

ULTIMATE CHOICE AUTO ACCIDENT CHECKLIST

01

Ensure Safety & Seek Emergency Care if Needed

If you have **serious injuries**, call 911 immediately.

02

Gather Accident Information

Bring a copy of the police report (if available), driver exchange info, and insurance details.

03

Document Your Symptoms & Injuries

Write down pain levels, mobility issues, or new symptoms since the accident to share with your provider.

04

Collect Medical & Insurance Documents

Bring your ID, insurance card, and any ER or urgent care records, test results, or prescriptions..

05

Note Work or Lifestyle Limitations

Be ready to share how the accident has impacted your ability to work, drive, exercise, or perform daily tasks.