

Atlantis Artistic Swimming Club
2022-2023 Annual General Meeting
September 24, 2023 — 6:00 PM
Zoom – Halifax, NS

- Welcome and Introduction of the current Board – Andrea Cohen (President), Lisa Roberts (Vice President), Tomer Cohen (Treasurer), Andrew Hawrylak & Rachel Henderson (Registrars), Melanie Eason (Secretary), Tanya Kanellakos

- Attendees: Andrea Cohen, Lisa Roberts, Sherri-Lynn Richardson, Andrew H (Olivia), Alex Minard, Ally Merrill, Leo Lee, Andrew H, Angela (Natalia), Christa (Fiona Lafford), Cindy (Josie F), Faye Evans, Connie Iskra, Fanny & Rick, Patrick Donnelly (Finley), Sherri-Lynne Richardson, Dallas & Jordan (Kaci/ Flora), Fanny (Hayley’s mom), Jason Arce (Evie), Jessica McCarroll (Jade), Jill Thomas / Jon Cochrane (Lilah), Kevin, Laura, Leo Lee, Lesley (Aida Pocklington’s mom), Lifex Letizia, Lindsay Robinson (Abby), Lisa Courtney-Mercer, Mike, Natalie Harris, Nicky Ayles, Pauline Giffin / John Baker (Maddy / Liz), Rachel Henderson, Rosshni (Deveena), Sally (Aurora), Tanya Kanellakos (Madeleine), Tomer Cohen (Isla)

- Establishment of Quorum

- Approval of Agenda: motion to approve: Tomer Cohen, 2nd: Faye Evans

- Adoption of the minutes from October 2, 2022: adopt: Lisa Roberts, 2nd: Tomer Cohen

- Report from the Chair – Andrea Cohen
 - a. 2023- adjusting to new FINA scoring system at National System- a more fair program – placed 11th and 12th Nationally.
 - b. Provincial Stream athletes will be joining new scoring system this 2023-2024 season
 - c. WaterShow- June 2023- outstanding show – location will change for June 2024.
 - d. Importance of volunteering – NSAS is hosting ARC 2024- need for volunteers is great. Jordan Eaton will speak to the importance of volunteering at parent meeting and Andrea will introduce new policy re: volunteering.
 - e. Thank you to coaches- National Coaches week!

- Committee Reports:
 - a. Treasurer Report – Tomer Cohen
 - i. Financial Reports sent prior to meeting- including last year’s FS, the last 4 years (since Tomer’s been treasurer).
 - ii. Club did quite well 2022-2023- operating profit- surplus – had almost depleted 2021-2022 season (due to COVID)- finally managed us to catch-up due to stronger registration numbers. \$40K surplus- separating that from day-to-day

operations. Looking at GICs, T-bills, to get us continually stable. This allowed us to keep fees same as 2022-2023 and will help us grow for future.

- iii. Minimum wage increased- coaches pay increased.
- iv. Team Snap working smoothly.
- v. Question from a parent: explaining the surplus of \$40K.
- b. Registrar's Report – Andrew Hawrylak/Rachel Henderson
 - i. Competitive – similar to last year.
 - ii. Masters / Seniors from 14 to 18
 - iii. AquaGo – a little bit lower to 2022-2023 but still very healthy.
- New Business
 - None
 - Does anyone want to join the board? Let us know.
- Adjournment
 - a. Mandatory Parent Meeting will begin immediately following the AGM.

Atlantis Artistic Swimming Club
2023-2024 Annual Parent Meeting
September 24, 2023 — 6:30 PM
Zoom – Halifax, NS

- Fundraising Update – Tanya Tulipan
 - a. Importance of fundraising to keep costs lower.
 - b. Hope to develop EDI fund- Equity & Diversity
 - c. Developing a five-year strategic plan
 - i. Corporate Sponsorship – can be done anytime- Tanya has created thank you letter
 - ii. Swim-a-thon first event – October 7th.
 - iii. Fudge, Bingo, Wesjet Raffle, Watershow and Flip Give
 - d. We need your help:
 - i. Volunteer to be team-parent
 - ii. Join the Fundraising Committee
 - iii. Share ideas!
 - iv. atlantisclubfundraising@gmail.com
- Head Coach Update – Ally Merrill
 - a. New judging system- still some adjustments
 - b. Competition schedule- especially if you want to volunteer:
 - i. 11-12 & older: CAS development camp in Moncton Sept 29-Oct 1
 - ii. Nov 19th- @ Dalplex- First technical meet of season- figures only. Great way to get experience in front of judges.
 - iii. NS Invitational – Feb 23-25 @ Centennial
 - iv. NB Invitational Feb 16-18 for PS
 - v. NS going to Quebec Invitational Feb 16-18

- vi. Provincials this year- partnering with PEI- we'll be travelling to PEI- sometime in April.
 - vii. ARC – we are hosting Atlantics – Long weekend in May- Provincial Stream.
 - 1. We REALLY need help- hundreds of athletes.
 - viii. National Stream & Masters- go to Nationals in May
 - ix. Watershow in June – Centennial Pool- new location! – seats more people.
 - c. If you haven't had your parent / coach team yet, you will shortly.
 - d. Please check to ensure you are receiving coach emails, or are properly set-up in Team Snap.
- New Policy NSAS re: volunteering
 - a. NSAS brought forth of policy (final stages)- mandatory to volunteer during season at some point. Likely 4 shifts.
 - b. Set amount of required hours you are asked to volunteer (family requirement).
 - c. If you choose not to volunteer- you will be “fined” – to be determined - \$200-\$300 range. Required as we've had to hire outside people to help at events. Other sports teams have adopted similar volunteer policies. Honestly easy.
 - d. Questions from parents: just pool deck events or any type of volunteer (outside of deck events) – all those will count.
 - e. Aim to seek volunteers in advance – not just 48 hours in advance – we can do this year as we know the dates in advance this year – pool times are already secure.
- Presentation from NSAS Competition Chair – Jordan Eaton
 - a. Jordan presented; all roles are very simple to do. There will be volunteer coordinator. Most training will happen during competition (most are on-the-job training)- some on-deck, others are behind the scenes. A sample of volunteer opportunities:
 - i. Videoing
 - ii. Runner
 - iii. Recorder
 - iv. Marshalling
 - v. Time-keeper
 - vi. Score keeper
 - vii. Judge
 - viii. Sync Controller
 - ix. Equipment Manager.
 - b. Becoming an Official?
 - i. We really need judges! Training is FREE
 - ii. 10-18 Class time- spread over 2 days – judging either Artistic Impression or Execution. Training won't count towards hours, but deck time will
 - iii. Sync Controller – Free training- 5 hours of Classroom time. Some practice time.
- Questions and open discussion

Mission Statement

It is our goal to provide an accepting and nurturing yet disciplined environment in which athletes can acquire the technical, physical, social and mental skills required for the execution of synchro-related skills. We equally promote fair play; abiding by the Sport Nova Scotia guidelines. These tactics consist of: team spirit, co-operation, participation, self-expression, self-confidence, creativity and independence.