

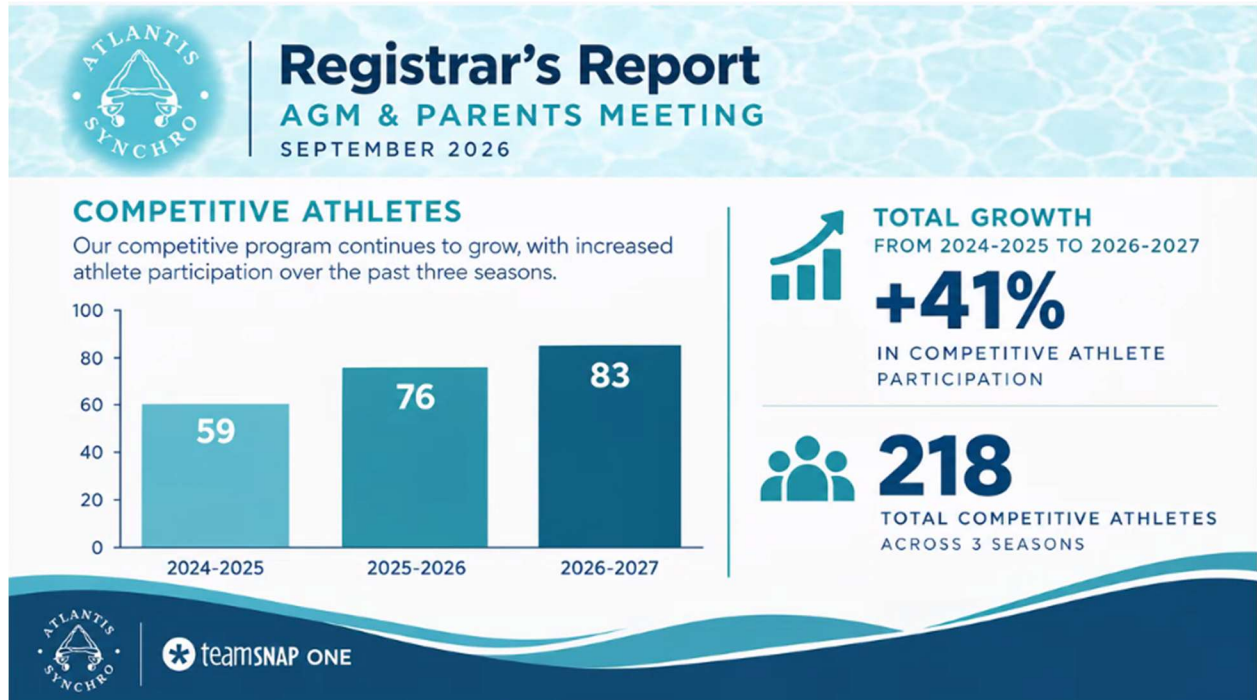
Atlantis Artistic Swimming Club
2025-26 Annual General Meeting
September 26, 2026 — 6:00 PM
Zoom – Halifax, NS

- Welcome and Introduction of the current Board – Andrea Cohen (President), Rachel Henderson (Vice President), Tomer Cohen (Treasurer), Ally Merrill (Head Coach), Jill Thomas (Registrar), Lyndin Kane (Secretary), Tanya Kanellakos (Travel)

Attendees: Andrea Cohen, Glenn Henderson, Abbey, Alex Mason, Angela Suzubieliski, Ashley MacKillop, Connie, Erin Myra, FraserG, Hailey Shin (Coco), iPhone10, Jill Thomas, Lisa Welsh, Edie, Jordan Eaton, Kiki Luo (Peggy and Allen), Leah Amirault, Leticia Richer, Lina's parents, Lisa, Lisa Roberts (Mom of Gabrielle), Miao Hu (Blueberry, Amber Hu's mom), Michelle (Jana McCann), Nicky Ayles, Nundini Krishnan, Patrick and Sarah Laroche, Ross MacFadden, Steve Boyd, John Cochrane, Amanda Ebbett, Susan Oakey, Tanya Kanellakos, Tomer Cohen, Wendy, William, Courtenay M, Jackie Healy, Kate, Lifex, Dallas (Kaci C). – 41 participants

- **Establishment of Quorum:** Moved by Andrea, Seconded by Tanya and Lisa Roberts
- **Adoption of the minutes** from May 24, 2026:
 - a. Adoption of last year's minutes, can be found on website
- **Ally – Head Coach** (Ally couldn't make it, Andrea shared on her behalf)
 - 6th place finish at Canada Games, first ever for a team from NS
 - 50 competitive swimmers, 20 masters, total of 70 competitive athletes
 - Various coaches completed certifications for national-level competitions (competitive development certification)
 - Coaching development in October 2025 with Jen Tregale
 - Training in November in Nova Scotia
 - Canadian national championships
 - Jolyn Invitational and Atlantic Regional
 - End of year show "world of Atlantis" – sold more tickets than previous years despite dropping one day (moved from three to two)
- **Committee Reports:**
 - a. Treasurer Report – Tomer Cohen
 - Tomer sent report
 - Club went from 17k profit in prior season to 13k loss in 2025-26 season – this is normal to have dips some years – this was Tomer's sixth year doing it and overall the club has netted 33k, roughly 5k profit each season during his tenure, including a 40k reserve fund (1 year GOC GICs) – ideally we would continue to build to ~6 months operating costs
 - Farewell from Tomer!

b. Registrar's Report – Jill Thomas



- The club has grown steadily
- TeamSnapOne was adopted for registration in Fall 2026

c. Fundraising Report – no fundraiser coordinator this past year (2025-26)

