he wanted to be well, and the man's response revealed he was filled with despair. Jesus healed the man not by taking him down into the pool of supposed powers but by commanding him to get up and walk. Jesus later found the man who had been healed and told him to walk no longer in sin. Jesus cared about the man's whole being. The ultimate purpose of the grace Jesus showed the man in healing him was so he might walk in holiness.

Conversation Questions

- What would it look like for someone to be considered hopeless in this world?
- Why is Jesus the only One who can offer us hope when we feel despair?
- What does it look like for our family to walk in holiness?
- How can we help each other walk in victory over sin?

Family Challenge

It can be very challenging to walk in victory over sin if you are walking alone. Discuss as a family how you can hold each other accountable in fighting temptations and sin patterns. In the space below, write down five Scripture references that help lead to victory over sin and use these verses to encourage one another.

- 1.
- 2.
- 3.
- 4.
- 5.