



A proven Path to Better Behavioral Health

Restora Health



Proprietary and Confidential

jeayable
an Able To solution

About AbleTo/Joyable



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OUR VISION

To be **The Solution**
for Delivering the Highest Quality,
Technology Enabled,
Behavioral Health Services

Demonstrating Success as a Trusted Partner

Offering Treatment at Scale with

Diverse Clients in all Market Segments

- Over 8 years of care delivery
- 0.5M+ sessions completed
- ~700 therapist/ coaches nationwide
- 9 Health Plan customers; 100s of self funded employers (20+ lines of business)
- 20M+ covered lives
- Support Fully Insured, ASO, Medicare Advantage, Managed Medicaid
- Apple's Best Apps of 2017 and 2018
- ~210 employees in NY, CA and FL

Rapid Growth with Blue Chip

Financial Partners

- >50% Compounded Annual Revenue Growth (CAGR) since 2016
- World-class strategic and financial investor base:

Financial:



Strategic:



Nationally Accredited

- First tele-behavioral health provider accredited by URAC
- First tele-behavioral health provider approved by BCBSA
- NCQA accredited Credentialing Verification Organization



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Why AbleTo: We Get People Better



Unmatched Quality

- Highest-quality, clinically-sound treatment
- Tailored, time-bound programs
- Superior member experience



Proven Results

- Proven to deliver symptom decline
- Published outcomes
- Results are peer reviewed



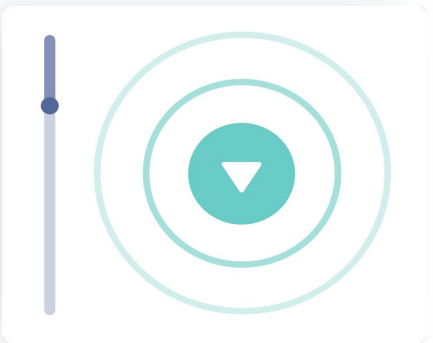
One Solution

- Access across the spectrum of needs for every individual
- Seamless experience for members

Coached Digital Therapy

One Solution to Address Any Mental Health Need

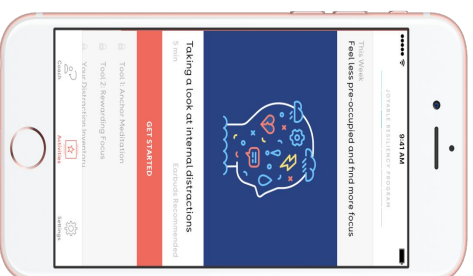
Mild



Resiliency Tools

Quick, evidence-based tools to provide relief in stressful situations

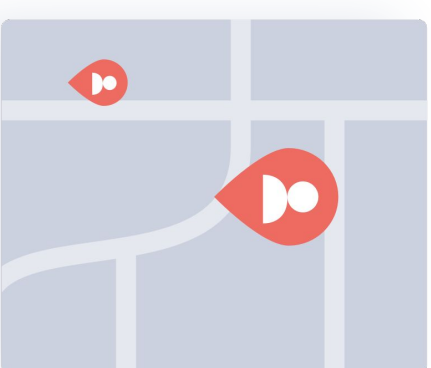
Moderate



Coached Digital Therapy

Coached digital 8 week programs that are as effective as traditional therapy

Complex



Concierge Service

No stress support to find, vet, and schedule with network providers

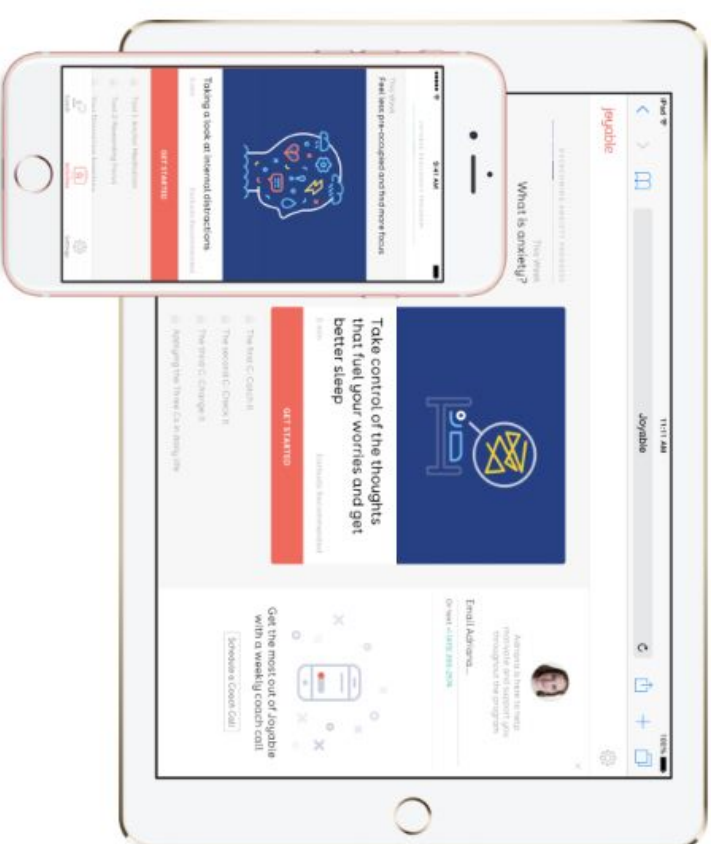


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Digital Tools to Make Mental Health Accessible and Affordable

