



SANTA CRUZ ROMAN CATHOLIC CHURCH
DISCALCED CARMELITE FRIARS



I AM THE LIVING BREAD
THAT CAME DOWN FROM HEAVEN;
WHOEVER EATS THIS BREAD
WILL LIVE FOREVER.

JOHN 6:51



NINETEENTH SUNDAY
IN ORDINARY TIME

AUGUST 8, 2021

Reflection for the 19th Sunday of Ordinary Time

I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.” (Jn. 6:51).

Paragraph 10 of Vatican II’s Constitution on the Liturgy contains the famous phrase that still appears in church bulletins and religious educational endeavor: *The liturgy is the summit toward which the activity of the Church is directed; at the same time it is the font from which all her power flows.* It is from this paragraph that we get the expression “source and summit” in reference to the Mass and, more specifically, the Eucharist. The Catholic Church will never stop preaching and teaching about the mystery of the Most Holy Eucharist. It cannot and must not cease to proclaim this Mystery of Faith. The purpose of the Eucharist is first and foremost to provide spiritual nourishment to the faithful. Jesus said: *This is the bread that comes down from heaven so that one may eat it and not die.* As **Pope St. John Paul II** said, “No one can fail to see that the divine Eucharist bestows an incomparable dignity upon the Christian people. For it is not just while the Sacrifice is being offered and the Sacrament is being confected, but also after the Sacrifice has been offered and the Sacrament confected - while the Eucharist is reserved in churches or oratories - that Christ is truly Emmanuel, which means “God with us.” For He is in the midst of us day and night; He dwells in us with the fullness of grace and of truth. The Eucharist is a priceless treasure: by not only celebrating it but also by praying before it outside of Mass, we are enabled to make contact with the very wellspring of grace.... It is pleasant to spend time with [Jesus], to lie close to his breast like the Beloved Disciple (cf. Jn 13:25) and to feel the infinite love present in his heart. *Ecclesia de Eucharistia*, 25.

Because the Most Holy Eucharist is the source of life for the Church, “Unless there is a grave reason to the contrary, the church in which the Most Holy Eucharist is reserved is to be open to the faithful for at least some hours every day so that they can pray before the Most Blessed Sacrament,” Code of Canon Law n. 937. In other words, the Christian faithful must always be able to visit Jesus in the Blessed Sacrament.

It is a strongly recommended practice to make a visit to the church to pray for a few moments before the Blessed sacrament. St. John of the Cross wrote a poem about the Eucharist which makes for a good reflection when you visit Jesus in the tabernacle of our church.

For I know well the spring that flows and runs, although it is night.
That eternal spring is hidden, for I know well where it has its rise, although it is night.
I do not know its origin, nor has it one, but I know that every origin has come from it, although it is night.
This eternal spring is hidden in this living bread for our life's sake, although it is night.
It is here calling out to creatures; and they satisfy their thirst, although in darkness, because it is night.
This living spring that I long for, I see in this bread of life, although it is night.

Pope St. John Paul II also wrote a poem that seems to speak of the mystery of the Eucharist.

If you want to find the source, You have to go up, against the current,
Tear through, seek, don’t give up.
You know it must be somewhere here.
Where are you, source? Where are you, source?
Stream, stream in the wood, tell me the secret of your beginning!
(Silence—why are you silent? How carefully you have hidden the secret of your beginning).
Allow me to wet my lips in spring water,
to feel its freshness, reviving freshness.

The Lord said to Elijah, “Get up and eat, else the journey will be too long for you!” He says to us now, “Whoever eats this bread (the Eucharist) will live forever.”

~ **Fr. Stephen F. Watson, O.C.D.**

~ SAVE THE DATE ~

We are planning a Parish Social Tardeada to celebrate our Patronal Feast Day of Santa Cruz Church. The date will be Sunday, September 12th, 2 to 6pm. The place will be Casino Ball Room. This event will be free.