- Swimathon, bingo – both successes, as was the fundraiser for the sound system (it has been ordered!)
- Cookies were not a success, looking at something different this year

- **New Business**

a. Election of new board members and calls from the floor for nominations

- Jill Thomas – Chair
- Lisa Courtney-Mercer – Vice Chair
- Steve Boyd – Treasurer
- Lifex Zambrano – Registrar
- Ashley MacKillop & Sarah Boyd – Fundraising Chairs
- Mike Mercer - Provincial Travel Coordinator

b. Lyndin Kane to remain as Secretary

Cody MacLellan to remain as National Travel Coordinator

- **Report from the Chair – Andrea Cohen**

- Excitement, relief, pride in our accomplishments, sadness – Andrea expressed gratitude, as she enters her 10th season with Atlantis
- Everyone who attends local and other events, you are showing your support, fave memories of parents dressing up to have fun and support athletes
- Thank you to past, present and new board members who have just joined

- Thank you to officials, judges and referees
- Thank you to coaches who continue to inspire athletes every day, who have kept the club alive during COVID years, who have made the club grow year after year
- Special mentions – Coach Faye – thank you for recognizing the special something in Isla, and her knowledge of the sport; Coach Laura thank you for being the warm and supportive coach Isla needed, Coach Ally thank you for the strong head coach this province needed; thank you to the athletes for representing the club with grace and strength, thank you to Isla for joining this cool sport.

- **Adjournment**

- a. Meeting was adjourned (Jill motioned, Lisa second), with the Mandatory Parent Meeting immediately following.

Competitive Athlete Parent Meeting

- **Fundraising Update:**
 - a. Swim-A-Thon – forms will be sent out September 21
 - b. Corporate Sponsors
 - c. BINGO
 - d. possibly Mitchells Soups
 - e. \$50 club portion for club fundraising events
 - f. Atlantis board members do not have to pay \$50 fundraising fee
- **Competitions and Events:**
 - a. CAS Development Camp – Nov 6-8, 2026 Only accepting 13+ this year. Optional except for NS.
 - b. Tech Meet – November 22, 2026
 - c. NS Invitational – January 22-24, 2027
 - d. Quebec Invitational – Feb 5-7, 2027 **NS ONLY
 - e. Feed Back Day – Feb/March 2027
 - f. National Qualifiers – March 16-20, 2027 **NS ONLY
 - g. Jolyn Invitational – April 7-11, 2027
 - h. Canadian National Championships – May 2-8, 2027 **NS ONLY
 - i. Canadian Masters Championships – May 7-9, 2007
 - j. Maritime Regional Competition – May 2027
- **Clothing:**
 - a. Swap – October 10th at Swim-A-Thon
 - b. Laura and I have sized most athletes for Jolyn suits
 - c. Parents will need to buy white caps, nose clips and goggles this season as we cannot source them for a reasonable price
 - d. Cleve's online shop should be up in the next week or 2
 - i. helpful to be able to order later in the season if you think you need something mid-season (separate to the big fall order)
- **Volunteering/chaperoning:**
 - a. 8 hr volunteer requirement at local competitions – per family, not per parent, your athletes can volunteer and earn those hours for you
 - b. Hours were increased this year as we are hosting the Maritime Regional Competition
 - c. **\$20/unfulfilled hour will be added to your bill at the end of the year**
 - d. If you are on the NSAS board, you will have met these requirements
 - e. NSAS/Atlantis volunteer session to come
- **Pool deck policies:**
 - a. No phones!!
 - b. U12 must be dropped off on the pool deck/arrange to meet coach; 13+ responsible for meeting the team
 - c. Do not record athletes – most are minors, some have requested no photos

- d. Ok to watch practices but only from the stands
 - e. No interrupting coaches before/during/after unless you have pre-arranged to meet with them
 - f. Do not use the facilities unless you have a membership/have paid
 - g. Respect is PARAMOUNT. Aggressive behaviour will not be tolerated
 - h. 48 hours for coaches to respond to communications from parents
- Looking into **club/team photos** again this season. Date has been set for February
 - **TeamSnap** – New app this season. Please install it and check it regularly for updates. Make sure parent is the main contact on TeamSnap – this is especially important for fundraising
 - a. If you want to add a second contact to have access – you can do this under roster, select your athlete, add contact and that will send an invite to the new contact
 - **Centennial will remain closed until November 2nd**. This has made our training times at Dalplex a little crowded.
 - **Questions and open discussion**
 - a. Recording policy at competitions is allowed, but be careful to only film your athlete/your team – this is also allowed at nationals
 - b. Contact for new chair (Jill Thomas) – it will be added to website - atlantis.synchro.chair@gmail.com
 - i. There will also be a new treasurer email, this will be updated on the website and shared later

President, NSAS, Nundini Krishnan

- Thank you to Andrea for her leadership on the Atlantis board and for everything she has given to the sport
- Open position on NSAS board – recreational development director
 - o Provincial governing body, dedicated to developing, growing and leading the sport in NS
 - o Looking to grow the sport across the province over the next 5 years of the strategic plan, grow grassroots interests
 - o Position will require a few hours monthly
 - o Support AquaGo Coordinator who handles day-to-day operations
 - o Meets every two months
 - o Competition volunteer hours, would fulfill the required 8 hours
 - o Monitor progress and provide suggestions to enhance quality of the program
 - o No special background required, just an interest in supporting the sport and growing the athletes
 - o Gives you a direct voice in shaping initiatives across the province
 - o <https://artisticswimmingns.wordpress.com/bod-mal/> scroll to the bottom for the Recreation Director role