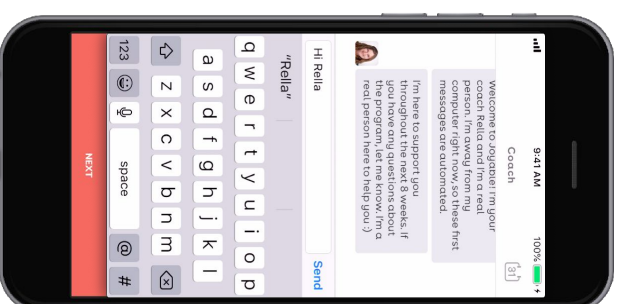
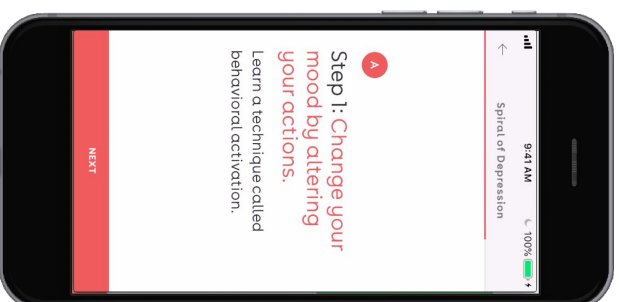
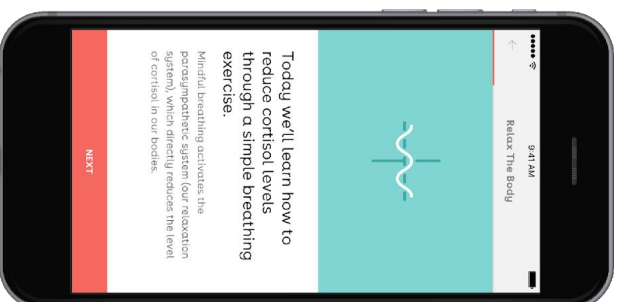
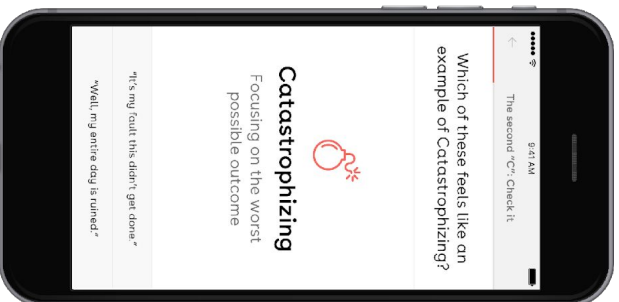
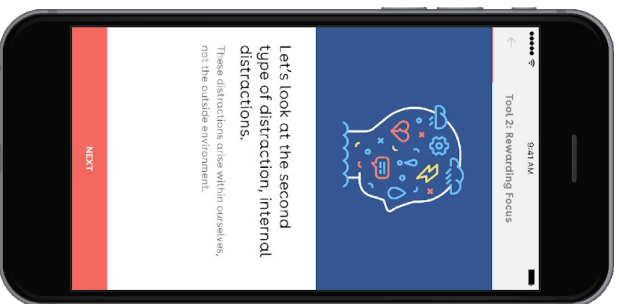
Guided care to connect participants with the right program for each person

- **24/7 instant access** to CBT tools via phone, tablet, or computer
- **Weekly bite-sized activities** delivered over the course of 8 weeks
- **Dedicated 1:1 Coaches** motivate and drive **program adherence**

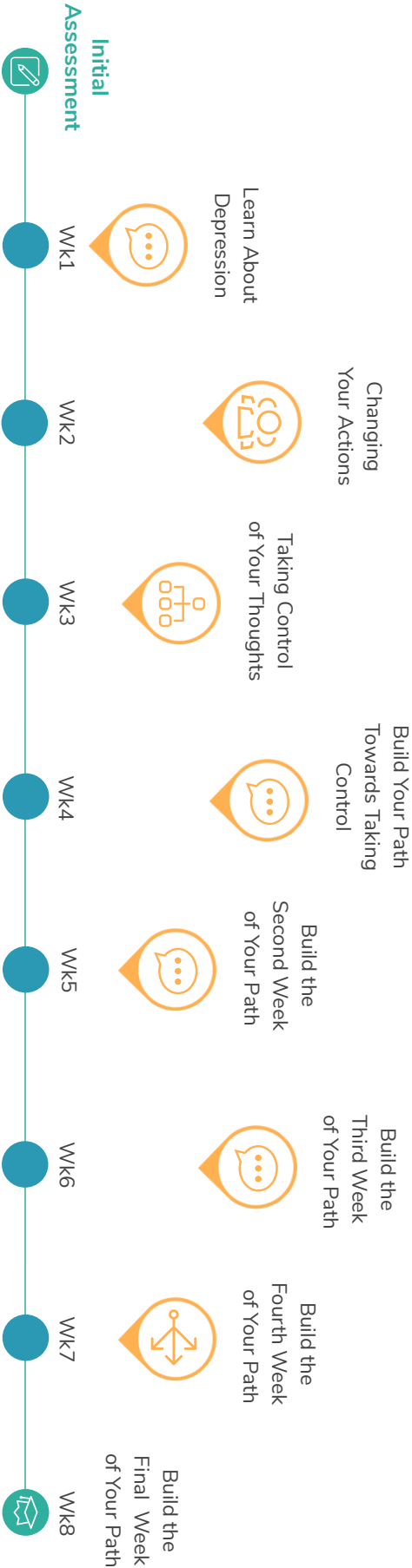


Access Anywhere at Any Time

Users can access the program on mobile, web, or WiFi-enabled tablet



Coach Support Promotes Adherence to Program



Coach support available at any time throughout program activities to support adherence to digital programs

Proven Results, World Class Experience



+

18% average utilization

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¹ AbleTo Digital Outcomes Evaluation, 2019.

² Evaluation of an open-access CBT-based Internet program for social anxiety: Patterns of use, retention, and outcomes. J Consult Clin Psychol. 2017 Oct;85(10):988-999.

Thank you!

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