

**OSHA**  
**SHA Preventive SHA006**  
**2020 Schedule of Medical Sharing**  
 Option ID: OSH9C

Group ID: GSOSH

**Needs Submission Address**

P.O. Box 1810  
 Draper, Utah 84020  
 Emdeon Payor ID: 88067

**Customer Service: 888-644-7555**

Coverage begins the day of enrollment. Coverage ends the date of termination.

**PPO Provider Network:**

**Wyoming:** First Choice of the Midwest  
**All other states:** PHCS - Practitioner & Ancillary  
**Facilities & Non-Network Providers:**  
 120% of Medicare

Shared Limit accumulations are based on a Calendar Year.  
 Beginning January 1 and ending December 31.

**MRA refers to "Member Responsibility Amount" and applies to every billed line item.**

**PREVENTIVE MAMMOGRAMS AND COLONOSCOPIES IN A HOSPITAL ARE NOW SHAREABLE - see below**

**Shared Preventive Services for Adults as defined by CMS Preventive Services**

Wellness Office Visits and Lab Services	Network Providers	Non-Network Providers	Shared Limits
Office Visit Exam & Includes Services For:	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Limited to preventive diagnosis only
Abdominal Aortic Aneurysm	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	One time screening for males of ages 65 to 75 who have ever smoked
Alcohol Misuse Screening and Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
Aspirin use for Men and Women	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	A low-dose aspirin for prevention of cardiovascular disease and colorectal cancer in adults aged 50-59 years
Blood Pressure Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	One screening every two years for ages 18 to 39 One Screening per plan year for ages 40 and over
Cholesterol Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	One screening per plan year for men 35 and older. Men under 35 who have heart disease or risk factors for heart disease or women who have heart disease or risk factors for heart disease.
Colorectal Cancer Screening	Plan shares up to \$1500 of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for adults over age 50
Depression Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for depression in the general adult population, including pregnant and postpartum women.
Type 2 Diabetes Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for adults with high blood pressure only.
Diet Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for adults at higher risk of chronic disease.
Hepatitis B Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For members at high risk, including members in countries with 2% or more Hepatitis B prevalence, and US born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
Hepatitis C Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For adults at increased risk, and one time for everyone born between 1945 - 1965
HIV Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for adults at higher risk
Immunizations Hepatitis A Hepatitis B Herpes Zoster Human Papillomavirus Influenza (Flu Shot) Measles, Mumps, Rubella Meningococcal Pneumococcal Tetanus, Diphtheria, Pertussis Varicella	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Listed immunizations are once per plan year. Human Papillomavirus shots up to age 26. Pneumococcal shots for adults 65 and older
Latent Tuberculosis Infection	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for latent tuberculosis infection (LTBI) in populations at increased risk
Lung Cancer Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For adults 55-80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
Obesity Screening and Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	

Sexually Transmitted Infection (STI) Screening and Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Prevention counseling for adults at higher risk, includes syphilis screening
Statin	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Adults aged 40-75 years with no history of cardiovascular disease (CVD) use a low to moderate dose statin for the prevention of CVD events and mortality when they have one or more cardiovascular disease risk factors and a calculated 10-year CVD event risk of 10% or greater; screening for cardiac risk may include assessment of blood pressure, smoking status, screening for lipid disorders and use of ACC/AHA CVD to estimate 10-year risk.
Syphilis Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all adults at higher risk
Tobacco Use Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screenings for adults and cessation interventions for tobacco users

### Shared Preventive Services for Women - Including Pregnant Women

Wellness Office Visits and Lab Services	Network Providers	Non-Network Providers	Shared Limits
Well-Women Visits	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
Anemia Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For pregnant women
Bacteriuria urinary tract or infection Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For pregnant women
BRCA Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Includes genetic test for women at high risk
Breast Cancer Mammography Screening	Plan shares <b>up to \$500</b> of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screenings every 1 to 2 years for women over 40 through age 74.
Breast Cancer Chemoprevention Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Counseling for women at high risk
Breast Pumps	Not Shareable		
Breastfeeding Consultations	Not Shareable		
Cervical Cancer Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For ages 21-29, PAP smear every 3 years For ages 30-65, with cytology and human papillomavirus testing (HPV) with Pap smear every 5 years or a regular cytology alone (without HPV testing) every 3 years Women with an average risk shouldn't be screened more than once every 3 years
Chlamydia Infection Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For younger women and women at high risk
Contraception - Prescribed contraception methods, sterilization procedures and patient education. (Supply and administration of Contraceptive IUDs, Implants, and Injectables)	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	(Birth control pills, diaphragms, and emergency contraceptive pill are through pharmacy benefits.)
Depression Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for depression in the general adult population, including pregnant and postpartum women
Domestic and Interpersonal Violence Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Annual screening for women to obtain a referral to initial intervention services, which includes counseling, education, harm reduction strategies and referral to appropriate support services.
Folic Acid Supplements	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	All women who are planning or capable of pregnancy take a daily supplement containing 0.4-0.8mg
Gestational Diabetes Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For women 24 to 28 weeks pregnant and / or at high risk of developing gestational diabetes should be screened prior to 24 weeks of gestation
Gonorrhea Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all women at higher risk
Hepatitis B Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For pregnant women at their first prenatal visit
Human Immunodeficiency Virus (HIV) Screening and counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For women sexually active
Human Papillomavirus (HPV) DNA Test	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	One test every 3 years for women with normal cytology results who are 30 or older
Osteoporosis Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For women over age 60 or at high risk
Preeclampsia	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for preeclampsia in pregnant women with blood pressure measurements throughout pregnancy
Rh Incompatibility Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For pregnant women and follow-up testing for women at higher risk

