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HAS Preventive Benefits Table 2023.pdf

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Physical Health | \$250 (annual maximum)

Gym Membership

Fitness Training (on-line or in-person)

Nutritional Health | \$500 (annual maximum)

Nutritional/Meal Planning (on-line or in-person)

Weight Loss/Weight Gain Counseling and Support

Smoking Cessation | \$500 (annual maximum)

Covers counseling, cost of medication, hypnotherapy, or other cessation program

Medical Cost Share IUA (Initial Unshareable Amount) | \$5000 (annual maximum)

Up to \$5,000 annually on 3rd IUA (documentation must be submitted for review)

Any DPC - Direct Primary Care Maximum Monthly Reimbursement Amounts **

Membership Tier	Max Monthly Amount
Individual	\$70/month
Couple	\$140/month
Adult & Child(ren)*	\$120/month
Family*	\$160/month

*Dependent children under the age of 26

What information do I need to submit a reimbursement?

Please provide your physician's office itemized statement of services showing the service performed, date of service and the cost.

How do I submit my request?

- On-line Form: <https://www.healthaccesssolutions.com/preventive>
- Text "preventive" to (239) 299-0333 to receive your personal link to a prefilled form.
- Expenses must be submitted within the calendar year the services were provided and no later than March 1 of the following year.

Questions?

Call: 800-606-1135

Email: members@healthaccesssolutions.com

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