

Cody Heppner was a 2013 graduate of Warroad High School and enjoyed spending time hanging out with friends, socializing during school, dressing sharp, and participating in hockey. Cody had a way with young kids and enjoyed volunteering with the kindergarten and ECFE classes and connecting with his "hockey buddy". He also loved his family and enjoyed many activities with them including traveling, hunting, and fishing. He loved life and lived life at a fast pace, always on the go. Cody also suffered with his mental health and could not overcome the stigma that surrounds the illness to search out the help that he needed. The few times that he was ready to get help, there were not always professionals available to help in his time of need. Cody ultimately lost his battle with his mental illness and took his own life in 2020.

Cody's family has established the Cody Heppner Mental Health Memorial Scholarship to help Warroad High School students seeking a career as a mental health professional, addiction counselor, social worker, or family counselor. Consideration would also be made for those going into early childhood development, because of Cody's love for small children and the influence they have on those children's development.

Thank you for seeking to make a difference in the lives of others and for your part in ending the stigma surrounding mental health.

## Cody Heppner Mental Health Memorial Scholarship Application Form

(Please type or print)	
	Date
Applicant Name	
Address	
City/State/Zip	
Phone #	-
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Name of Parent or Guardian	
College you will attend	
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To receive a scholarship, a student must write an essay of 500 words or more stating why they are pursuing their chosen field, what influenced their decision (may be a specific memory or impactful experience) and what they hope to accomplish by following that career.

Please provide a detailed list of the following items (list years involved, plus any honors earned):

- 1. Participation in school activities
- 2. Participation in community activities
- 3. Volunteer activities or service projects

The Cody Heppner Mental Health Memorial Scholarship will be awarded to at least one student, in the amount of \$1000, to be applied towards the student's tuition, student fees, books or supplies. A check will be sent out directly to the student before the school year begins. Selection for the scholarship will be done by Project 23, a foundation established to raise funds to help end the stigma of mental health.