



HEALTH ACCESS PREVENTIVE

Care that keeps you *well*.

Six categories. One complete benefit.

Free for every eligible employee.

FOR EVERYONE AT NO COST

**You're automatically
enrolled in **\$14,100** of
preventive care.**

All eligible employees receive the Health Access Preventive benefit at no cost. Add the Health Access Cooperative or a traditional health plan to round out your benefits.

WHAT'S INCLUDED



See your doctor

Wellness to urgent care



Be Healthy

Vaccines, screenings & colonoscopy



Whole You

From nutrition support to mental health care



Dental, vision & hearing exams

Affordable prescriptions too!

Any provider · No networks · No prior authorization

THE SIX CATEGORIES

Built around the way life actually happens.

What your benefit includes and what each covers — per person, per calendar year.

01	See Your Doctor • Primary wellness visits • Urgent Care & Walk In Clinics • Well-child & OBGYN visits	\$1,250 /year
02	Be Healthy • Blood work & screenings (\$700) · immunizations (\$1,500) • Mammogram (\$1,000) · colonoscopy (\$4,000) • Tobacco cessation (\$900) · fitness (\$250)	\$8,350 /year
03	Dental, Vision & Hearing • Dental cleanings & exams • Vision screening • Hearing exams — new for 2027	\$750 \$250 each
04	Whole You — Mental Health • Therapy & counseling • Psychiatric care • Substance abuse support	\$3,000 \$250/mo
05	Whole You — Nutrition • Dietitian & nutrition counseling • Weight management programs • GLP-1 medication support	\$750 /year
06	Affordable Prescriptions • Discount drug card • Local pharmacy & mail order • Works for most medications	Included in plan

TOTAL PER-PERSON VALUE

\$14,100

Excludes drug card savings.



Three steps to payment.

1

See any provider you choose.

No networks. No referrals. No prior authorization required.

2

Get an itemized invoice, submit for payment

You'll need an itemized invoice showing the service date and service details.

3

Submit through the member portal.

Login to your Member Portal to submit and track the payment process.

MEMBER SERVICES

1-800-606-1135

members@healthaccesssolutions.com

Monday – Friday · 8:30 am – 6pm ET

THE DETAILS

What's included.

Effective January 1, 2027. All amounts per person, per calendar year. Benefit subject to terms; drug card savings excluded from totals.

See Your Doctor

\$1,250/year

- Wellness visits — annual physicals, checkups, and preventive visits
- Well-child exams
- Gynecological / well-woman visits — annual preventive exam, age 21+
- Urgent care & walk-in clinics

Be Healthy

\$8,350/year

Six dedicated sub-budgets; budgets do not flex between sub-categories.

Know Your Numbers

\$700

- Lipid Panel — cholesterol & triglycerides
- Comprehensive Metabolic Panel (CMP)
- Complete Blood Count (CBC) w/ differential
- Hemoglobin A1C — prediabetes detection
- Thyroid Panel (TSH), reflex to T4
- Vitamin D level
- Routine Urinalysis (UA)
- PSA — men age 50–75
- Bone density — post-menopausal
- Heart screening — CRP & Homocysteine

Stay Protected — Immunizations

\$1,500

- Flu vaccination — annual
- Shingles (Shingrix) — age 50+
- Pneumonia (PCV20/PPSV23) — 65+
- COVID booster
- Tdap/Td boosters
- Hepatitis A & B, HPV
- Childhood immunizations (under 26 ***)

Catch It Early — Breast Screening

\$1,000

- Annual mammogram incl. 3D tomosynthesis
- Follow-up ultrasound or MRI
- Ages 40–80

Stop Cancer — Colorectal

\$4,000

- Full colonoscopy — anesthesia, pathology & polyp removal
- Ages 45–80 (40+ with family history)
- Alternative screenings every 5–10 yrs

Breathe Free — Tobacco Cessation

\$900

- Counseling — no session limits
- NRT — patches, gum, lozenges
- Chantix / Wellbutrin
- Hypnotherapy & other programs
- All tobacco products

Move More — Fitness

\$250

- Gym, fitness center, or YMCA
- Personal training & group classes
- Home fitness apps (Peloton, etc.)
- Community programs — yoga, swimming, dance

Your member booklet lists every eligible service, limit, and exclusion in full.

Dental, Vision & Hearing

\$250 each

Three dedicated \$250 budgets — one each.

Protect Your Smile — Dental

\$250

- Preventive exam & X-rays
- Up to 2 cleanings per year
- Sealants & fluoride

See Clearly — Vision

\$250

- Annual comprehensive exam
- Detects glaucoma, macular degeneration & diabetic retinopathy
- Any provider — optometrist or ophthalmologist

Stay Connected — Hearing

\$250

- Annual audiological evaluation
- Balance / fall-risk assessment

Affordable Prescriptions

Included

Discount drug card — discounted pricing at local pharmacies, mail order, and international options

Whole You — Mental Health

\$250/mo *

\$3,000 annual maximum.

- Therapy & counseling — individual, couples, family, or group
- Psychiatric evaluation — initial and ongoing care
- Substance abuse — evaluation, counseling & treatment support
- Mental health screening — depression, anxiety, cognitive
- Behavioral health — sleep, stress & lifestyle factors

Whole You — Nutrition & Weight

\$750/year

- Nutritional counseling — registered dietitian, online or in-person
- Weight loss & weight gain programs
- Nutrition screening — deficiencies & metabolic risks
- Weight loss medication — GLP-1

* Mental health is capped at \$250/month; \$3,000 annual maximum.

** Dependent children under age 26 are eligible for applicable benefits.