

Personal Deployment List

As a general reminder here are a few items that you may need to pack for deployment:

Toil	<u>letries</u>		
	Shampoo		Bug spray
	Hairbrush or Comb		Camelbak style hydration pack (optional)
	Toothbrush/Toothpaste		Flashlights, yes more than one
	Deodorant		Batteries for the items you carry
	Feminine Hygiene Products		Pocketknife/Multi-tool (optional)
	Soap/lotion		Scissors
	Insect bite treatment		Sunglasses
	Q-tips/Band-Aids		Sunscreen
	Personal medications		ID & Insurance cards
	RX (5 days)		Cash
	Toilet Paper		Bag for dirty clothes
	Razor / shaving cream		Detergent for washing dishes
	Lip balm		Mess-kit (plate, cup and bowl) (optional)
	Foot powder		Knife, fork and spoon
	Moleskin for blisters		24-hour emergency rations (optional)
			Waterproof bag for valuables (optional)
Clothing			Battery operated fan
	Two or three pairs of socks per day		Entertainment
	Clothes to wear when not working		Books
	-Think light colored and airy		Playing cards
	Hat (Khaki or Black if wearing with		Earplugs
	uniform)		Eye covers to sleep during day
	Consider extra pair of work boots		
	Parka or Jacket, rain or 60/40 shell	<u>Foo</u>	<u>odstuffs</u>
	Large bandana (optional)		Beverages (powdered Gatorade, instant
	Two or three pair of pants		coffee/tea, juice boxes)
	Under clothes		Snacks (crackers, cookies, hard candy, low
			salt nuts)
	<u>her Items</u>		Sugar, salt, pepper
	Sleeping bag/pillow/sheet		Individually packaged condiments
	Bath towel		(ketchup, mustard, mayonnaise,
	Washcloth		jelly)
	Soap		Peanut butter
	Flip-flops (for shower)		

You are encouraged to have two bags, one that will have the majority of your items that you carry to be put on a pallet for transport, and a "carry-on" for the items that you will need during travel. General rules: Keep your meds, money, ID and pillow with you. No weapons or alcohol will be allowed. The total weight of all of your bags combined should not exceed 44 pounds.