

# CROSS CONTAMINATION

Cross contamination happens when a bacteria, virus, or other germ is transferred from one object, area, or person to another. Cross contamination usually happens from touching surfaces or another person with contaminated hands/gloves.

- Touching a contaminated phone and then putting that phone on your face
- Wearing contaminated gloves and touching a keyboard and then touching your nose
- Wearing contaminated gloves and touching a person/patient

The CDC recommended social distancing and wearing cloth or procedure masks in the community to reduce the risk of community spread of COVID-19. Consistent hand hygiene, being mindful to avoid touching your eye, face or mouth without cleaning your hands, and frequently sanitizing high use objects and areas are all ways to reduce cross contamination

High use areas in the home

- Doorknobs to the home, bedrooms, and bathrooms
- Faucets in the kitchen/bathroom
- Refrigerator/Freezer handles
- Laptops

High use areas in the community

- Elevator buttons
- Gas pumps
- ATM machines
- Door handles to retail places