*"As iron sharpens iron,
so one man sharpens another."*

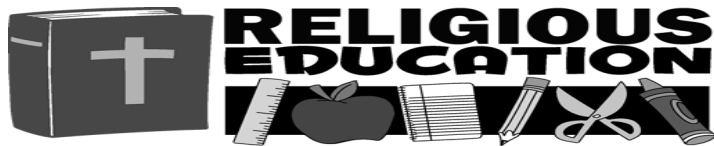
-Proverbs 27:17

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MEN'S RETREAT

CALLING ALL FAITH-FILLED MEN AND YOUNG MEN.
WE WILL BE HOSTING A MEN'S RETREAT
SATURDAY, SEPT. 11, 2021
BEGINS AT 9AM FINISHING WITH MASS AT 5:30PM
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409 E. 31st ST, 85713
THE DAY WILL CONSIST OF:
PRAYERS, EUCHARISTIC ADORATION, CONFESSION,
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WITH HOLY MASS
FOOD AND REFRESHMENTS WILL BE PROVIDED
TO HELP ENSURE ENOUGH FOOD PLEASE RSVP
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Religious Education

Registration for all Catechism classes will start
on **Monday, August 9th**, please call Martin Doe,
Director of our religious education office at
520-882-9687 for more information.



Most Rev. Edward J. Weisenburger
Diocese of Tucson (520) 838-2500

Santa Cruz Catholic Parish
1220 South Sixth Avenue
Tucson, Arizona 85713

Parish Office (520) 623-3833 Fax (520) 903-2742

~ Website santacruzchurchtucson.com ~

~ Email santacruzparish@hotmail.com ~

Business Hours Monday - Friday 8:30am - 4:30pm

Closed for lunch 12:45pm - 1:45pm

Pastor: Rev. Stephen Watson, O.C.D.
In Residence: Rev. Jose Luis Ferroni, O.C.D.
In Residence: Rev. David Costello, O.C.D.

Mass Intentions

Saturday, August 7th

8:00am Javier Palafox/Happy Birthday

5:30pm Frank & Lucy Gradillas/R.I.P.

Sunday, August 8th

6:30am Santa Cruz Parishioners

8:00am In Honor of Our Lady of Guadalupe

10:00am Special Int./Pueblo High School,
Administration & Community

12:00pm Olga Corella Valenzuela/R.I.P.

6:00pm Eliana Palafox/Happy Birthday

Holy Souls in Purgatory, most in need
of our Prayers/R.I.P.

In Honor of Saint Joseph

In Honor of Our Lady of Guadalupe
Special Int./Hannah Rose

Deacon Richard Ornelas/R.I.P.

In Honor of Saint Joseph

Holy Souls in Purgatory, most in need
of our Prayers/R.I.P.

Victor Gilbuena/R.I.P.

Holy Souls in Purgatory, most in need
of our Prayers/R.I.P.

Miguel Felicisimo/R.I.P.

Parish Collection August 1st, 2021

Collection: \$ 5,381.43

*Thank you and God bless your generosity!
¡Gracias y que Dios bendiga su generosidad!*

*Thanking You for Your
Service to Our Parish*

New Parishioners: Always welcome!

Please register by using our forms available in the church.

***Please note that the 12 noon Mass is following full COVID protocols:
social distancing, masks required and distancing in pews**

Masses: Sun. 6:30 am, 10 am, *12 noon & 6 pm

8 am Spanish at Capilla de Guadalupe (409 E. 31st Street)

Mon. - Fri. 8:00 am, Sat. 8 am & 5:30 pm (Vigil)

Confession: Sat. 3:30 pm - 5:00 pm

Baptisms: Call the parish office for more information / Llame a la oficina parroquial

Matrimony: Please call at least six months in advance.

Por favor de llamar con seis meses de anticipación.

Parish Administrative Assistant: Hada Reyes (520) 623-3833

Religious Education: Martin Doe, Director (520) 882-9687

Santa Cruz Catholic School: (520) 624-2093

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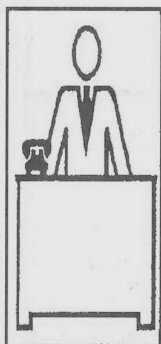
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