Tobacco Use Screening and interventions	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
Syphilis Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all pregnant women or other women at increased risk
Sexually Transmitted Infection (STI) and Sexually transmitted Diseases (STD) Screening and counseling, includes Gonorrhea & Syphilis Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Counseling for sexually active women
Urinary Tract or other Infection Screening for Pregnant Women	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
<b>Shared Preventive Services for Children</b>			
<b>Wellness Office Visits and Lab Services</b>	<b>Network Providers</b>	<b>Non-Network Providers</b>	<b>Shared Limits</b>
Office Visit Exam & Includes Services For: 7 visits Birth to 12 months 3 visits during age 1 2 visits during age 2 1 visit during age 3 through 21	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Limited to preventive diagnosis only
Alcohol and Drug Use Assessments	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
Autism Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children at 18 months to 24 months
Behavioral Assessments	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children to age 18
Blood Pressure Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children to age 18
Cervical Dysplasia Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For sexually active females
Congenital Hypothyroidism Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For newborns
Contraception - Prescribed contraception methods, sterilization procedures and patient education. (Supply and administration of Contraceptive IUDs, Implants, and Injectables)	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	(Birth control pills, diaphragms, and emergency contraceptive pill are through pharmacy benefits.)
Depression Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years
Developmental Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children under age 3 and surveillance throughout childhood
Dyslipidemia Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children at high risk of lipid disorders
Fluoride Chemoprevention Supplements	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children without fluoride in their water sources
Gonorrhea Preventive Medication for the Eyes of all Newborns	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
Hearing Screenings	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all newborns
Height, Weight and Body Mass Index Measurements	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children to age 18
Hematocrit or Hemoglobin Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children to age 18
Hemoglobinopathies of Sickle Cell Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all newborns
HIV Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For sexually active children
Hypothyroidism Screening for Newborns	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	
Immunizations: Acellular Pertussis Diphtheria, Tetanus, Pertussis Haemophilus influenza type B Hemophilia Hepatitis A Hepatitis B Human Papillomavirus Inactivated Poliovirus Influenza (Flu Shot) Measles, Mumps, Rubella Meningococcal Meningococcal B Vaccine Pneumococcal Rotavirus Varicella	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children to age 18

Interpersonal and Domestic Violence Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Annual screening for women to obtain a referral to initial intervention services, which includes counseling, education, harm reduction strategies and referral to appropriate support services.
Iron Supplements	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children ages 6 to 12 months at risk of anemia
Lead Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children at risk of exposure
Medical History	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all children throughout development
Obesity	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening for obesity in children and adolescents six years and older and offer to refer them to comprehensive, intensive behavioral interventions to promote improvements in weight status
Oral Health	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	At risk assessment for your children ages newborn to age 10
Phenylketonuria (PKU) Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For genetic disorders in newborns
Sexually Transmitted Infection (STI) and Sexually Transmitted Diseases (STD) Screening and Counseling	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children at higher risk, includes gonorrhea preventive medication for newborn eyes
Syphilis Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For all adolescents at higher risk
Tuberculin Testing	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	For children at higher risk of tuberculosis to age 18
Vision Screening	Plan shares 100% of the PPO Amount	** Plan shares 100% up to 120% of Medicare Allowed Amount	Screening at least once in all children ages 3 to 5 years to detect amblyopia or its risk factors.

Prescription Sharing		
*** SHARx	Prescription Advocacy Program	This program is designed to give members assistance by helping them receive large discounts on medications. Register at <a href="http://www.sharxplan.com/allied">http://www.sharxplan.com/allied</a> . After registration is complete a member advocate will reach out to the member within 48 hours.
Virtual Primary Care		
Sherpaa	\$99 MRA per episode of care	Unlimited Visits To get started, go to <a href="http://www.sherpaa.com/allied">www.sherpaa.com/allied</a>
1-800MD	\$0 MRA	To request a physician consultation by telephone, call <b>1-800-530-8666</b> or visit: <a href="http://www.1800md.com">www.1800md.com</a> available 24/7/365

Effective: July 2019

\* **Pre Certification Required. Failure to obtain Pre Certification may result in a reduction of \$250 or denial of Shared Limits.**

\*\* **Payment will be capped at 120% of the Medicare Allowable Payment. If provider does not accept the Medicare Allowable Amount, patient may be balance billed.**

\*\*\* **Medications are accessed through Advocacy Program. ASH shares a monthly access fee on all members to waive access fees for our members.**

Dependents covered to age 26 **if single and a legal dependent (reported on parent's income tax).**

Timely Filing: Medical Need must be filed within **12** months from the date the service incurred.

Rural Area is defined as 30 miles. If preventive services are not available within 30 miles of your residence the provider will be paid in network.

Needs are only shareable during active enrollment.

Please note that this is not Health Insurance.

If service is not listed on Schedule of Sharing, it is not covered.

Visit [www.talltreehealth.com](http://www.talltreehealth.com) to view Schedule of Sharing, Plan Document, Enrollment information, Medical Need History, link to the PPO Network and more.

**All Medical Need Submissions are subject to Plan provisions at the time of service. Any plan quoted telephonically or in writing is not a guarantee of payment.**

**Medical Need Submissions are determined upon receipt of the medical need and any additional information required to make a plan determination.**